

Catalogue of Resources for Primary Schools

September 2022 – June 2023

The Catalogue of Resources provides a non-exhaustive list of documents and resources that are provided by the Department of Education, its agencies, support services, other Government Departments and their agencies and by the Health Service Executive (HSE) to assist the promotion of wellbeing across school communities. This resource can be used alongside the Directory of Continuous Professional Development (CPD), which lists relevant CPD to support the wellbeing of all in the school communities. The resources in this catalogue are organized under the four key areas of wellbeing promotion: **Culture & Environment**, **Curriculum (Teaching & Learning)**, **Policy & Planning** and **Relationships & Partnerships**.



Topics	Key area 1 Culture and Environment	Key area 2 Curriculum (teaching and learning)	Key area 3 Policy and Planning	Key area 4 Relationships and Partnerships
Anti bullying	X	x	X	x
Child protection	X	x	X	x
Classroom management	X		X	x
Critical Incident	X	x		x
External programmes		x	X	x
Health and wellbeing	X	x		
Inclusion	X	x	X	x
Internet safety	X	x	X	
Mental health and wellbeing				
Parents supports and resources				x
Physical Education/Physical activity		x		
Pupil voice	X		X	x
Restorative Practice	x			x
RSE /SPHE		x		
Special Educational needs	X	x	X	x
School Leadership	X	x	X	x
Reluctant Attendance/ School Refusal Behaviour	X		X	x
School staff wellbeing	X			x
Special Educational needs	X	X	X	X

Transitions	X		X	x
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The table above outlines each resource topic and which of the four key areas of wellbeing promotion the topic is linked to. Some topics are relevant to more than one key area of wellbeing promotion. The resources are listed in alphabetical order under each key area. Click on the topic to go straight to the resource. Please note that the each resource is hyperlinked within the document.

Key Area 1 - Culture and Environment

Anti bullying
Child Protection
Critical Incident
Health and Wellbeing
Inclusion
Internet Safety
School Leadership
School Refusal
School Staff Wellbeing
Special Educational Needs
Pupil Voice

Key Area 2 - Curriculum (Teaching and Learning)

Anti-bullying
Classroom Management
External Programmes (use of)
Health and Wellbeing
Inclusion
Internet Safety
Physical Education/Physical Activity
RSE/ SPHE
Special Educational Needs

Key Area 3 - Policy and Planning

<u>Anti-bullying</u>
<u>Child Protection</u>
<u>Critical Incident</u>
<u>Data Protection</u>
<u>External Programmes (use of)</u>
<u>Inclusion</u>
<u>Internet Safety</u>
<u>School Leadership</u>
<u>School Refusal</u>
<u>Special Educational Needs</u>
<u>Pupil Voice</u>
<u>Transitions</u>

Key Area 4 - Relationships & Partnerships

Anti-bullying
Child Protection
Critical Incident
External Programmes (use of)
Inclusion
Parents - Supports and Resources
Restorative Practice
School Leadership
School staff wellbeing
Special Educational Needs
Pupil Voice
Transitions

Resources	Description	Developed by
Anti - Bullying		
Anti-Bullying Procedures for Primary and Post-Primary Schools (Department of Education, 2013) https://www.gov.ie/en/publication/cb6966-anti-bullying-procedures-for-primary-and-post-primary-schools/	The Anti-Bullying procedures for primary and post-primary schools are mandatory and each school must have an anti-bullying policy which is reviewed annually. The purpose of these procedures is to give direction and guidance to school authorities and school personnel in preventing and tackling school-based bullying behaviour amongst its pupils and in dealing with any negative impact within school of bullying behaviour that occurs elsewhere.	Department of Education
The National Anti-Bullying Website: www.tacklebullying.ie	A national anti-bullying website to counter bullying and cyberbullying for young people, parents and teachers.	The National Anti-Bullying Research and Resource Centre (ABC)
DCU Anti-Bullying Centre – FUSE Anti-Bullying and Online Safety Programme https://antibullyingcentre.ie/project/fuse/	The Fuse programme is a research-based anti-bullying and online safety programme.	DCU Anti-Bullying Centre
DCU Anti-Bullying Centre https://antibullyingcentre.ie	National research centre located in DCU's Institute of Education focusing on bullying and online safety.	DCU
PDST Anti-Bullying Resource Materials https://www.pdst.ie/primary/antibullying	The PDST Anti-Bullying page includes resources for Anti-Bullying Awareness Raising, Prevention and Intervention Strategies. It includes PDST Anti-bullying Support Materials, PDST Anti-bullying policy template, PDST Information Booklet as well as material from the PDST seminar 'Internet Safety, Cyber Safety and Bullying' (2019/2020).	Professional Development for Teachers (PDST)
All Together Now https://www.belongto.org/all-together-now/	"All Together Now!" on Homophobic and Transphobic Bullying (4 lessons grounded in the SPHE curriculum for 5th and 6th Class teachers). Initiated under the National Action Plan on Bullying 2013.	BeLong To

