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GUIDEBOOK FOR INTERNATIONAL STUDENTS OF FACULTY OF MEDICAL SCIENCES AT THE UNIVERSITY OF WARMIA AND MAZURY IN OLSZTYN



Faculty of Medical Sciences

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1. Dean welcome

2. About UWM

The University of Warmia and Mazury (UWM) was founded on 1 September 1999, after merging three educational institutions: the fifty-year-old Academy of Agriculture and Technology, the thirty-year-old Pedagogy College and the 450-year-old Warmian Theological Institute. The university employs about 3300 people of which 2000 are teachers including 491 professors.

Its seventeen faculties educate almost 31,000 students: 22,600 fulltime, 7,600 part-time, 600 doctoral and 2,000 post-graduate. UWM provide students with the opportunity to attain a comprehensive education in a wide range of studies: humanities, pedagogy, theology, fine arts, law, veterinary medicine, agriculture, engineering, biology, economics, mathematics and since the academic year of 2008/2009 - medicine. Students have a choice of 59 academic majors and three interdisciplinary studies. Afterwards they may pursue doctoral studies in twenty two academic disciplines as well as 138 forms of post-graduate studies.

The university is an autonomous institution. Eleven of the seventeen faculties have full academic rights to confer doctoral and postdoctoral degrees in fourteen disciplines, and sixteen faculties can confer doctoral degrees in twenty two disciplines.

UWM collaborates with many other universities in Europe and rest of the world. The basis of these contacts are an agreement on cooperation and participation in European educational programs, such as ERASMUS, LEONARDO DA VINCI, TEMPUS. As part of the above programs students of UWM go abroad to continue their studies and internships abroad. What is more, about 160 foreigners study at the University of Warmia and Mazury. They come from Spain, Saudi Arabia, Azerbaijan, Armenia, Ukraine, Belarus, Sweden, Germany, Lithuania, Russia, Yemen, France, Romania, Iran, Ireland, Great Britain, Denmark, Taiwan, Mongolia, China, USA, Canada, Nigeria, South Africa.

UWM is subject to evaluation for its curricula and quality of education by the State Accreditation Committee as well as institutional and specialized accreditation committees.

UWM does not only offer quality education but is also a dynamic centre of culture and sports. There are many cultural organizations at the university. University students sporting achievements are also worth noticing. Our male volleyball team AZS UWM Olsztyn has won numerous times the Polish championship or been in either second or third place. Our students have also occupied the highest positions in other disciplines such as taekwondo, sailing and athletics.¹

¹ <http://www.uwm.edu.pl/en/artykul/38/introduction.html>



Faculties at UWM:

- 1) Faculty of Animal Bioengineering
- 2) Faculty of Geodesy and Land Management
- 3) Faculty of Environmental Management and Agriculture
- 4) Faculty of Veterinary Medicine
- 5) The Faculty of Medical Sciences
- 6) The Faculty of Technical Sciences
- 7) The Faculty of Environmental Sciences
- 8) The Faculty of Fine Arts
- 9) The Faculty of Biology and Biotechnology
- 10) The Faculty of Humanities
- 11) The Faculty of Mathematics and Computer Science
- 12) The Faculty of Economics
- 13) The Faculty of Social Sciences
- 14) The Faculty of Food Sciences
- 15) The Faculty of Law and Administration
- 16) The Faculty of Theology
- 17) The Faculty of Technical and Pedagogical Studies

2.1 Authorities 2012-2016

Rector Professor Ryszard Górecki

Vice-Rector for Development and Financial Policy Professor Mirosław Gornowicz

Vice-Rector for Human Resources Professor Grzegorz Białuński

Vice-Rector for Research Professor Jerzy Jaroszewski

Vice-Rector for Student Affairs Professor Janusz Piechocki

Vice-Rector for Development of Education Professor Jerzy Andrzej Przyborowski



2.2 General organizational provisions of studies and academic year

Academic year starts at the **1st of October** and lasts to the **30th of September** of the next calendar year.

