

Camden community paediatric assessment

Information for parents and carers

This leaflet has been produced to help parents, carers, children and young people understand what happens at a community paediatric assessment in Camden.

What is a community paediatric assessment?

A community paediatric assessment is a review of your child's overall physical, emotional and developmental health. We aim to identify key areas of health needs for a child or young person and work with families and other professionals to ensure every child receives the support they need to thrive.

Who do we see in our clinics?

Examples of the types of referrals we see include:

- Babies and children who are not meeting their developmental milestones as expected.
- Children and young people undergoing assessment for an education, health and care plan (EHCP).
- Babies and children with established neurological, developmental or genetic conditions.

What happens at a community paediatric assessment?

Before the assessment

Parents or carers should accompany their child and bring the following with them if possible:

- your child's personal child health record (PCHR) or red book
- recent nursery or school reports
- letters from other doctors/professionals who see your child

During the assessment

Assessments are carried out by a consultant community paediatrician (a doctor specialising in caring for children) or a trained member of their medical team.

We are a teaching hospital trust, and you may be asked if a medical student can observe the assessment. Please let the doctor know if you would prefer them not to.

The doctor will ask questions about your child's medical, developmental and social history and complete a physical examination. If indicated, a developmental assessment may take place. Where appropriate we offer children and young people an opportunity to talk to the doctor alone.

If there is information you feel is important to share but that you would rather **not** discuss in front of your child, please contact us before the appointment to let us know.

After the assessment

In most cases you will receive a written report summarising our assessment and recommendations. We may arrange for further tests and assessments to take place. You will be contacted by post or telephone with any test results. In some cases the doctor will recommend a follow-up appointment in clinic at a later date.

Contact us

If you have further questions, please contact the community paediatric secretaries at the Royal Free Hospital by telephone: 020 7794 0500 extension 35820 or email:

rf.communitypaediatricsadmin@nhs.net

More information

For more information about child development services at the Royal Free London, please visit our website:

www.royalfree.nhs.uk/services/services-a-z/childrens-services/child-development-services

Your feedback

If you have any feedback on this leaflet or for a list of references for it, please email:

rf.communications@nhs.net

Alternative formats

This leaflet is also available in large print. If you need this leaflet in another format – for example Braille, a language other than English or audio – please speak to a member of staff.

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