

## **BANGOR RUGBY FOOTBALL CLUB**

### ***Safeguarding Policy Section 4.1.1***

#### **Code of Conduct for Sports Leaders**

##### ***In Rugby, I agree that I should***

- Be positive during sessions and competitions, praise and encourage effort as well as results.
- Put welfare of Age-Grade Players first, strike a balance between this and winning / results.
- Encourage fair play and treat Age-Grade Players equally.
- Recognise developmental needs, ensuring activities are appropriate for the individual.
- Plan and prepare appropriately.
- Have experience relevant to working with young people or hold up-to-date qualifications and be committed to the Guidelines in this Safeguarding Policy (*Sections 3.1, 3.2, 3.3 & 3.4*).
- Involve parents where possible and inform parents when problems arise
- Keep a record of attendance at training and competitions.
- Keep a brief record of injury(s) and action taken.
- Keep a brief record of problem/action/outcomes, if behavioural problems arise.
- Report any concerns according to this Policy's reporting procedures (*Sections 2.1 & 2.2*).

##### ***Where possible I will avoid***

- Spending excessive amounts of time with Age-Grade Players away from others.
- Taking sessions alone.
- Constant communication with individual Age-Grade Players by mobile phone or email or social media forums.
- Taking Age-Grade Players to my home.
- Taking Age-Grade Players on journeys alone in my car.

##### ***I understand that I should not***

- Use any form of physical punishment or physical force on an Age-Grade Player, or ridicule or intimidate Age-Grade Players in any way.
- Exert undue influence over any Age-Grade Players in order to obtain personal benefit or reward.
- Engage in rough physical games, sexually provocative games or allow or engage in inappropriate touching of any kind, and /or make sexually suggestive comments about, or to an Age-Grade Player. This includes innuendo, flirting or inappropriate gestures and terms.
- Take measurements or engage in certain types of fitness testing without the presence of another adult.
- Undertake any form of therapy (massage, etc.) when training Age-Grade Players.

##### ***I understand that I should also set a good example by always***

- Respecting Club facilities and property, taking care of equipment and furnishings owned by the Club and encouraging Age-Grade Players, Parents and Spectators to use the waste-bins provided around the grounds and in the Clubhouse for the disposal of any litter.