The Ship Inn Allergy Menu

Welcome to our allergy information menu, which has been designed to assist you to make your own decisions on the food you wish to order. The descriptions on our general menu's do not include all ingredients or allergens so please always check the allergy menu to identify suitable dishes. Our guest's health and wellbeing is our priority, so please let a member of our team know if you have an allergy or are sensitive to any particular ingredient – even if you have eaten the same dish with us before and our team will take every possible precaution to prevent cross contamination. Please be aware however that we do not have a designated 'separate food preparation area' for allergy dishes.

KEY:

Nuts N
Cereals containing Gluten CG
Milk M
Celery/Celeriac CEL
Lupin L
Eggs E
Fish F
Peanuts P
Crustaceans CR
Molluscs MOL
Sulphur Dioxide SD
Mustard MUS
Sesame S
Soybeans SOY



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To Begin

BreadsCG **and olives with dipping oils and butter**M…… £9.25

Garlic breadCG…… £4.75

Cheesy garlic breadCG,M…. £5.95

Baked camembert – to share….. £14.95

Whole baked camembertM with our homemade red onion chutneyCG, crusty baguette and baked flatbreadCG & butter

Hand breaded halloumi fingers……. £8.95

Hand breaded Halloumi fingersCG,M on sweet chilli jam, leaves and olive oil

Hot honey pork belly…. £8.95

Slow roasted smoky pork belly finished with hot honey, served with cheesyM garlic breadCG

Traditional prawn salad…….. £8.50

PrawnsCR in marie rose sauceE on mixed leaf salad with malted brown breadCG and butter

Duck and orange pate….. £7.95

Smooth duck and orange pateM(may contain Nut – Hazelnut/Walnut) served with our homemade red onion chutneyCG, granary toastCG and butterM

Mushroom and bacon stack…….. £8.25

Roasted flat mushroom and chargrilled bacon, topped with brieM on watercress and finished with balsamic syrup

Ploughman's Boards

Served with mixed salad garnish, coleslawE, pickled onionsCG,SD, pickled eggE, gherkinsMUS, apple, sweet pickleCG,SD and crusty breadCG & butterM

Choose from

Mature cheddarM, blue stiltonM, brieM, goats cheeseM, home cooked ham, hot sausageCG,SD, duck and orange pateM(may contain N hazelnut/walnut)

1 item - £13.75
2 item – £15.25
3 item - £17.25
Everything - £19.50

On the Side

Chips £4.50
Cheesy chipsM £5.95
Large cheesy chipsM £8.95
Side salad with coleslawE £2.95
Beer battered onion rings £4.50CG
Hot baguetteCG and butterM £2.25
Sweet potato fries £5.75

The Main Event

Breaded wholetails of scampi..... £16.25/SA £14.25
BreadedCG wholetails of scampiCR with homemade tartare sauceE, chunky chips, mixed leaf salad and homemade coleslawE

Hand battered fish and chips…… £18.95
Own recipe hand batteredCG fillet of fresh fishF served with chunky chips**,** mushy peas and homemade tartare sauceE and salad garnish (may contain small bones)

Ham and eggs ..... £15.95/SA£13.95
Hand carved ham, double eggE (single egg for SA) and chunky chips served with mixed leaf salad and homemade coleslawE

'Taylor's of Wool' Faggots..... £16.95
Faggots, handmade locally by our village butcher CG served with creamy mashed potatoM and onion gravy served with a selection of fresh vegetables

'Ship Inn' chargrilled chicken and chorizo…….. £19.95
Chargrilled chicken breast, crushed garlic butter new potatoes and topped with our famous creamy chorizo and flat mushroom sauceM, served with a selection of fresh vegetables

Spinach and mushroom lasagne.... £16.25
Creamy spinach and flat mushroom lasagneCG,M topped with classic cheddar cheese bechamel sauceM with mixed salad, coleslawE and garlic breadCG,M

