TARGET BOWLING - RULES

ORGANISATION
Divide group into teams 3-5 ideal 6-8 is OK.
One of the team starts as WK the others are bowlers

THE GAME
The aim of the game is to score the most points
Bowler bowls at stumps and scores 2 points for hitting the stumps or one point for getting between the 1m cones
WK stops ball once past the stumps and runs back with it to next player in the team.
After bowling the player runs down to become WK
Continue for number of deliveries or time

EASIER/HARDER
Change length of pitch and/or width of target
Place two sets of stumps next to each other as target
Remove a stump each time the wicket has been hit