

# Gluten free Lunch

• HOME COOKED FOOD •

## • Lite Bites •

**COD AND CHIPS 7.95**

Served with dressed salad and mushy peas

**HALF RACK BBQ RIBS 7.95**

Served with fries and pickled slaw

**HAM AND EGG 7.95**

Served with thick cut chips, salad and peas

**LIVER AND BACON 7.95**

Slices of lambs liver in a homemade gravy on a bed of mash topped with red onion chutney and vegetables

**VEGETABLE TAGINE (VG) 7.95**

Sweet potato, peppers and mixed vegetables in a spiced tomato sauce served with rice and pitta bread

**SWEET POTATO FALAFEL (VG) 7.95**

Sweet potato falafel served with red pepper rice, pitta bread and salad

**GRILLED HALLOUMI (V) 7.95**

Slices of halloumi served with thick cut chips, salad and tomato salsa

**GAMMON STEAK 7.95**

5oz Horseshoe Gammon steak topped with egg and pineapple served with thick cut chips, salad and peas

## Gluten free roll

*Served with fries and dressed salad*

**TUNA MAYONNAISE (V) 7.50**

**CHEESE AND CARAMELISED ONIONS (V) 7.50**

**CHICKEN, BACON AND GARLIC  
MAYONNAISE 7.50**

**BATTERED HALLOUMI AND CHILLI JAM  
(V) 7.50**

**BATTERED COD GOUJONS AND TARTAR  
SAUCE 7.50**

**STEAK AND ONION 7.95**

## • Jacket potatoes •

**BEANS AND CHEESE (V) 6.95**

Served with dressed salad

**TUNA MAYONNAISE (V) 6.95**

Served with a dressed salad

**CHEESE AND CARAMELISED ONIONS (V) 6.95**

Served with a dressed salad

**VEGETABLE JALFREZI (VG) 6.95**

Served with dressed salad

**MIXED BEAN CHILLI (VG) 6.95**

Served with a dressed salad

If you have any intolerance's or allergies please speak to a member of staff and state when ordering.