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SWANAGE & WAREHAM RUGBY FOOTBALL CLUB LTD

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Fellow Rugby player- Welcome to the new season. I thought I would take the opportunity to write to you all with some important information about the coming season. I, Tim Marshall will be taking over as 1st team Manager. I am very excited about this challenge and hope to bring in new ideas and methods to take us forward as a club with the help of the Coaches and your commitment.

Firstly- Training. This is so important as we look to bounce back to Southern Counties. Every player needs to take responsibility for their own fitness and also commit to attend training whenever possible. We have made some changes to training this season with a more structured approach in the way we deliver the sessions, which should provide a better platform to improve our skill levels. One important change is that the Coaches have committed to being ready to start training promptly at 7.00 pm, so please ensure you are ready to start at this time. Training will be more compact and will, if the prompt start is followed, look to end between 8.30 and 8.45.

Matches- No match this year in the League and County Cup will be more than an hour's travel so please makes every effort to be available every week. If we have consistency with player availability it will enable us to field 3 full squads. Selection will be based on ability, skills, fitness, availability and commitment to training.

I genuinely believe cup and league doubles are a very realistic target for all the club sides this season, so let's make it happen! In addition we have the added target if we secure the first team cup of a run in the national competition, which could see us ending up at Twickenham. Again this is a realistic target that I sincerely believe can be achieved with the right commitment and availability. Again let's make it happen and as well as playing some great rugby we can enjoy some fantastic experiences and days out.

To get us up to speed for the start of the season training will start on Tuesday 3rd July at Studland beach; meet in the car Park Studland side near the ferry at 7pm. The following week will also be at the beach and then for the 17th & 24th we are at the Purbeck Sports centre on the sports field, again starting at 7pm.

Tuesday 31st July training is at the club from 7pm sharp.

We have a couple of warm up games lined up towards the end of August/early September to set us up for the start of the season on Sat 8th Sept.

Also during the season we hope to have several social events to bring back some real fun & enjoyment to the club on a Saturday night for the players, wife's, girlfriends and partners. Let's play hard and then party hard. Here's to an enjoyable season.

Tim Marshall
1st XV Manager.

TEAMWORK, RESPECT, ENJOYMENT, DISCIPLINE, SPORTSMANSHIP



Accredited Club