




Section 1: Nomination Form	
Board Officer Position (See list on page 1)	Member Officer
Name of nominee for position above	Ruth Larragy

Section 2: Nominee Information
Each candidate being nominated should complete this information section in full. This information will be circulated to the membership in advance of the AGM following assessment by the Nominations Panel to give members an insight into candidates background, experience, qualifications and skills.

PLEASE INSERT PICTURE/HEADSHOT HERE
<b>Background/Bio (249 words or max)</b> <ul style="list-style-type: none"><li>Science background, work for Bristol Myers Squibb (BMS) for the past 2.5 years and am currently a technical lead for a Quality Control Group. BMS are a global biopharmaceutical firm with operations in Mulhuddart, Dublin 15. Within BMS I am responsible for ensuring the transfer of new products to BMS Ireland and commercial release of drug product to market is compliant with health authority requirements, to ensure patient safety.</li><li>WAG WTC member for a number of years and involved in WAG judging in Ireland for circa 15 years. Responsible for the delivery and assessment of WAG Level 1 and 2</li></ul>



<p>Nations, Celtic Cup, Flanders International Team Challenge etc.).</p> <ul style="list-style-type: none"> <li>• Committee member of my local gymnastics club 'Excel Gymnastics', an inclusive club with participation in multiple Gymnastics Ireland disciplines at all levels, WAG, MAG, Acro and Rythmic.</li> </ul>	
<p><b>Sporting Background/History</b></p> <ul style="list-style-type: none"> <li>• Have an extensive history competing in Swimming and Gymnastics at a high level in Ireland until my late teens.</li> <li>• Currently involved in athletics through Athletics Ireland, having taken up pole vault in the last 3 years.</li> <li>• Enjoy and watch all sports, winter and summer disciplines.</li> </ul>	
<p><b>Reason for wanting to join GI board/Vision for GI Future</b></p> <p>I have been involved in gymnastics for most of my life, first as a gymnast and now as an active judge. I am very excited about the future of gymnastics in Ireland having watched the evolution of the sport over the past number of years. I believe my experiences and perspective will help the organisation to continue their exciting work. I would be honoured to have an opportunity to carry on the incredible work of the current Gymnastics Ireland board to continue and develop the sport for all in Ireland over the coming years.</p>	
<p><b>Qualifications/experience as relates to the nominated Board role</b></p> <ul style="list-style-type: none"> <li>• Committee member of Excel Gymnastics.</li> <li>• International WAG Brevet Judge.</li> <li>• Ph.D molecular biology/biochemistry 2013 – Dublin City University</li> </ul> <p>Through my various roles in gymnastics I believe I have a strong, in-depth knowledge of the sport. As a result I feel I can make a valuable contribution to the future development of the organisation. My professional career ensures I am always looking forward to the ultimate goal with focus on the intermediate steps required to bring these to fruition.</p>	
<p align="center"><b>Section 3: Endorsements</b></p> <p align="center"><b>Please list endorsements of other candidates below...</b></p>	
<b>Candidate Name</b>	<b>Board Position</b>
Shane O'Connor	Chair



<b>Mairead Kavanagh</b>	<b>Deputy Chair</b>
<b>Amanda Kinahan</b>	<b>Company Secretary</b>
<b>Colm Murray</b>	<b>Membership Representative Officer</b>
<b>Andrew Coulter</b>	<b>Member Officer</b>
<b>Ruth Larragy</b>	<b>Member Officer</b>
<b>Roddy Guiney</b>	<b>Independent Officer</b>
<b>Lynne Darcy</b>	<b>Independent Officer</b>
<b>Flavius Kozci</b>	<b>Membership Representative Officer</b>