

## The Ship Inn Allergy Menu

Welcome to our allergy information menu, which has been designed to assist you to make your own decisions on the food you wish to order. The descriptions on our general menu's do not include all ingredients or allergens so please always check the allergy menu to identify suitable dishes. Our guest's health and wellbeing is our priority, so please let a member of our team know if you have an allergy or are sensitive to any particular ingredient – even if you have eaten the same dish with us before and our team will take every possible precaution to prevent cross contamination. Please be aware however that we do not have a designated 'separate food preparation area' for allergy dishes.

### KEY:

Nuts **N**

Cereals containing Gluten **CG**

Milk **M**

Celery/Celeriac **CEL**

Lupin **L**

Eggs **E**

Fish **F**

Peanuts **P**

Crustaceans **CR**

Molluscs **MOL**

Sulphur Dioxide **SD**

Mustard **MUS**

Sesame **S**

Soybeans **SOY**



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## To Begin

**BreadsCG and olives with dipping oils and butterM.....** £9.25

**Garlic breadCG.....** £4.75

**Cheesy garlic breadCG,M....** £5.95

**Roasted flat mushroom, bacon and brie stack.....** £7.95

Roasted flat mushroom topped with chargrilled bacon and creamy brieM on local watercress dressed with balsamic syrup

**Traditional prawn salad.....** £8.50

PrawnsCR in marie rose sauceE on mixed lettuce leaves with malted brown breadCG and butterM

**Duck and orange pate.....** £7.95

Duck and orange pateM(may contain Nut – Hazelnut/Walnut) served with our homemade red onion chutneyCG, granary toastCG and butterM

**Hand breaded halloumi fingers.....** £8.95

Hand breaded Halloumi fingersCG,M on cherry tomato, red onion and balsamic chutneySD

**Baked camembert – to share.....** £14.95

Whole baked camembertM with our homemade red onion chutneyCG, crusty baguette and baked flatbreadCG & butter

**Slow roasted hot honey pork belly.....** £7.95

Slow roasted hot honey pork belly, with water cress and cheesy garlic breadCG, M

## Ploughman's Boards

Served with mixed salad garnish, coleslawE, pickled onionsCG,SD, pickled eggE, gherkinsMUS, apple, sweet pickleCG,SD and crusty breadCG & butterM

### Choose from

Mature cheddarM, blue stiltonM, brieM, goats cheeseM, home cooked ham, hot sausageCG,SD, duck and orange pateM(may contain N hazelnut/walnut)

1 item - £13.75

2 item – £15.25

3 item - £17.25

Everything - £19.50

## On the Side

Chips £4.50

Cheesy chipsM £5.95

Large cheesy chipsM £8.95

Side salad with coleslawE £2.95

Beer battered onion rings £4.50CG

Hot baguetteCG and butterM £2.25

Sweet potato fries £5.75

## The Main Event

### **Ham and eggs ..... £15.50/SA£13.50**

Home cooked, hand carved ham, double egg<sup>E</sup> (single egg for SA) and chunky chips served with mixed leaf salad and homemade coleslaw<sup>E</sup>

### **Dorset lamb chops..... £19.25**

Trio of Dorset lamb chops on chive mashed potatoes<sup>M</sup> with a red onion and fresh mint gravy<sup>SD</sup>

### **Breaded wholetails of scampi..... £15.95/SA £13.95**

Breaded<sup>CG</sup> wholetails of scampi<sup>CR</sup> with homemade tartare sauce<sup>E</sup>, chunky chips, mixed leaf salad and homemade coleslaw<sup>E</sup>

### **Hand battered fish and chips..... £18.95**

Own recipe hand battered<sup>CG</sup> fillet of fresh fish<sup>F</sup> served with chunky chips, mushy peas and homemade tartare sauce<sup>E</sup> and salad garnish (may contain small bones)

### **‘Ship Inn’ chargrilled chicken and chorizo..... £19.95**

Chargrilled chicken breast, crushed garlic butter new potatoes and topped with our famous creamy chorizo and flat mushroom sauce<sup>M</sup>, served with a selection of fresh vegetables

### **‘Taylor’s of Wool’ Faggots..... £16.95**

Faggots, locally made by our village butcher <sup>CG</sup> served with creamy mashed potato<sup>M</sup> and onion gravy served with a selection of fresh vegetables

### **Spiced red lentil and mixed bean stew.... £15.95**

Spiced red lentil and mixed bean stew served with parsley and black pepper rice, served with dressed watercress and red onion salad

