



Pre Session

During Session

Post Session

Please prepare a personally labelled water bottle &

hand sanitiser and travel in clothing ready to train.

There will not be changing rooms available.

**Players** please leave hand sanitiser & water bottle near pitch, 1m+ away from others

Players to leave pitch side immediately and use the 1 way system to leave

Travel to training must be 1 household per car

**Players** – Hand sanitise ever 15mins or during water breaks.

**Coaches** – Please sanitise all balls & equipment during water breaks

Please do not congregate on the footpaths or in the car park

Please park 2m away from other cars. Players and parent will need to register first with the relevant coach

If players need to use a toilet please use the one in the club house in accordance to the one in, one out protocol

All personal kit to be cleaned and sanitised. Coaches to clean and sanitise club equipment

Please follow the one way system to complete our quick health screen & register before training.

Parents are welcome to stay of to set up some chairs or go for a walk. There will be no access (other than emergencies) for parents to the training area.

**Players** to enter training fields once screened. **Parents** to either return to car or if weather permits please bring a chair and sit on pitchside whilst maintaining a social distance.

Any player who develops symptoms during a session will be required to leave the training area immediately and wait in the specified area. They should then follow government guidance.