ALL-IN FIELDING PRACTICE

- Stumps pitch length apart each differentiated in some way such as having a coloured cone on them.

- Groups of fielders positioned at point, square leg, extra cover and wide mid. Use cones to keep players a reasonable and realistic distance from the stumps.

- Ball hit/rolled out by the coach in any direction

- Nearest player attacks ball and throws to end that is called out.

- Players from other groups get to stumps at both ends, back up and communicate as appropriate.

- Player at stumps takes ball, breaks stumps and throws to the other end where player takes the ball in front of the stumps and breaks the stumps

- Progression - add in running batters.
  - Batter at both ends
  - Once ball is rolled by coach and a colour called the batter starts running from safe end to end where ball will be thrown to. EG if red is called, fielder will be throwing ball to the end where the red stumps are and the runner from green end has to run and try and make ground at red end.
  - When first runner gets to red end second runner can start to run to green end. Fielders’ objective is to now run out both batters using normal routine.

- A wicket keeper can be added.

The idea of this practice is to add some realism and competition. Whenever the ball is hit a number of fielders have a job to do in terms of getting to the stumps backing up at both ends and this encourages that along with the communication required to be effective.

Coaching Points:-

- Which fielder goes where? Think about who can get to stumps easiest whilst also allowing a player to back up. In example above it is best for the player to get the stumps and to back up because would not be able back up effectively.

- Where should fielders take the ball? Modern thinking suggests that taking the ball in front of the stumps is quicker.

- How should players throw on the move?

- How far back should the backing up player be?

- Where should the ball be thrown?

- When should the fielder throw to hit the stumps and when to get the ball to their team mate? How should players communicate this?
Ball
Direction of ball travel
Direction of player travel

RED!
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• How should players throw on the move?
• How far back should the backing up player be?
• Where should the ball be thrown?
• When should the fielder throw to hit the stumps and when to get the ball to their team mate? How should players communicate this?