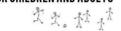
FOR CHILDREN AND ADULTS



PLEASE FEEL FREE TO POP DOWN AND SEE HOW THE SESSIONS CAN

Please feel free to pop down and see how the sessions can engage and develop each individual's gallity, balance, coordination, awareness, weight, self-confidence as well as the mental stimulation they receive from being involved in exercise.

Ages: 8 - 16 Years Wednesdov's 5:00om- 6:00om Venue: Princess Royal Sports Arena, Boston

Ages: 16 Years Friday's 10-00am - 11-00am Venue: Princess Royal Soorts Arena Boston

Cost: \$2.50

Coet: \$2.50

Outdoor and indoor footwear and clothing dependant on time of year, shin pads, drink.

TO BOOK - PLEASE CALL 01205 364406 OR CHECK OUT OUR WEBSITE BELOW



Find out more by e-moiling Id@bufc.co.uk or visiting: The Jakemans Stadium York Street, Boston. Lincs, PE21 6JN