<p>SPHE/RSE Toolkit (curriculumonline.ie)</p> <p>Using inclusive and respectful language</p> <p>An inclusive approach to SPHE/RSE – LGBTI+ identities</p> <p>Video: LGBTI+ Inclusivity in Primary Schools</p>	<p>These supports provide guidance on how SPHE/RSE may be approached in an up-to-date and inclusive manner for all children.</p>	<p>NCCA</p>
<p>Different Families Same Love</p> <p>INTO LGBT+ Teachers' Group - Irish National Teachers' Organisation</p>	<p>Different Families Same Love aims to support schools to effectively implement Anti-Bullying Procedures with resources and strategies to address homophobic and transphobic bullying</p>	<p>INTO LGBT Teachers' Group</p>
<p>Respect – Creating a Welcoming and Positive School Climate to Prevent Homophobic and Transphobic Bullying</p> <p>https://www.into.ie/app/uploads/2019/10/Respect_Primary_Teachers_Resource.pdf</p>	<p>This document supports teachers and principals to ensure their policies at up to date with Anti-Bullying Procedures, and offers advice for addressing homophobic and transphobic bullying.</p>	<p>INTO, INTO LGBT Teachers' Group, GLEN</p>
<p>Child Protection</p>		
<p>Child Protection Procedures for Primary and Post- Primary Schools (Department of Education, 2017)</p> <p>Child Protection Procedures for Primary and Post Primary Schools</p>	<p>The purpose of these revised procedures is to give direction and guidance to school authorities and to school personnel in relation to meeting statutory obligations under the Children First Act 2015.</p> <p>Child Protection Procedures for schools are mandatory. Compulsory templates for Child Safeguarding Statements, Annual Reviews and Risk Assessments must be used as per Department of Education guidelines on the Department of Education website.</p>	<p>Department of Education</p>
<p>Stay Safe Programme –</p> <p>https://www.pdst.ie/staysafe</p>	<p>The Stay Safe programme is a personal safety skills programme for primary schools. The aim of the programme is to reduce vulnerability to child abuse and bullying through the provision of</p>	<p>PDST and CAPP (Child Abuse Prevention Programme)</p>

	personal safety education for children and training for teachers, school management boards and parents.	
<p>Child Protection E-Learning Presentation Series</p> <p>https://www.pdst.ie/child-protection-e-learning</p>	<p>This Child Protection E-learning Presentation Series is an online asynchronous version of our face-to-face seminar, based on the Revised Child Protection Procedures for Primary and Post-Primary Schools (December 2017). The E-learning presentation series is cross-sectoral. This seminar will specifically focus on the role and responsibilities of the DLP including liaising with external agencies, supporting staff, reporting to Tulsa, communications with the Board/parents, curriculum implementation etc.</p> <ul style="list-style-type: none"> ➤ Session 1: Overview of Revised Procedures, Legislation and context ➤ Session 2: Outline of the role of the DLP <p>Session 3: Record Keeping and Oversight for Board of Management</p>	PDST Health and Wellbeing
<p>Child Protection E-Learning Programme</p> <p>https://pdst.ie/ChildProtectionGuidelines</p>	<p>Course 1: E-learning course for Designated Liaison Persons (DLP) and Deputy Designated Liaison Persons (DDLDP)</p> <p>Course 2: E-learning course for All School Personnel</p>	PDST Health and Wellbeing
Classroom Management		
<p>Incredible Years Teacher Classroom Management (IYTCM) Programme</p> <p>http://incredibleyears.com/programs/teacher/classroom-mgt-curriculum/</p>	The Incredible Years' programme is a primary whole school-based prevention and early intervention programme designed to reduce conduct problems and promote children's pro-social behaviour.	Department of Education (NEPS)
<p>NEPS Guidelines, Hand-outs and Tips for teachers and Parents:</p> <p>gov.ie - National Educational Psychological Service (NEPS) Guidelines, Tips and Handouts for Parents and Teachers (www.gov.ie)</p>	NEPS have produced guidelines, handouts and tips for teachers and parents of pupils at primary level. These include for example, listening to young people and promoting dialogue, mentoring, restorative justice ; information on sensory classroom activities; Managing Reluctant Attendance and School Avoidance Behaviour; Setting Up a Social Skills Training Group; Transition from Primary to Post Primary	Department of Education (NEPS)
Responding to challenging questions, discussions and topics	These documents aim to support teachers in creating a positive, inclusive classroom climate and learning environment	NCCA

