



Glenrothes Cricket Club
with Glenrothes Gladiators
at Gilvenbank Community Sports Hub
Gilvenbank Park, Glenrothes, Fife KY7 6RB

Welcome Pack

Providing key information to help you understand our cricketing aims and how we ensure everyone can play within a safe, fun and welcoming environment

Last reviewed: March 2024

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Welcome

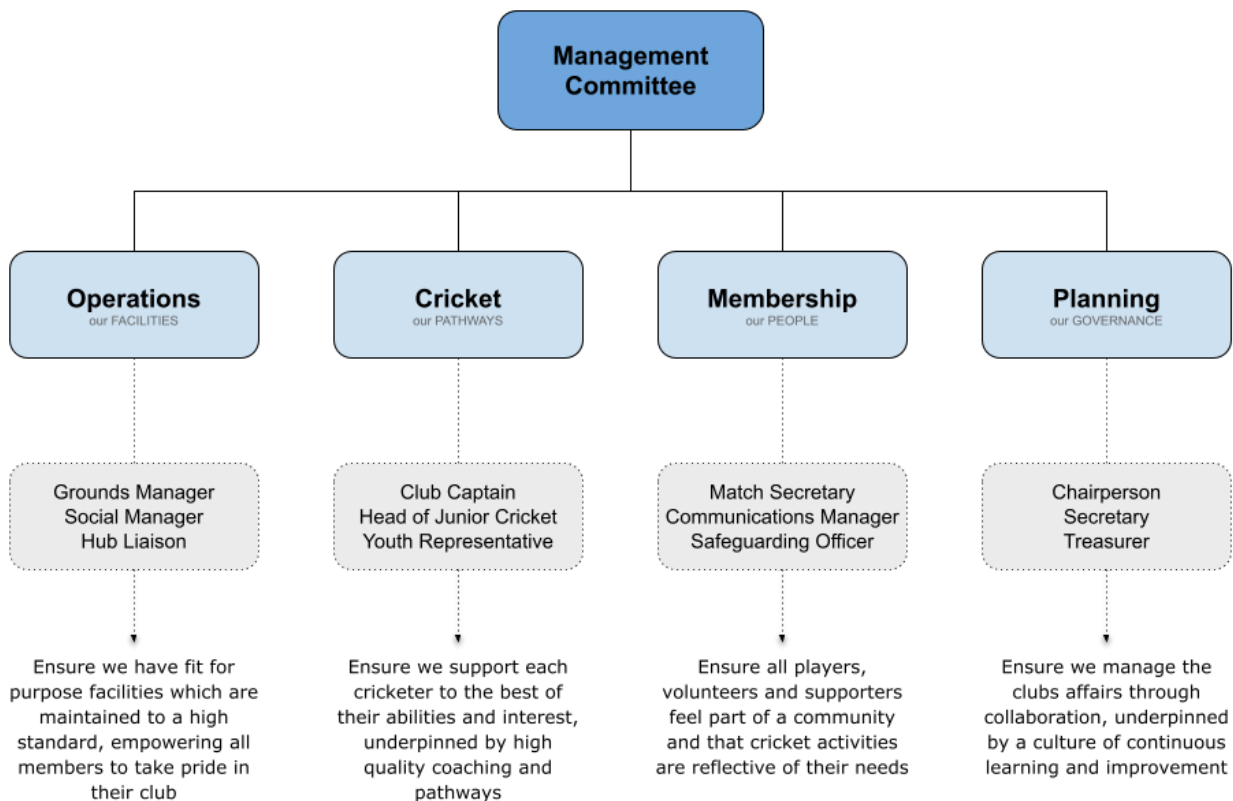
Hi,

Glenrothes Cricket Club, founded in 1957 and considered to be the oldest sports club in the town, is based at Gilvenbank Park (accessible via Pitcoudie Avenue) in the North of Glenrothes.

Our aim is to be a community-focused club, providing high quality cricket facilities and environments which are engaging, accessible and affordable to all. This is underpinned by the values in which we want everyone to operate:

- **FUN** : Play with a smile and encourage others to have fun
- **ENJOYMENT** : Place enjoyment for all above win-at-all-costs
- **RESPECT** : Underpin everything with a deep rooted ethos of honesty, integrity and mutual respect

Our governance structure reflects the four key priorities of our club, against which we have a number of action groups we ask players and members to support. Our priorities are in providing the best environments we can for our facilities (Operations Group), our pathways (Cricket Group), our People (Membership Group) and our governance (Planning Group).



