



PAMPER PARTY TREATMENT MENU

HEALTH & BEAUTY EXPERTS SINCE 2006

0207 096 0385

INFO@GLO-PAMPER.CO.UK

WWW.GLO-PAMPER.CO.UK

Heavenly Treats Package

Choose 1 x 45-minute treatment OR 1 x 25-minute and 1 x 20-minute treatment (see next page)

45 Minute Treatments

The Heavenly Body Massage

Using a therapeutic blend of oil, this relaxing Swedish massage will focus on the back of your body as well as the front of your legs and feet. This treatment soothes away stress, restores balance and promotes a lasting sense of wellbeing.

(Treatment is not recommended for pregnant guests)

The Glo Feel-Good Facial

A relaxing facial for every skin type that includes cleansing, exfoliation, toning and a mask. All topped off with moisturiser for a healthy glow.

The Heavenly Glo Manicure

A deluxe manicure that includes a cuticle soak, cuticle tidy, file, hand and arm massage and polish. Your hands will positively Glo!

French Manicure / Pedicure

A classic manicure that includes a file and tidy, and is topped off with a fantastic French polish.

(Not suitable for people with short nails. Your Glo therapist will advise on the day whether this is possible)

The Glo Sole Delight

A deluxe pedicure that includes a foot soak, cuticle tidy, file, the choice of hard skin removal or a relaxing lower leg and foot massage, finished off with a polish that will leave your feet refreshed and beautified.

The Glo Gel Manicure

A fantastic file of the nails with an application of gel cured under LED or UV light.

Nails should be nude and without nail extensions when you receive your treatment.

(If you already have gel polish that needs removing, this can take up to 20 minutes and will cost an additional fee of £10, payable on the day directly to the therapist.)



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25-Minute Treatments

Back & Shoulder Massage

Using a therapeutic blend of oil, this Swedish back and shoulder massage helps relieve tension and aching muscles. A quick massage with fantastic stress-busting results. *(Treatment is not recommended for pregnant guests)*

The Glo Feel-Good Facial

A relaxing facial for every skin type that includes cleansing, exfoliation, toning and a mask. All topped off with moisturiser for a healthy glow.

Holistic Facial

Experience deep relaxation and reduce tension with a face, head and shoulder massage using aromatic oils. The perfect treatment to calm the mind and reduce stress.

The Glo Manicure

A relaxing and pampering hand and nail treat that includes cuticle tidy, a file and polish. Go on, give your hands the treat they deserve. *(French polish or gel nail varnish is not included)*

Speedy Pedi

A perfect treat for your tootsies that includes a foot soak, cuticle tidy, file and polish. *(French polish or gel nail varnish is not included)*

20-Minute Treatments

Back & Shoulder Massage

Using a therapeutic blend of oil, this Swedish back and shoulder massage helps relieve tension and aching muscles. A quick massage with fantastic stress-busting results. *(Treatment is not recommended for pregnant guests)*

Get Up & Glo Mini Manicure

A speedy treat that includes a file and polish. Perfect for that big night out. *(French polish or gel nail varnish is not included)*

Toe-tally Heavenly Toe Painting

A quick file finished off with a professional application of varnish. *(French polish or gel nail varnish is not included)*

Neck & Shoulder Massage

A fully clothed, oil-free, seated, shoulder, neck and head massage to ease away tension and help you totally relax. *(Treatment is not recommended for pregnant guests)*

Hand / Foot Massage

A soothing lower arm and hand massage or a relaxing lower leg and foot massage, using oils or creams.

Terms & Conditions

- Please note that occasionally we may not be able to provide your party's first choice of treatment. If this is the case we will endeavour to let you know as soon as possible so that your guest(s) can choose an alternative treatment.
- Treatment times are slightly shorter than stated and allow for changeover between guests.
- Information on what you may need to provide for the party will be sent with the appointment schedule.
- If you have any questions, please do not hesitate to get in touch, or check out our FAQs page for more info:
<https://www.glo-pamper.co.uk/pamper-parties/frequently-asked-questions>