Creating the conditions for positive classroom discussions Fostering relationships		
Critical Incident		
<p>Critical Incident Guidelines (NEPS, 2017): gov.ie - National Educational Psychological Service (NEPS) (www.gov.ie)</p> <p>Wellbeing supports for pupils from the Ukraine</p>	<p>These guidelines help schools to plan for and to cope with the various challenges that arise from critical incidents.</p> <p>NEPS has developed a number of resources to support schools enrolling children from Ukraine. These include Supporting schools to use a Psychological First Aid approach ; Guidance on supporting Ukrainian students who have experienced loss in the course of the conflict.</p>	Department of Education (NEPS)
External Programmes (use of)		
<p>DE Circular 42/2018 'Best practice guidance for primary schools in the use of programmes and/or external facilitators in promoting wellbeing consistent with the Department of Education Wellbeing Policy Statement and Framework for Practice'</p> <p>https://www.gov.ie/en/circular/6e3c9d8cac2b4455af829826ff16ec74/</p>	Department of Education Circular 42/2018 (Primary) provides comprehensive and strengthened guidance for schools on the effective use of programmes and external facilitators in line with the Wellbeing Policy Statement and Framework for Practice.	Department of Education
<p>Considering the use and role of guest speakers</p> <p>Panel discussion on the role of external</p>	Written support material and panel discussion video to support teachers to reflect on the benefits and challenges of inviting guest speakers into their classroom.	NCCA

facilitators and guest speakers in supporting SPHE/RSE		
Health and wellbeing		
<p>Healthy Eating Policy Toolkit</p> <p>https://www.hse.ie/eng/about/who/healthwellbeing/hse-education-programme/training-and-resources-for-primary-school-teachers/healthy-eating-policy-development-toolkit-for-primary-schools.pdf</p>	A toolkit to guide and support a primary school to develop and implement a new policy or to review and improve an existing healthy eating policy.	HSE
<p>Physical Activity</p> <p>https://www.hse.ie/eng/about/who/healthwellbeing/hse-education-programme/training-and-resources-for-primary-school-teachers/physical-activity-training-and-resources-for-primary-school-teachers.html</p>	<p>Resources to support physical activity in primary schools.</p> <ul style="list-style-type: none"> • Get active In the classroom • Active playgrounds • Get your school walking 	HSE
Inclusion		
<p>All Together Now (2013)</p> <p>https://www.pdst.ie/sites/default/files/All%20Together%20Now%20Educational%20Resource%20LGBT.pdf</p>	“All Together Now!” on Homophobic and Transphobic Bullying (4 lessons grounded in the SPHE curriculum for 5th and 6th Class teachers). Initiated under the National Action Plan on Bullying 2013.	BElonGTo/St. Patrick’s College/
<p>Supporting Refugee Students Transition to and Progress in Post-primary School (2013)</p> <p>https://www.ncge.ie/resource/supporting-refugee-students-transition-and-progress-post-primary-school</p>	This resource was developed with the City of Dublin ETB and Separated Children’s Service. It explores the various issues which affect Separated Children when they move into an Irish post-primary school and the strategies that schools can employ to help students overcome these barriers. Resource include areas such as school induction, a buddy system and the promotion of first language to assist in the learning process.	PDST

