



TRING RUGBY - COVID SAFE

Tring Rugby takes everyone's health and safety seriously so we have taken additional precautions to ensure the safety of players, members, coaches, visitors and support staff.

Tring Rugby will adhere to RFU guidance [Return to Rugby Roadmap](#) for our coaching, players and facilities. This sets out a 6 step plan for clubs to return to rugby that is commensurate with the transmission rates and risks presented by COVID.

**CURRENT STATUS C
NON CONTACT TRAINING**

**MOVING TO D from 1/9/20
ADAPTED CONTACT TRAINING**

Governance:

Tring Rugby has a COVID policy requiring all players, members, coaches, visitors and support staff to follow rules whilst on site.

These rules require everyone on our premises to:

- Follow **SOCIAL DISTANCING RULES** - keep 2m apart
- Observe and follow **ONE WAY SYSTEMS**
- Provide contact details for **TRACK AND TRACE**
- Adopt good **HYGIENE** using sanitiser and washing of hands
- **FOLLOW COACHES ADVICE AND GUIDANCE** at all times

We ask that you **DO NOT**

- Enter the facilities if you are unwell, especially if you have
 - persistent cough
 - loss of taste/smell
 - fever

- Breach these rules and advice provided by Tring Rugby

Tring Rugby reserves the right to ask persons who are not abiding with these rules, to leave the facilities.

Facilities

Tring Rugby will ensure:

- Promote social distancing through signage, one way systems, closing of facilities and guidance from our coaches.
- Hygiene products will be provided on site including hand sanitisers for persons to use, balls and other equipment.
- Cleaning routines will be enhanced to ensure high contact points are covered.
- Require visitors to provide contact details to facilitate any track and trace required by Public Health England
- Refuse entry to any persons showing signs and symptoms
- Showers and changing rooms will only be made available when the RFU return to rugby roadmap states it is safe to do so.
- Toilets are accessible through the clubhouse.
- The bar and refreshments will be subject to controls commensurate with social distancing and one way systems in place locally.

Training / Playing arrangements

Special conditions apply to the use of the gym, including limits on numbers in the gym through pre booking, cleaning between use, ventilation and social distancing. Only those that are members can use the gym.

Minis and Juniors: parents should check with their coaches on arrangements as these will be affected by the stage we are at in the RFU return to rugby roadmap.

Changing and shower facilities will only be available when it is safe. Toilets are available.

Playing arrangements will follow the RFU return to rugby roadmap.

Contact

If you have any concerns or wish to make a suggestion on how we can improve safety at Tring Rugby, please contact xxx.