



MENU



BREAKFAST

Yoghurt
Granola
Cereal
Milk
Croissant

SOUP

Chicken Soup
Barley Soup
Vegetable soup
Tomato soup

LUNCH SALADS

Egg salad
Falafel
and salad with hummus and pita
Tuna Niçoise salad

COLD DISH

LUNCH TIME ONLY

Smoked salmon
and cheese plate with waldrof salad
and cabbage salad

Teriyaki salmon

with Singapore noodles and mixed vegetable salad

Lemon Chicken

with Waldrof Salad and Quinoa Salad

Fried Cod Goujons

with potato salad and vegetable salad

HOT DISH

LUNCH & SUPPER:

Sliced Beef

with stuffing in gravy, mashed potato & green beans

Shepherd's pie

With cauliflower & green beans

Grilled Salmon

in mushroom sauce with new potatoes bacon carrots and green beans

Vegetarian lasagne

in tomato sauce with tzimmes and green beans

Breaded chicken

thighs with rice with corns, peas and carrots.

Stir fried chicken

with pepper sauce, rice and roasted broccoli

Grilled Haddock

in mushroom sauce with mashed potato and courgette in tomato sauce



MENU



DESSERT

Fresh fruit salad

Chocolate mousse

Apple & apricot crumble

with custard

Lemon pie

with custard

Peach melba

SHOBBOS MENU

FRIDAY NIGHT

**Grape juice,
challah,
baked salmon,
mayonnaise,
tomato dip,
olive dip,
chicken soup,
roast chicken,
potato kugel,
farfel,
apple puree**

SHABBAT LUNCH

**Grape juice,
challah,
baked salmon,
mayonnaise,
tomato dip,
olive dip,
cold meats,
cholent,
potato kugel,
apple puree**