<p>Inclusive Education Framework - A guide for schools on the inclusion of pupils with additional educational needs.</p> <p>Inclusive Education Framework – National Council for Additional Education</p>	<p>The Inclusive Education Framework is a new interactive tool to be used by schools to assist schools plan, measure and improve how pupils with additional educational needs are supported.</p>	NCSE
<p>Resources to support teaching and learning – online resources</p> <p>National Council for Additional Education – Working to deliver a better special education service</p>	<p>A range of online resources for teachers and parents to support inclusion including information on the visiting teacher service and behavior support.</p>	NCSE
<p>Respect – Creating a Welcoming and Positive School Climate to Prevent Homophobic and Transphobic Bullying</p> <p>https://www.into.ie/app/uploads/2019/10/Respect_Primary_Teachers_Resource.pdf</p>	<p>This document supports teachers and principals to ensure their policies at up to date with Anti-Bullying Procedures, and offers advice for addressing homophobic and transphobic bullying.</p>	INTO, INTO LGBT Teachers' Group, GLEN
<p>SPHE/RSE Toolkit (curriculumonline.ie)</p> <p>Reflecting on my practice and exploring my experiences, attitudes, values and beliefs</p> <p>Using inclusive and respectful language</p> <p>An inclusive approach to SPHE/RSE – LGBTI+ identities</p> <p>Video: LGBTI+ Inclusivity in Primary Schools</p>	<p>These document support teachers to reflect on how their own experiences, attitudes, values and beliefs impact their approach to teaching and provide guidance on how SPHE/RSE may be approached in an up-to-date and inclusive manner for all children.</p>	NCCA
<p>Different Families Same Love</p>	<p>Different Families Same Love aims to support schools to effectively implement Anti-Bullying Procedures with resources and</p>	INTO LGBT Teachers' Group

INTO LGBT+ Teachers' Group - Irish National Teachers' Organisation	strategies to address homophobic and transphobic bullying	
Sharing Inclusive Practice Project https://ncca.ie/en/primary/primary-developments/education-about-religions-and-beliefs-erb-and-ethics/	The project worked with a network of schools to share inclusive practices taking place in their schools. These inclusive practices speak to the diversity in our communities and schools, including religious and cultural diversity.	NCCA
Internet Safety		
Acceptable Usage Policy (ICT) Template for Internet Safety Policy (File Format Word 90KB) (pdst.ie)	The PDST Technology in Education guidelines support schools in developing Acceptable Usage policies for ICT. Guidance for developing an Acceptable Usage Policy for Information and Communications Technology (ICT)	PDST Technology in Education
Webwise: Primary https://www.webwise.ie/teachers/webwiseprimaryprogramme/	The Webwise Primary Programme is a booklet which gives SPHE teachers assistance in teaching safe and responsible internet use.	Webwise Irish Internet Safety Awareness Centre
HTML Heroes https://heroes.webwise.ie/	These programmes (for 1 st /2 nd and 3 rd /4 th class) teaches pupils the importance of digital safely with the help of HTML HEROES	Webwise
MySelfie https://www.webwise.ie/myselfie-wider-world/	Webwise Primary Anti Cyber Bullying Resource	Webwise
Safer Internet Day https://www.webwise.ie/saferinternetday/	Safer Internet Day is an EU wide initiative to promote a safer internet for all users, especially young people	Webwise & PDST
Guidance for Registered Teachers About the Use of Social Media and Electronic Communication. https://www.teachingcouncil.ie/en/publications/fitness-to-teach/guidance-for-registered-teachers-about-the-	This document is aimed at providing guidance for teachers about the use of social media and electronic communication, identifying potential dangers, offering advice about how to avoid them and providing a context for responsible, professional use of electronic communication and social media.	The Teaching Council

