

The Ship Inn Allergy Menu

Welcome to our allergy information menu, which has been designed to assist you to make your own decisions on the food you wish to order. The descriptions on our general menu's do not include all ingredients or allergens so please always check the allergy menu to identify suitable dishes. Our guest's health and wellbeing is our priority, so please let a member of our team know if you have an allergy or are sensitive to any particular ingredient – even if you have eaten the same dish with us before and our team will take every possible precaution to prevent cross contamination. Please be aware however that we do not have a designated 'separate food preparation area' for allergy dishes.

KEY:

Nuts **N**

Cereals containing Gluten **CG**

Milk **M**

Celery/Celeriac **CEL**

Lupin **L**

Eggs **E**

Fish **F**

Peanuts **P**

Crustaceans **CR**

Molluscs **MOL**

Sulphur Dioxide **SD**

Mustard **MUS**

Sesame **S**

Soybeans **SOY**



The Ship Inn, Dorchester Road, Wool, BH20 6EQ

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To Begin

BreadsCG and olives with dipping oils and butterM..... £9.25

Garlic breadCG..... £4.75

Cheesy garlic breadCG,M.... £5.95

Baked camembert – to share..... £14.95

Whole baked camembertM with our homemade red onion chutneyCG, crusty baguette and baked flatbreadCG & butter

Hand breaded halloumi fingers..... £8.95

Hand breaded Halloumi fingersCG,M on sweet chilli jam, leaves and olive oil

Soy ginger and lime shredded chicken..... £8.25

Soy, ginger and lime shredded chickenCG,SOY(may contain CEL,M,E,S) with watercress and cheesy garlic breadCG, M

Traditional prawn salad..... £8.50

PrawnsCR in marie rose sauceE on mixed leaf salad with malted brown breadCG and butter

Duck and orange pate..... £7.95

Smooth duck and orange pateM(may contain Nut – Hazelnut/Walnut) served with our homemade red onion chutneyCG, granary toastCG and butterM

Breaded whitebait..... £7.95

Breaded whitebaitF,CG(may contain MOL), mixed leaves and a citrus herb mayonnaiseE

Ploughman's Boards

Served with mixed salad garnish, coleslawE, pickled onionsCG,SD, pickled eggE, gherkinsMUS, apple, sweet pickleCG,SD and crusty breadCG & butterM

Choose from

Mature cheddarM, blue stiltonM, brieM, goats cheeseM, home cooked ham, hot sausageCG,SD, duck and orange pateM(may contain N hazelnut/walnut)

1 item - £13.75

3 item - £17.25

2 item – £15.25

Everything - £19.50

On the Side

Chips £4.50

Cheesy chipsM £5.95

Large cheesy chipsM £8.95

Side salad with coleslawE £2.95

Beer battered onion rings £4.50CG

Hot baguetteCG and butterM £2.25

Sweet potato fries £5.75

The Main Event

Breaded whotails of scampi..... £16.25/SA £14.25

BreadedCG whotails of scampiCR with homemade tartare sauceE, chunky chips, mixed leaf salad and homemade coleslawE

Hand battered fish and chips..... £18.95

Own recipe hand batteredCG fillet of fresh fishF served with chunky chips, mushy peas and homemade tartare sauceE and salad garnish (may contain small bones)

Ham and eggs £15.95/SA£13.75

Home cooked, hand carved ham, double eggE (single egg for SA) and chunky chips served with mixed leaf salad and homemade coleslawE

‘Taylor’s of Wool’ Faggots..... £16.95

Faggots, handmade locally by our village butcher CG served with creamy mashed potatoM and onion gravy served with a selection of fresh vegetables

‘Ship Inn’ chargrilled chicken and chorizo..... £19.95

Chargrilled chicken breast, crushed garlic butter new potatoes and topped with our famous creamy chorizo and flat mushroom sauceM, served with a selection of fresh vegetables

Spinach and mushroom lasagne.... £16.25

Creamy spinach and flat mushroom lasagneCG,M topped with classic cheddar cheese bechamel sauceM with mixed salad, coleslawE and garlic breadCG,M