- Academic year consists of two periods of :
 - 15 weeks of classes (semesters)
 - two examination sessions (winter and summer)
 - two sessions of retake exams (winter and autumn)
 - winter and summer holiday period of time not less than six weeks, including 4 weeks continuous summer vacations
- Rector set the organization framework of the academic year, every year before it starts. The Rector may establish additional days which are free from classes and, if necessary, suspend classes on certain days and times.
- The detailed organization of the academic year and the schedule of examination sessions in individual departments, directions and years of study is determined by the dean in consultation with the Faculty Students Council
- There is the possibility of starting classes earlier than the 1st of October, thus allowed are other terms of exam, depending on the findings of the department authorities.
- Studies are carried out according to the plans of study and training programs adopted by the Faculty Council, according to the guidelines set out by the Senate, after consultation with the Faculty Student Council
- Weekly schedule which is drawn up after consultation with the Faculty Students Council, is given to students seven days before the beginning of each semester, by posting on the bulletin board at the Den's Office and on the website of the department
- A detailed plan of exam is given to students seven days before the start of the session by posting on the bulletin board at the Dean's Office and on the website
- To improve teaching and education at the University, appointed are guardians of the academic year, as well as full-time tutors of students groups and of scientific circles. The primary duties of a guardian is

to provide students with help, advice and consultation on matters related to their educational problems and social, as well as giving opinions on the student's request or at the request of the dean for individual cases

- Public holidays are free from classes

To find academic calendar, schedules and other study regulations as well as students news visit website of Faculty of Medical Sciences: <http://www.study-medicine.eu/>

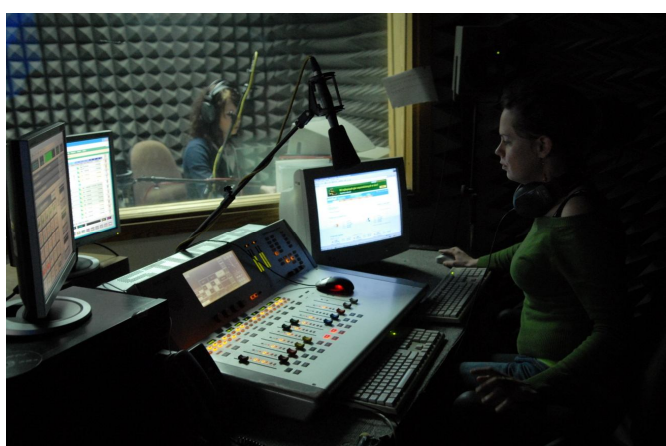
2.3 Students organizations, students media

- **UWM Student Council** and other organizations and student associations care about the interests of all students. Members of the Student Council represents student affairs at many university and departmental influential and decision-making committees. Initiate and organize sports and cultural events. <http://russ.uwm.edu.pl/> (polish)
- **Erasmus Student Network** is a wide student organization. Its goal is to support and develop international student exchange programs, especially Erasmus Program. Organization motto is: "Students helping Students". <http://www.uwm.esn.pl/>
- **AIIESEC** is the global youth network impacting the world through leadership development experiences. AIIESEC has been facilitating youth leadership activities as well as international internships & volunteer experiences for over 65 years, developing a global learning environment across 124 countries & territories. www.olsztyn.aiesec.pl
- Student cultural agenda are organized in an **Academic Cultural Center** - <http://www.uwm.edu.pl/ack/> (polish) including:



- film discussion club
- archery club
- Song and Dance Group "Kortowo"
- choir, student drama "Cezar"
- student photography club "Jamnik"
- Academic divers' club "Scorpena"
- academic air club "Aviator"
- student motorcycle club "Tabun"

- academic Sailing Club "Szkwał"
 - aviation enthusiasts club "WMSPOTTERS"
 - fantasy fan club "Olifant"
 - academic tourist club
 - club for fans of Japan "Yumegari"
 - academic brass band
 - extreme sports club "Akse"
 - academic riding club "Cwał"
 - songs studio "Osemka"
 - theater "Kloszart"
 - club employees UWM "Baccalarium"
- The mission of **IFMSA** is to offer future physicians a comprehensive introduction to global health issues. Through our programs and opportunities, we develop culturally sensitive students of medicine, intent on influencing the transnational inequalities that shape the health of our planet.
http://olsztyn.ifmsa.pl/en/about_us/
 - TV channel on Youtube, Radio UWM, students news papers:
 - **TV Kortowo** - <http://www.youtube.com/user/TVKORTOWO>
 - **Radio UWM** - <http://www.uwmfm.pl/>
 - **e-gazeta uniwersytecka (university news paper)** - <http://www.uwm.edu.pl/egu/>