use-of-social-media-and-electronic-communication.pdf		
MediaWise: Media Literacy Resource MediaWise - Primary schools education resource safefood	An interactive resource that aims to develop media literacy skills and critical thinking skills to support children to navigate media, marketing and advertising.	SafeFood
Mental health and wellbeing		
Materials and resources to support wellbeing and mental health Wellbeing guidance documents	Wellbeing guidance documents on the following : <ul style="list-style-type: none"> • Understanding the response to stress in children and young people • Managing stress and anxiety • Reluctant attenders/school refusal behavior • Self-regulation for students • Panic attacks Managing thoughts, feelings, and behaviours	NEPS
HSE Schools and Young People https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/resources/communities/schoolsyounng/	The HSE website provides information and resources including booklets on areas including suicide, self-harm and mental health. The website also provides information on initiatives such as MindOurMinds which outlines how young people are promoting the importance of mental health among their schools and local communities.	HSE
Wellbeing guidance documents	Wellbeing guidance documents on the following : <ul style="list-style-type: none"> • Understanding the response to stress in children and young people • Managing stress and anxiety • Reluctant attenders/school refusal behavior • Self-regulation for students • Panic attacks • Managing thoughts, feelings, and behaviours 	Department of Education (NEPS)
FRIENDS Programmes 'Fun Friends', 'Friends for Life' and 'My Friends	The Friends programmes help students to develop resilience by teaching them effective strategies to cope, problem solve and manage all kinds of emotional distress, including worry,	FR (Friends Resilience) available through NEPS

<p>Youth' are school-based anxiety prevention and resilience building programmes.</p> <p>http://www.friendsresilience.org/</p>	<p>stress, change and anxiety. For further information about programmes that may be running in your locality, contact your school's NEPS psychologist.</p>	
<p>Setting Up a Social Skills Training Group (2015)</p> <p>gov.ie - National Educational Psychological Service (NEPS) Guidelines, Tips and Handouts for Parents and Teachers (www.gov.ie)</p>	<p>This guide provides information for primary schools on starting and running a social skills training group. It also provides information about social skills programmes that were evaluated as effective as part of a two year action research project that took place in Waterford.</p>	<p>Department of Education (NEPS)</p>
<p>Zippy's Friends</p> <p>www.partnershipforchildren.org.uk</p>	<p>The Zippy's Friends Programme is designed to promote the emotional well-being of children aged five to eight years by increasing their repertoire of coping skills. For further information about programmes that may be running in your locality, contact HSE health promotion or your school's NEPS psychologist.</p>	<p>HSE</p>
<p>Mind Yourself</p> <p>Mind Yourself Instructional Videos Mind Yourself Reading Guide Mind Yourself Resource Pack</p>	<p>The Mind Yourself instructional videos, reading guide and resource pack were designed to scaffold conversations about feelings, emotions and wellbeing through children's books.</p>	<p>Children's Books Ireland</p>
<p>Professional Development Service for Teachers</p> <p>https://pdst.ie/primary/health-wellbeing</p>	<p>This page provides information and resource documents on all areas of Health and Wellbeing at Primary Level - PE, SPHE, RSE, Stay Safe, Child Protection, Anti-Bullying, Restorative Practice and Teacher Wellbeing.</p>	<p>PDST</p>
<p>Using research on Wellbeing in our school</p> <p>https://www.teachingcouncil.ie/website/en/research-h-croi/using-research-in-our-school/wellbeing/</p>	<p>This section of the Teaching Council website contains resources focused on the theme of wellbeing. It contains a webinar, an e-zine and e-books, all on the topic of wellbeing</p>	<p>The Teaching Council</p>
<p>Children's Books for Wellbeing</p> <p>https://www.pdst.ie/sites/default/files/Children%27s%20Books%20for%20Wellbeing%20.pdf</p>	<p>This document explores how picture books and novels may be used to support wellbeing.</p>	<p>PDST</p>
<p>Beyond the Classroom – Physical Literacy Resource</p>	<p>This resource was developed to support the development of Physical Literacy and Fundamental Movement Skills outside of the PE classroom. The Beyond the Classroom materials are</p>	<p>PDST Health and Wellbeing</p>

