



Unprecedented Numbers Join Junior Section

Welcome to the October edition of LBHC Junior Buzz newsletter. As seen on Sunday Mornings, we have experienced an unprecedented influx of new Members for Sunday Mornings. We are to increase the number of groups training on Sundays to five to reflect the wider ability levels these numbers create.

As a club, our coaching staff are considering many options to ensure that our sessions are run safely for our members and the best suitable solution is to allow the exist upper ability and a new intermediate ability group to attend between 10.00–11.00am, followed by a 1hr session of Quicksticks / beginners between

11.00 – 12.00. This will still allow our more senior Juniors to attend club sessions prior to attending County JDC sessions in the afternoon.

This split in sessions will begin on Sunday October 27th. We will be in touch to inform which session your children will attend.

Chairman's Perch



With your support our junior sessions have gone from strength to strength. We thought long and hard about how best to restructure the session so that each junior member gets the opportunity to train & play with access to qualified coaches and most importantly in a safe environment, I do hope you are able to support these changes.

I'm also looking forward to the first tournament of the season at Bedford, it is always fun to finally put all the training into practice and test ourselves against the other clubs in Bedfordshire and surrounding areas. Finally from me, I hope to see some of you at the club Halloween party on 26th Oct. from 6.30pm at the Football Club. Rusty

News Bites

Sunday 27 October

On Sunday 27 October 2013, at 2.00AM BRITISH SUMMER TIME ENDS and clocks **GO BACK ONE HOUR.**

Please remember this so as to come to training at the right time, not an hour early / late?

Current Contacts Please

We ask that you ensure that the club have your current mobile phone contacts details. During the winter months the nights may be so cold that the pitch becomes frozen and therefore unplayable for morning training. In periods of prolonged cold weather we will contact you in advance by email (Friday / Saturday). However, we may be caught out on Saturday evening, and may have to text you all on Sunday Morning (before 9.00am), to cancel training, so please have your mobiles to hand. We shall only contact you if training is cancelled.

More Coaches to Help

Due to our explosion of numbers our Junior Section has increased our Coaching staff to meet the demand.

Nick Marshall

Nick is a level 1 coach and current Men's 1st team player. Nick started his hockey playing career as a Junior Member of our Club, and is returning to Sunday training as a Coach. Nick will coach either the Upper or Intermediate ability groups.

Caroline Hill

Caroline is a Level 1 coach & current Ladies 3XI player and will help out Anna with the beginners group prior to moving to the Intermediate ability groups.

Will / Rhianna / Toby

Not too long ago, both Will and Rhianna were both attendees to the Sunday Junior Sessions, but now they play with the Men's 1XI & Ladies 2XI. Toby plays with the Mens 3XI. All three players will help Ken and Nick with their groups.

Fiona / Ollie

Fiona has recently joined us as part of her DoE Silver Community Service, and along with Ollie, help Kyrsty and Matthew with the two Quicksticks groups.

Laura

Laura is kindly helping us with the coaching of our 2 Quicksticks groups.



Ongoing Building Works

As you are aware, there are on-going buildings works at Vandyke School which will affect access to the current toilet facilities in the weeks to come up until Christmas.

We have been assured that after Christmas, new toilet facilities will become usable on the ground floor within the new buildings being constructed next to the existing sports hall.

In the next week or two the current access will be blocked and access will be gained via walking around the far side of the Sports Hall to fire doors and walking through to the current toilets.

Please bear with us whilst the building works are ongoing. The School Site Agent kindly sent to us a plan showing access to existing toilets and attached alongside this newsletter.

JDC /JAC Dates

For those successful in the JDC selection session the following JDC sessions are the afternoons of:
Sept. 15 & 29, Oct. 13, Nov. 3 & 17.

JAC Dates have been fixed as Jan. 5 & 19 and Feb. 2, 9, & 23. Further details to follow.

Tournament Dates for your diary

Bedford HC – 10 Nov. 2013 : U10, U12 & U14 only
LBHC will run a U8's session on that day.

Bedford runs a U8's Quicksticks event in January.
LBHC, Luton HC and S&SHC tournament dates will be finalised at the next county meeting (23-Oct).

Kit & Equipment

As you know, Junior sized LBHC branded polo shirts and sweat shirts can be bought from the 'Wear-2-School' shop, at 63 North Street, Leighton Buzzard opposite Trinity Methodist Church. There has been **NO INCREASE IN PRICES** as feared, so the prices are as follows:

	Polo Shirt with Logo	Sweat shirt with Logo
Age 5/6–13yrs	£7.95	Age 5/6 – 13yrs £12.95
Age 14/15+yrs	£9.25	Age 14/15+yrs £14.50

Socks with Black Tops	
Sizes 9-12 - 4-7	£5.99
Sizes 7-11 - 11-13	£6.99

Junior sized versions of black hoodies and rain jackets, as worn by the senior members can be purchased from Buzzard Sports located at 6 North Street, Town Centre opposite the Red Lion.

Please ensure that appropriate clothing is worn when attending Junior training and matches. Essential items are gum-shields and shin guards. If you do not have them on Sundays, you may train but NOT participate in games. Textured (non-smooth) soled footwear is also essential to ensure good grip to the artificial turf.

As the winter approaches, please bring appropriate layers of clothing. It is easier to remove clothing when warm, but difficult to put on clothing you do not bring with you. Also ensure that you bring plenty of water with you to replace fluids lost whilst exercising.

PARENTS PLEASE TELLS US.....

.... what you think about what we could do to improve and make the hockey (even) more enjoyable for everyone. Please speak with any of the coaches with your suggestions.

Please Help.... If you are interested in helping with the organisational aspects of the junior section in any way please contact any of our Coaching Staff.

Finally from Ken, Anna, Nick, Kyrsty, Matthew and myself;



WE HOPE YOU ARE ALL ENJOYING THE SEASON SO FAR

Contact us... For further information go to Junior pages at:

<http://www.pitchero.com/clubs/leightonbuzzardhockeyclub>

Junior Level2 Coach, Ken Mounter, email:

Kmounter@aol.com

Junior co-ordinator & Child Welfare Officer, email:

david.thompson2005@btinternet.com