2.4 Kortowo – campus

The University of Warmia and Mazury in Olsztyn is situated in a picturesque part of city named Kortowo, the unquestionable pride of the University. Learning, leisure and recreation, all these needs are satisfied at the campus. Kortowo occupies an area of 230 hectares and is surrounded by forest and 4 lakes, the biggest one is called Kortowskie Lake and creates great conditions for leisure activities.

Kortowo reply for all needs of students living here, providing them everything they need for life: teaching buildings, sports fields and recreation areas, swimming pool, 12 dormitories, shops, services, sport stadium, medicine center, cafeterias, banks, post office, student clubs, parks and greenery and space with very well developed infrastructure, including modern laboratories, lecture halls, research facilities.

Kortowo harbor offers a water equipment rental service, including sail boats, rowing boats, kayaks, water bikes and surfboats. The university also has a modern swimming pool complex, consisting of a main pool, a small basin, Jacuzzi and saunas. Swimming competition, in which students of the University are very successful, are held regularly at the pool.

At Kortowo there is also a stable where students can take horse riding lessons offered by qualified instructors or simply take a ride. For those keen on tennis there are several open courts located in different

areas of Kortowo. In the center of Kortowo there is also an athletic stadium, where a lot of regional and national sport events take place.

Forest near Kortowo is a good place for jogging or cycling, which will enable you to enjoy the beautiful landscape and clean air far from urban traffic and noise. The most common winter sports in Kortowo include cross-country skiing and sledging down Kortowska Hill. Sledging during wintertime has almost become a tradition at Kortowo campus.

In 2011 Kortowo has been awarded by monthly National Geographic Traveler in the national contest "Polish 7 wonders of nature". "National Geographic Traveler" decided to award with distinction an academic society for incredible skill in local society integration around the most beautiful academic campus in Poland.²



Services at Kortowo:

- Pharmacy, ul. Kanafojskiego 3
- Bank PKO SA, ul. Oczapowskiego 3
- „U Michała” Snack Bar, ul. Oczapowskiego 2
- Baccalarium Club, Plac Łódzki
- Alumni Club, ul. Prawocheńskiego 4
- Grocery stores: ul. Prawocheńskiego 11, ul. Kanfojskiego 6
- Post Office, ul. Heweliusza 8
- “Przystań Kortowska” Restaurant and Guest Rooms, ul. Heweliusza 28
- University Canteen, ul. Prawocheńskiego 4
- ŻAK UWM Students Aid Foundation in Olsztyn – Guest Rooms, ul. Kanafojskiego 2
- University Health Care Ltd., ul. Kanafojskiego 3
- Oczapowski Foundation – alumni association in charge of reunions and the sole proprietor, ul. Heweliusza 12

More information about Kortowo you can find in *A walk in Kortowo - the university district of Olsztyn* published by Alumni Association of the University of Warmia and Mazury in Olsztyn. Also under a link: <http://www.kortowo.pl/>

² <http://www.uwm.edu.pl/en/artykul/49/kortowo-campus.html>



2.5 Kortowiada – students festival

“Kortowiada” it’s a name for juvenilia (= students festival) in Olsztyn, which owes its name from the name of the student campus - Kortowo. In 2009, UWM held its 50th jubilee of Kortowiada festival.

The event is held every year in mid-May and it takes 4-5 days full of concerts and events involving both students and residents of the city as well as students from other universities.

During Kortowiada most of events take place at Kortowo, giving unique character to this festival. The biggest concerts take place at Kortowska Hill. Important element of Kortowiada and a sign that student belong to the faculty is a T-shirt, designed and selected by the students of each faculty. Juvenalia at UWM in Olsztyn also have its official anthem - the song "Kortowiada", recorded by the band Enej with the words of Bartłomiej Kroma.