<p>This resource is available to access digitally and download from https://www.scoilnet.ie/pdst/physlit/beyond/</p>	<p>designed to complement the activities that your child's teacher is using in school using the Move Well, Move Often Physical Literacy resource. The activities outlined in this resource can be completed inside the home or outside in whatever space is available to the child. Each activity contains a warm-up, an opportunity to practise a fundamental movement skill, a home challenge and a task to complete in the child's PE journal.</p>	
<p>120 Non-contact activities for Physical Education across the Primary School</p> <p>This resource is available to access digitally and download from www.scoilnet.ie/pdst/120noncontactpe/</p>	<p>This resource has been developed to support the teaching of Physical Education across the primary school. Activities are generic and can be used to support learning in any strand. The activities are designed to be non-contact in nature, to ensure social distancing in PE</p>	<p>PDST Health and Wellbeing</p>
<p>Physical Education Homework - Active Every Day</p> <p>This resource is available to access digitally and download from https://www.scoilnet.ie/pdst/pehomework/</p>	<p>This resource has been developed by primary teachers share with parents to bring children's Physical Education experience home. The PE Homework - Active Every Day activities are designed to complement the activities that the child is learning in school. The activities outlined in this resource can be completed inside the home or outside in whatever space is available to the child. All activities can be completed individually by the child, or they can be adapted to include family members, neighbours or friends. This resource is designed to be fun and engaging for the child. These activities support children to develop healthy lifestyle habits that will support their wellbeing in body and mind.</p>	<p>PDST Health and Wellbeing</p>
<p>Movement in the Classroom</p> <p>This resource is available to access digitally and download from https://www.pdst.ie/sites/default/files/Movement%20in%20the%20Classroom%2020.10.20.pdf</p>	<p>Using movement breaks at intervals throughout the day offers participants the opportunity to re-energize their body while giving the brain the time it needs to process learning and prepare for future learning.</p>	<p>PDST Health and Wellbeing</p>
<p>Parents - Supports and Resources</p>		

NEPS Wellbeing Information for Parents www.gov.ie	Advice and Information for parents on supporting their child's wellbeing.	Department of Education (NEPS)
Stress Control www.stresscontrol.ie	A 6 session online evidence-based programme that teaches you practical skills to deal with stress. A resource that can be shared with parents to help them through stressful situations.	HSE
Transition from Preschool to primary (2020) gov.ie - Guidance for Parents of children transitioning from Pre-school to Primary School (www.gov.ie)	Guidance document for parents of children transitioning into primary school.	Department of Education (NEPS)
Let's Get Ready website(2020) gov.ie/letsgetready	Resources for children and families to support young children and their parents/guardians plan for the transition to pre-school or primary school later this year. Let's Get Ready includes guidance for parents on practical steps they can take to support their children over the coming months and tips on what children and parents can expect on their transition to pre-school and primary school	DCEDIY
Relationships and Sexuality Education in Primary School – Tips for Parents https://www.pdst.ie/sites/default/files/RSE%20in%20Primary%20School%20Parent%20Tips.pdf	This document provides information for parents on RSE as well as tips for talking to their children about RSE.	PDST
Social, Personal and Health Education in Primary School – Tips for Parents https://www.pdst.ie/sites/default/files/Primary%20SPHE%20Tips%20for%20Parents.pdf	This document provides information for parents on SPHE and how parents can develop SPHE at home.	PDST

<p>Making the 'Big Talk' many small talks.</p> <p>www.healthpromotion.ie</p>	<p>"Making the 'Big Talk' many small talks" is a series of resources developed to help parents to talk with their children about relationships and sexuality. They may also be useful for teachers.</p> <p>For parents of children aged 4-7 and for parents of children aged 8-12.</p>	HSE
<p>NCCA's SPHE/RSE Toolkit (curriculumonline.ie)</p> <p>Helping your child learn about consent</p>	<p>This document offers practical advice to parents about how to support their child's learning about consent as a core principle relevant to all interpersonal relationships.</p>	
<p>Busy Bodies Booklet</p> <p>https://www.sexualwellbeing.ie/for-parents/busy-bodies-english-language.pdf</p>	<p>A resource for schools and parents on supporting young people through puberty.</p>	HSE
Physical Education/Physical Activity		
<p>The Physical Education (PE) Curriculum Primary:</p> <p>https://www.curriculumonline.ie/getmedia/ca8a385c-5455-42b6-9f1c-88390be91afc/PSEC05_Physical-Education_Curriculum.pdf</p>	<p>Implementation of the Physical Education Curriculum Primary is mandatory. The curriculum is divided into six strands: • Athletics • Dance • Gymnastics • Games • Outdoor and adventure activities • Aquatics and is outlined in this curriculum document</p>	NCCA
<p>Physical Activity Resources for Primary School Teachers</p> <p>https://www.hse.ie/eng/about/who/healthwellbeing/hse-education-programme/training-and-resources-for-primary-school-teachers/physical-activity-training-and-resources-for-primary-school-teachers.html</p>	<p>Resources to support physical activity in schools:</p> <ul style="list-style-type: none"> • Get active In the classroom • Active playgrounds • Get your school walking 	HSE
Pupil Voice		

