

# Disability Club Inclusion Project 2019

## Guidelines

To follow on from 2018, we are delighted to confirm that the 12-month Disability Club Inclusion Project, supported by the Sport Ireland Dormant Account Fund (DAF), will be rolled out again during 2019.

Our GymABLE mission statement is “To value the ability and individuality of all people with a disability by taking all reasonable steps to provide each individual with the opportunities they need to reach their full potential as active gymnastics participants within an inclusive environment”. A key part of supporting our mission statement is assisting clubs to develop their Disability Programmes.

This year the project will focus on two distinct areas:

- (1) Part 1: Funding for Coach Education
- (2) Part 2: Funding for Club Disability Programme Development

**Please see details below.**

All clubs are invited to access funding for both or either part of the project by filling out the official ‘Expression of Interest’ forms provided.

\*Please note:

- Clubs who previously participated in this project are welcome to apply to participate again this year
- Clubs may apply for both parts of the project (Part 1 and Part 2)
- For any club that is successfully recruited for Part 2 (The Club Inclusion Programme Development), they will receive funding towards coach education for this part of the project only.

Please email all submissions to the GI Administration on [ask@gymnasticsireland.com](mailto:ask@gymnasticsireland.com)  
Should you have any questions, please contact Aimi Baker, Participation Manager  
[aimi@gymnasticsireland.com](mailto:aimi@gymnasticsireland.com)

**Closing Date for receipt of Expression of Interest Form is Friday 22<sup>nd</sup> March 2019**

## Part 1: COACH EDUCATION – Funding Application

The key objective is to provide as many of our member clubs as possible with the opportunity to access disability training for coaches through (i) CARA Training Courses/ Workshops and (ii) GI's Gymnastic Disability Awareness Module.

The funding will support **5 coaches** to attend:

(A) CARA Disability Inclusion Training Course or Autism in Sport Course.

AND

(B) Gymnastics Ireland Disability Awareness Module

There will be approx. 3 modules run on different dates during the year (see dates below).

- Sunday 14<sup>th</sup> April 2019
- Sunday 3<sup>rd</sup> November 2019
- Sunday 1<sup>st</sup> December 2019

### **How to we apply?**

1. Fill out the GI expression of interested form provided
2. Return to GI administration on [ask@gymnasticsireland.com](mailto:ask@gymnasticsireland.com) with “GymABLE Coach Education” in the subject box.
3. Clubs will be notified if they are successful.

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## Part 2: CLUB INCLUSION PROGRAMME DEVELOPMENT – Funding Application

The focus is supporting clubs to develop/ further develop disability programmes within their club structure. The programme consists of:

- a) Funding for coaching hours, venue hire/costs and participant GI membership (one year)
- b) Funding for Coach Education (see Part 1. above)

### a) Coaching Hours, Hall Hire/Costs and Participant Membership Funding:

Each club will receive funding to support:

- ❖ **Coaches Fees:** Coaches fees are worked out based on €20 per hour, for an 8-week programme of one hour per week, involving 4 coaches. The total amount is €640.

Note: Clubs may proportion out the money to fit with their programme e.g. involve more coaches and pay less per hour etc. The total amount received by each club for coach's fees will be €640.00

- ❖ **Venue Hire/Running Costs:** This is worked out on a basis of €20 per hour x 8 hours for an 8-week programme. The total amount received by each club for venue costs will be €240.
- ❖ **Participant Membership (one year):** Recreational membership will be covered for each participant, up to a maximum of 20 participants. Clubs will need to sign up these new participants as per any other recreational club member, and clubs will then receive a credit note onto their account for this total amount. These additional members will not affect a clubs' insurance band.

### b. Coach Education Funding:

- Clubs who apply for the Club Inclusion Development Programme will also receive the Coach Education Funding, as per Part 1.

**\*PLEASE NOTE:** Should clubs apply for BOTH PARTS of the programme (Part 1- Coach Education & Part 2- Club Inclusion Programme Development), training will only be provided for one or other.

**Expectation of Clubs:**

**Clubs will ...**

- link up with/ work with a local disability group
- liaise with their Local Sports Partnerships
- run an 8-week programme within their club (this can obviously be extended depending on the clubs set up & plans)
- provide post programme feedback
- provide GI with news feeds & updates throughout the programme

**How do we apply?**

1. Fill out the GI expression of interest form provided,
2. Return to GI administration on [ask@gymnasticsireland.com](mailto:ask@gymnasticsireland.com) with “GymABLE Club Inclusion Programme Development” in the subject box.
3. Clubs will be notified if they are successful.

**Closing Date for receipt of Expression of Interest Form is Friday 22<sup>nd</sup> March 2019.**

**END**