At the year 2006 and 2008 Kortowiada was considered the most secure juvenalia in Poland. Every year students organized cabaret, Venus Show – elections of the most beautiful student, a competition for design of academics, faculty battle, sports competitions and computer tournaments. In 2008 restored was the Faculties Parade through the streets of the city when students invent all kind of costumes.



2.6 Library

The scientific heart of the University beats in its library. A modern, "smart" building with an area of nearly 20,000 square meters houses and a collection of over a millions items. It also functions as a public science library available to the inhabitants of the town, region and the whole country.

The Library was set up on 1 September, 1999, as a result of merging two libraries: the Library of Agricultural-Technical Academy (founded in 1951) and the Library of Higher School of Pedagogy (founded in 1974). The collections of the two libraries at the time of merging comprised 797,510 volumes/items altogether, making the University Library the biggest science library in the north-east of Poland.

In October 2007 a modern Library building located in Kortowo II was put into use. The new facility allowed for putting scattered collections together and improved the standard of services provided. The building, which has a space of 19,423 square meters, has an integrated system of managing the network of electronic devices (BMS – known as an “intelligent building”). The Library is equipped with devices for digitalizing collections, a vacuum fumigation chamber (for the disinfection of library collections and archive files) and an electronic system for securing collections.

An important element of the library space are rooms where the educational activities of the Library are carried out, such as Library Preparation and information skills training for students and other Library users. Two rooms fully equipped with audiovisual devices have been dedicated to the purpose, as well as a computer room with 20 computer stands. Apart from the abovementioned rooms, there is a conference room. Another element important for the University students is the Internet Reading Room with 60 computer stands, a group study room and individual work cubicles.

The Library in the new building is the educational centre of the University and an active, user-friendly and culture-forming institution.³

During the orientation week you will have classes preparing to use library, search and order books, etc.



○ How to log into your account?

All students can have their electronic account for library, where they can log in and look for books as well order them.

To log to library catalogue visit this link: <http://bu.uwm.edu.pl/F/?func=BOR-INFO>

Library on-line catalogue: <http://bu.uwm.edu.pl/F>

Electronic **student ID card serves as a library card:**

ID = Number of album / electronic student ID card (without leading zeros)

Password = bar code of electronic student ID card.

³ <http://bu.uwm.edu.pl/en/informacje/about-the-library>

- **To order books from library:**

Click the underlined label in full view resource record. The list of resources in the library collection. The list of resources you can:

- > Click the Order (= zamówienie) to place your order.
- > Click the Checkout photocopying (= zamówienie ksero) to place your order Photocopying.
- > Click Reservation (= rezerwacja) to make a reservation for an hour.
- > Click Details (= szczegóły) to see the details of the record copy.

If the resource list is the period for return, it means that this item is currently on loan.

- **Library Information** 89 523-36-83 bib.informacja@uwm.edu.pl
- **More informations on website:** <http://bu.uwm.edu.pl/node/489>
- **Students of Medicine also have access to the Internet database of e-books:**
 - USMLE EASY <http://www.usmle-easy.com/>
 - ACCESS MEDICINE <http://accessmedicine.com/features.aspx>



2.7 Links, useful telephone numbers

- **Rector's office:**
Oczapowskiego 2 str. 10-719 Olsztyn, Poland
tel./fax: +48(89) 523-33-30
e-mail: rektor@uwm.edu.pl
- **University website:** <http://www.uwm.edu.pl/en>
- **Office for International Cooperation:**
Oczapowskiego 2 str. , 10-719 Olsztyn, Poland
Tel +48(89) 523-39-26, fax: +48(89) 524-04-94
e-mail: bwm@uwm.edu.pl
<http://www.uwm.edu.pl/bwz/en/>
- **The centre of culture and Polish language for foreigners**
Faculty of Humanities
University of Warmia and Mazury in Olsztyn (UWM)
Kurta Obitza 1, room 217
10-725 Olsztyn
Tel. 0048/89/ 524 65 64

<http://www.uwm.edu.pl/okjp/>

- **University Library of the University of Warmia and Mazury**
ul. Oczapowskiego 12B
10-719 Olsztyn
e-mail: bib.uwm@uwm.edu.pl
<http://bu.uwm.edu.pl/>