Listening to Children and Young People (2016) gov.ie - National Educational Psychological Service (NEPS) Guidelines, Tips and Handouts for Parents and Teachers (www.gov.ie)	This resource was developed to support adults in their work with challenging and vulnerable children and young people.	DE/NEPS
Our voices Our school https://www.ourvoicesourschools.ie/	Our Voices Our Schools is the outcome of a decision made by Comhairle na nÓg National Executive 2016 – 17 to focus specifically on equality in the school setting. It is a resource for schools to support listening to and involving young people in decision making about matters that affect them in school.	DCYA Comhairle na nÓg
Restorative Practice		
Restorative Practice resources https://www.pdst.ie/post-primary/health-wellbeing/restorative-practice	This page contains information and resources on Restorative Practice which promotes and enhances skills such as the ability to empathise and to find solutions to specific problems. This practice allows for building trust between and with people.	PDST
RSE/SPHE		
SPHE/RSE Toolkit https://www.curriculumonline.ie/Primary/Curriculum-Areas/Social-Personal-and-Health-Education/SPHE-RSE-Toolkit/	The toolkit aims to provides teaching and learning resources and guidance to support teachers in preparing for and teaching SPHE/RSE	NCCA
Primary SPHE https://www.pdst.ie/SPHE	This page provides a number of resources to support the teaching and learning of SPHE to include an E-learning programme for teachers.	PDST
Webinar: Relationships and Sexuality Education for Primary Schools: A Look at Resources https://www.pdst.ie/node/811	This webinar highlights the practical resources that are available to support teaching and learning in the Relationships and Sexuality Education (RSE) element of SPHE and outlines a range of new resources developed to support the teaching of the sensitive elements of RSE,	PDST

	including our new Busy Bodies workbook and the Advice for Parents document.	
Busy Bodies www.healthpromotion.ie	A resource for schools and parents on supporting young people through puberty	HSE
Making the 'Big Talk' many small talks. www.healthpromotion.ie	<p>"Making the 'Big Talk' many small talks" is a series of resources developed to help parents to talk with their children about relationships and sexuality. They may also be useful for teachers.</p> <ul style="list-style-type: none"> For parents of children aged 4-7. <p>For parents of children aged 8-12.</p>	HSE
Support available on NCCA's SPHE/RSE Toolkit (curriculumonline.ie) Teaching about consent Video: Supporting children and young people living with Domestic Violence and Abuse	<p>The document 'Teaching about consent' aims to support teachers in teaching about consent as a core principle relevant to all interpersonal relationships.</p> <p>The video 'Supporting children and young people living with Domestic Violence and Abuse', developed with Barnardos, presents information on DVA and offers practical advice on supporting children and young people.</p>	NCCA, NCCA & Barnardos
School Leadership		
Leadership and management in Primary schools Circulars Leadership and Management in Primary Schools (circulars.gov.ie) OR https://www.gov.ie/en/circular/cefd68-recruitmentpromotion-and-leadership-for-registered-teachers-in-recog/	This circular sets out a leadership and management framework for posts in recognized primary schools. This circular supersedes all previous circulars, memoranda, rules and regulations in relation to posts of responsibility, including Circulars 063/2017, 039/2014 and 07/2003.	Department of Education
Centre for School Leadership	The vision of the CSL is to create a community of school leaders, who feel supported and valued as professionals	CSL

https://www.csireland.ie/	and who have access to high quality continuous professional development.	
Professional Development Service for Teachers https://www.pdst.ie/primary/leadership	Information on the range of supports and training available through the PDST.	PDST
Reluctant Attendance/ School Refusal Behaviour		
School Refusal – Good Practice Guide (HSE/NEPS, 2015): gov.ie - National Educational Psychological Service (NEPS) Guidelines, Tips and Handouts for Parents and Teachers (www.gov.ie)	This pack is intended to support students, parents and schools in working together to prevent school refusal occurring. In addition, if school refusal does happen, this pack attempts to seek and provide successful solutions so that the student can once again become part of the school community and enjoy a positive experience of school.	DE/ NEPS & HSE
School Staff Wellbeing		
The Employee Assistance Service provided by Spectrum Life provides the following services: <ul style="list-style-type: none"> • Dedicated free-phone confidential helpline available 24 hours per day, 7 days per week 365 days per year. • Bespoke wellbeing portal • Spectrum Life webinars • Promote staff wellbeing in the workplace with a focus on prevention • Mental Health Promotion Manager available for wellbeing promotion • Support Programme for Managers • Short-term counselling for individuals gov.ie - Employee Assistance Service for school staff in recognised primary and post-primary	The EAS provides advice to employees on a range of issues including wellbeing, legal, financial, bereavement, conflict, mediation etc. The EAS also provides advice and support to managers and delivers interventions to help them deal with health and wellbeing issues in the workplace.	Department of Education/ Spectrum Life