### **Roasted cauliflower, cumin, chickpea and goats cheese tart.... £19.75**

Roasted cauliflower, cumin and chickpea and goats cheese<sup>M</sup> shortcrust tart<sup>CG</sup> on roasted broccoli and topped with garlic butter

### **Lasagne verdi.... £15.95**

Creamy spinach and flat mushroom lasagne verdi<sup>CG,M</sup> topped with classic cheddar cheese bechamel sauce<sup>M</sup> with mixed salad, coleslaw<sup>E</sup> and garlic bread<sup>CG,M</sup>

## From the Chargrill

**10oz Rump steak.....** £19.50

**12oz Ribeye steak.....** £28.95

**8oz Gammon steak with egg E or pineapple.....** £17.95

**Hot Honey butterflied chicken breast.....** £16.95

All are served with chips, roasted flat mushroom, grilled tomato and local watercress

**'Surf and turf upgrade' add breaded CG,CEL,SOY,M,MOL butterflied king prawns**

**CR.....** £4.50

**Beer battered onion rings.....** £4.50**CG**

**Handmade steak burgerCG,SD....** £14.25

**Chargrilled chicken burgerCG.....** £16.25

**Spinach, red pepper and coriander falafel burger.....** £13.75

All burgers are served in a brioche bun**CG** with mixed salad garnish, coleslaw**E** and chips

**Sweet potato fries upgrade... £3.75**

**Add topping....** £1.30 each – Bacon, onion rings**CG**, mushroom, hash browns

**Add cheese.....** £1.25 each – Mature cheddar**M**, Brie**M**, Blue stilton**M**, goats cheese**M**

## Younger Crew

**BreadedCG cod goujonsF,** served with chips & a choice of peas or beans £7.95

**Southern friedCG,MUS,CEL chicken strips,** served with chips & a choice of peas or beans £8.50

**Pork bangersCG,SD and mashM with gravy,** served with a choice of peas or beans £9.25

**SausageCG,SD and chips** served with peas or beans £8.25

**Flatbread pizza,** mozzarella**M** & tomato teardrop naan bread**CG** pizza, with a choice of two toppings (choose from ham, mushroom, onion, sausage**CG,SD**, peppers and pineapple) £8.95

**Cheese and tomato pasta** Italian tomato pasta**CG** topped with cheese**M**, served with salad(**E - Coleslaw**) and garlic bread**CG,M** £8.50

**Handmade 1/4lb beef burgerCG** served in a floured bun**CG**, with chips and peas or beans £9.25      Add cheese £1.25**M**

*All children's main courses come with one scoop of standard vanilla, strawberry or chocolate ice cream included**M***

## OVEN BAKED JACKET POTATOES

Cheddar cheese **M** £8.75

Cheddar cheese **M** & beans £9.95

Prawns **CR** in Marie rose sauce **E**  
£10.95

Tuna **F** mayonnaise **E** & sweetcorn  
£10.50

Red lentil & mixed bean chilli  
£11.95

## OVEN BAKED BAGUETTES **CG** £9.95

Prawn in marie rose sauce salad **CR,E**

Tuna mayonnaise **F,E** & sweetcorn

Hand carved ham, tomato & red  
onion chutney

Southern fried chicken **CG,MUS,CEL**  
with black pepper mayo **E**

Breaded **CG** cod goujon **F**, lettuce and  
tartare sauce **E**

Mature cheddar salad **E** and  
Branston pickle **CG,SD**

Hot sausage **CG, SOY, SD** & fried  
onions

## STONEBAKED FLATBREADS **CG** *with a garlic butter base*

Bacon, cranberry & brie **M** £11.95

Spanish chorizo, mixed peppers,  
cheddar **M**, mozzarella **M** and BBQ  
sauce £11.95

Red onion, mixed peppers, goats  
cheese **M**, & chilli jam £12.25

Cheeseburger! Diced ground  
beef **CG,SD**, gherkins, roasted onions,  
cheddar cheese **M** & our own  
burger **MUS,E** sauce £12.95

## HOT BAKED PANINIS **CG** £9.95

Chargrilled bacon & mature  
cheddar **M**

Tuna mayonnaise **F,E** & sweetcorn  
melt **M**

Mature cheddar **M** & onion chutney

Hand carved ham & brie **M**

Chargrilled bacon & blue stilton **M**

Brie **M** mixed peppers & chilli jam

Goats cheese **M** red onions &  
cranberry sauce

All of the above are served with mixed salad garnish and coleslaw **E**