



Glo Express

1 x 20 minute treatment

Choose one of the following 20 minute treatments:

Get up and Glo Mini Manicure*

A speedy treat that includes a file and polish. Perfect for that big night out

Back and Shoulder Massage

Using a therapeutic blend of oil, the glo back and shoulder Swedish massage helps relieve tension and aching muscles. A quick massage with fantastic tension-busting results. This treatment is not recommended for pregnant guests.

Toetally Heavenly Toe Painting*

A quick file finished off with a professional application of varnish.

Express Facial

A mini facial for every skin type that includes a cleanse, tone, exfoliation and moisturize.

Neck and Shoulder Massage (seated on a chair)

A 20 minute back, shoulder, neck and head massage to ease away tension and help you totally relax. This treatment is not recommended for pregnant guests. An alternative treatment may be offered if available

Hand or Foot Massage

A soothing lower arm and hand massage or lower leg and foot massage using creams/oils

***A French Polish is not included in this package**

Information on what you may need to provide for the party will be sent with the appointment schedule.

If you have any questions, please do not hesitate to get in touch, or check out our FAQs page for more info: <https://www.glo-pamper.co.uk/pamper-parties/frequently-asked-questions>