Spiced red lentil and mixed bean stew.... £16.25

Spiced red lentil and mixed bean stew served with parsley and black pepper rice, served with dressed watercress and red onion salad

Chargrilled chicken and bacon salad.... £17.95

Chargrilled chicken and bacon salad, with balsamic dressing and coleslawE

Cumin roasted butternut squash, sweet potato and goats cheese salad.... £17.95

Cumin roasted butternut squash, sweet potato and goats cheeseM salad, with French dressingCG and coleslawE

From the Chargrill

Butterflied chicken breast with sage and black pepper butterM..... £17.95

8oz Gammon steak with egg E or pineapple..... £17.95

10oz Rump steak..... £21.95

12oz Sirloin steak..... £28.95

All are served with chips, roasted flat mushroom, grilled tomato and local watercress

'Surf and turf upgrade' add breaded CG,CEL,SOY,M,MOL **butterflied king prawns**

CR..... £4.50

Beer battered onion rings..... £4.50CG

Handmade steak burgerCG,SD.... £14.25

Chargrilled chicken burgerCG..... £16.25

Spinach, red pepper and coriander falafel burger..... £13.75

All burgers are served in a brioche bunCG with mixed salad garnish, coleslawE and chips

Sweet potato fries upgrade... £3.75

Add topping.... £1.30 each – Bacon, onion ringsCG, mushroom, hash browns

Add cheese..... £1.25 each – Mature cheddarM, BrieM, Blue stiltonM, goats cheeseM

Younger Crew

BreadedCG **cod goujons**F, served with chips & a choice of peas or beans £7.95

Southern friedCG,MUS,CEL **chicken strips**, served with chips & a choice of peas or beans £8.50

Pork bangersCG,SD and **mash**M with **gravy**, served with a choice of peas or beans £9.25

SausageCG,SD and **chips** served with peas or beans £8.25

Flatbread pizza, mozzarellaM & tomato teardrop naan breadCG pizza, with a choice of two toppings (choose from ham, mushroom, onion, sausageCG,SD, peppers and pineapple) £8.95

Cheese and tomato pasta Italian tomato pastaCG topped with cheeseM, served with salad(E - Coleslaw) and garlic breadCG,M £8.50

Handmade 1/4lb beef burgerCG served in a floured bunCG, with chips and peas or beans £9.25 **Add cheese** £1.25M

All children's main courses come with one scoop of standard vanilla, strawberry or chocolate ice cream included

OVEN BAKED JACKET POTATOES

Cheddar cheese **M** £8.75

Cheddar cheese **M** & beans £9.95

Prawns **CR** in Marie rose sauce **E**
£10.95

Tuna **F** mayonnaise **E** & sweetcorn
£10.50

Red lentil & mixed bean chilli
£11.95

OVEN BAKED BAGUETTES **CG** £9.95

Mature cheddar salad **E** and
Branston pickle **CG,SD**

Hand carved ham, tomato & red
onion chutney

Tuna mayonnaise **F,E** & sweetcorn

Prawn in marie rose sauce salad **CR,E**

Hot sausage **CG, SOY, SD** & fried
onions

Breaded **CG** cod goujon **F**, lettuce and
tartare sauce **E**

Southern fried chicken **CG,MUS,CEL**
with black pepper mayo **E**

STONEBAKED FLATBREADS **CG** *with a garlic butter base*

Chilli jam, red onions, mixed
peppers, goats cheese **M** £12.25

Spanish chorizo, roasted
mushrooms, cheddar **M**,
mozzarella **M** and BBQ sauce
£11.95

Bacon, cranberry & brie **M** £11.95

Cajun chicken, fried onions,
sweetcorn, mozzarella **M** & hot
honey £12.95

HOT BAKED PANINIS **CG** £9.95

Mature cheddar **M** & onion chutney

Brie **M** mixed peppers & chilli jam

Goats cheese **M** red onions &
cranberry sauce

Chargrilled bacon & mature
cheddar **M**

Chargrilled bacon & blue stilton **M**

Hand carved ham & brie **M**

Tuna mayonnaise **F,E** & sweetcorn
melt **M**

All of the above are served with mixed salad garnish and coleslaw **E**