Training Sessions

Cricket training sessions will take place throughout the summer months at Gilvenbank Park (KY7 6RB) in Glenrothes. Our primary coaching evening is Thursday but we also hold sessions on Tuesday evenings (as advertised), along with junior training sessions on Friday evenings through our Glenrothes Gladiators junior cricket programme. We also undertake indoor sessions over the winter, most typically at Cluny Activities.

Our training sessions are open to everyone, and we can supply all necessary equipment if required. All you need to do is show up with a willingness to participate and have fun (though wear appropriate clothing and footwear for general sports activities).

Full information on timings, and venues for indoor activities, is regularly published across our social media channels.

Our Coaching Commitment

Our coaches commit many hours of direct coaching, personal development and administrative duties in delivering cricket activities within our club (including the Glenrothes Gladiators junior programme) and in widening awareness and increasing participation across the wider cricket community. We are hugely appreciative of the entirely voluntary support they provide.

Coaching is primarily based around enjoyment and places an emphasis on both cricket skills and wider fitness. Outdoor sessions make use of the grass areas as well as the all-weather cricket nets.

We will ensure that all cricketers take part in activities that are appropriate for their skillset and confidence levels.

Games and Competitions

We have two senior teams which typically play on Saturday's (occasional Sunday games) as well midweek evening games.

The 1st XI play in the Breedon Strathmore and Perthshire Cricket Union (SPCU) Division 1 in 45 overs a-side games starting at 12pm on Saturday's. The 1st XI also take part in midweek cup competitions including the SPCU Trophy and the Fife Cup.

Our 2nd XI currently play in the SPCU Division 2 which are 40 overs a-side games.

We also look to play friendly fixtures such as pre-season or as midweek T20s. These are more focused at a "recreational and development" level to give game time for those looking for a more leisurely game and to support our younger players as they transition into senior cricket.

We use our club website to plan all our fixtures and ask that players record their availability there in advance - and respond to any notifications of selection.

We ask every player playing in games to place as much focus on their off-field contributions as they do in playing the game. This means helping with ground set-up and clear-down before and after games, keeping the clubhouse (shared through our partners Gilvenbank Community Sports Hub) tidy and where appropriate bringing "teas for two" to Saturday (and Sunday) games - things like sandwiches and biscuits, enough for yourself and a player from the opposition.

Club Clothing

The wearing of "cricket whites" is now being phased out through a requirement made by our national governing body, Cricket Scotland. As such we wear coloured clothing for all our games.

For 2023, we used yellow playing shirts the club has held for a number of seasons. These are provided for free by the club for use on match days, and we recommend that black or dark coloured tracksuit bottoms are worn with these. Players are of course welcome to wear cricket whites should they wish.

We are looking to bring in a new kit for 2024 which would require every player to buy their own, though this has not been finalised as yet.

We can also provide club teamwear including caps, hoodies and training shirts at cost.

Website and Social Media

Our main club website at www.glenrothescc.co.uk is our primary resource for all information about the club, particularly the policies and procedures we have put in place to demonstrate our commitment to safeguarding children and vulnerable adults and delivering cricket activities in a safe way. We also aim to proactively use the site to promote the club and its news and activities to our members and the general public.

We try to be active on social media, through our own Facebook group page (<https://www.facebook.com/GlenrothesCC>) and on Twitter ([@GlenrothesCC](https://twitter.com/GlenrothesCC)) where we will keep you informed with the very latest news. These are our main communication channels and would encourage you to like, follow and engage with us through those as much as possible. The more likes, shares and retweets you provide helps raise awareness of the club and hopefully encourages more people to give cricket a go.

We also utilise other routes like Facebook Messenger and WhatsApp chat groups to keep in contact with all players. We aim to use website, emails and social media channels interchangeably in keeping everyone informed regarding training dates, matches, cancellations and various social events.

Membership Fees

All our cricket sessions and matches are offered by the club at what we hope are very affordable rates (see <https://rebrand.ly/GCCMembership>), underpinned by a club

commitment to ensure cost is not a barrier to participation and to offer discounted rates to those in need. We hope you will enjoy and recommend it to their friends.

If you have any questions then please contact me or any other committee member - information available on our website.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'Nic Krzyzanowski'.

Nic Krzyzanowski

Head of Junior Cricket and Communications Manager

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