

BANGOR RUGBY FOOTBALL CLUB

Safeguarding Policy Section 4.3.1

Code of Conduct for Age-Grade Players

- Play for enjoyment and become part of the rugby family.
- Respect the 'Game of Rugby' and play within the Laws of the Game.
- Accept the referee's decision and let your captain or coach ask any relevant questions.
- Play with control. Keep yourself safe. Do not lose your temper.
- Always do your best and be committed to the game, your team and your Club.
- Be a 'good sport'. Applaud all good play whether by your team or the opposition.
- Respect your opponents. Treat all players as you would like to be treated. Do not 'bully' or take advantage of any player.
- Always remember that you owe a duty of care to your opponents. Tackle hard but fairly, do not intend to hurt your opponent.
- Winning and losing is part of sport: win with humility - lose with dignity.
- At the end of the match thank your opponents and the referee for the match.
- Rugby is a team sport so make sure you cooperate with your coach; team-mates and members of your Club.
- Remember that the goals of the game are to have fun, improve your skills and feel good.
- As part of the team it is important that you attend training regularly, listen to your coach and help your team.
- As a team sport it is important to understand that all members are important to the team.
- Remember you are representing your team, Club, family and the Game of Rugby.
- Always respect Club facilities and property. Take care of equipment and furnishings owned by the Club and use the waste-bins provided around the grounds and in the Clubhouse for the disposal of any litter.