schools (www.gov.ie)		
PDST Wellbeing at work: Teacher Wellbeing section https://pdst.ie/teacher-wellbeing	This page contains a number of resources to support teacher wellbeing.	PDST
Take Care of You: Teacher Wellbeing https://www.teachingcouncil.ie/en/about-us/1/take-care-of-you-tabhair-aire-duit-fein/	The Teaching Council website provides a list of supports and resources to support the wellbeing of teachers, including personal, professional and financial supports.	The Teaching Council
Special Educational Needs		
NEPS Continuum of Support Guidelines and Documents: https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Resources-Publications.html	This page contains resources for students with additional educational needs at Primary level. Documents include : <ul style="list-style-type: none"> • Continuum of Support Guidelines for Teachers • Continuum of Support Resource Pack for Teachers • Behavioural, Social and Emotional Difficulties – information guide for primary schools & Continuum of Support Guidelines for Teachers 	Department of Education/NEPS
National Council for Special Education www.ncse.ie	The NCSE website provides information for schools about resources and professional development for teachers working with students with additional educational needs.	NCSE
Transitions		
Transition from Preschool to primary (2020) gov.ie - Guidance for Parents of children transitioning from Pre-school to Primary School (www.gov.ie)	Guidance document for parents of children transitioning into primary school	Department of Education/NEPS

<p>Guidance to support the effective management of transitions from early learning and care (ELC) settings to primary school – (June 2021)</p> <p>https://www.gov.ie/en/publication/bd74b-guidance-to-support-the-effective-management-of-transitions-from-early-learning-and-care-elc-settings-to-primary-school-june-2021/</p>	<p>This document provides advice for primary school leaders and teachers in supporting the transition of pupils into primary education. It also considers the transition of pupils from class to class, including special class settings, within the primary school.</p>	DE
<p>Mo Scéal</p> <p>Mo Scéal NCCA</p>	<p>Pre-school to primary transition support materials</p>	NCCA
<p>Lets Get Ready website(2020)</p> <p>gov.ie/letsgetready</p>	<p>Resources for children and families to support young children and their parents/guardians plan for the transition to pre-school or primary school later this year.</p> <p>Let's Get Ready includes guidance for parents on practical steps they can take to support their children over the coming months and tips on what children and parents can expect on their transition to pre-school and primary school</p>	Department of Children, Equality, Disability, Integration and Youth
<p>Transfer from Primary to Post-primary (2015)</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Transfer-from-Primary-to-Post-primary/</p>	<p>This resource includes a NEPS transfer profile, a resource pack outlining how to prepare students with additional needs for the transition from primary to post primary school and a sample of transfer programmes and workbooks.</p>	Department of Education/NEPS
<p>Transition to Post Primary</p> <p>https://www.sess.ie/resources/transition-primary-post-primary</p>	<p>Information and resources on Transition to post primary school.</p>	NCSE

Education Passport (NCCA, 2014): https://ncca.ie/en/primary/reporting-and-transfer/education-passport/	The Education Passport materials support the transfer of pupil information from primary to post-primary school. From 2014/2015, schools should use these materials.	NCCA
Preschool to primary transition support material https://ncca.ie/en/early-childhood/mo-sc%C3%A9al/	Preschool to primary support materials	NCCA
Supports for pupils from the Ukraine from the Ukraine		
https://www.gov.ie/en/service/5ef45c-neps/#wellbeing-supports-for-students-from-the-ukraine	The National Educational Psychological Service (NEPS) has developed resources to assist schools in supporting students.	Department of Education (NEPS)