Roasted sweet potato and red lentil stew.... £16.25
Lightly spiced sweet potato, red lentil and mixed bean stew served with chive and parsley rice, served with dressed watercress and red onion salad

Venison cobbler.... £18.95
Slow cooked venison cobbler with rosemary and black pepper suet pastryCG, served with a selection of fresh vegetables and chive mashM

Spiced pumpkin and goats cheese tart.... £18.95
Cumin spiced pumpkin, roasted onion, mango chutney and goats cheeseM short crust tartCG, on roasted broccoli with garlic butter

From the Chargrill

Butterflied chicken breast with sage and black pepper butterM**…..** £17.95
8oz Gammon steak with egg E **or pineapple…….** £17.95
10oz Rump steak…… £21.95
12oz Sirloin steak…… £27.95
All are served with chips, roasted flat mushroom, grilled tomato and local watercress
'Surf and turf upgrade' add breaded CG,CEL,SOY,M,MOL **butterflied king prawns** CR**…..** £4.50
Beer battered onion rings….. £4.50CG
Handmade steak burgerCG,SD.... £14.25
Handmade cajun chicken schnitzel burgerCG, M(may contain MUS,SOY,SD)**….** £14.95
Spinach, red pepper and coriander falafel burger..... £13.75
All burgers are served in a brioche bunCG with mixed salad garnish, coleslawE and chips
Sweet potato fries upgrade… £3.75
Add topping.... £1.30 each – Bacon, onion ringsCG, mushroom, hash browns, pulled beef brisket
Add cheese..... £1.25 each – Mature cheddarM, BrieM, Blue stiltonM, goats cheeseM

Younger Crew

BreadedCG **cod goujons**F, served with chips & a choice of peas or beans £7.95

Southern friedCG,MUS,CEL **chicken strips**, served with chips & a choice of peas or beans £8.50

Pork bangersCG,SD **and mash**M **with gravy,** served with a choice of peas or beans £9.25

SausageCG,SD **and chips** served with peas or beans £8.25

Flatbread pizza, mozzarellaM & tomato teardrop naan breadCG pizza, with a choice of two toppings (choose from ham, mushroom, onion, sausageCG,SD, peppers and pineapple) £8.95

Cheese and tomato pasta Italian tomato pastaCG topped with cheeseM, served with salad(E - Coleslaw) and garlic breadCG,M £8.50

Handmade 1/4lb beef burgerCG served in a floured bunCG, with chips and peas or beans £9.25 Add cheese £1.25M

All children's main courses come with one scoop of standard vanilla, strawberry or chocolate ice cream included

OVEN BAKED JACKET POTATOES

Cheddar cheeseM £8.75

Cheddar cheeseM & beans £9.95

PrawnsCR in Marie rose sauceE £10.95

TunaF mayonnaiseE & sweetcorn £10.50

Red lentil & mixed bean chilli £11.95

Pulled smoky beef brisket, roasted onions & cheddar cheeseM £11.95

OVEN BAKED BAGUETTESCG £9.95

Mature cheddar saladE and Branston pickleCG,SD

Hand carved ham, tomato & red onion chutney

Tuna mayonnaiseF,E & sweetcorn

Prawn in marie rose sauce saladCR,E

Hot sausageCG, SOY, SD & fried onions

BreadedCG cod goujonF, lettuce and tartare sauceE

Southern fried chickenCG,MUS,CEL with black pepper mayoE

STONEBAKED FLATBREADSCG

with a garlic butter base

Chilli jam, red onions, mixed peppers, goats cheeseM £12.25

Spanish chorizo, roasted mushrooms, cheddarM, mozzarellaM and BBQ sauce £11.95

Bacon, cranberry & brieM £11.95

Chicken tikka, roasted onions, mango chutney, peppers & mozzarellaM £12.50

HOT BAKED PANINISCG £9.95

Mature cheddarM & onion chutney

BrieM mixed peppers & chilli jam

Chargrilled bacon & mature cheddarM

Chargrilled bacon & blue stiltonM

Hand carved ham & brieM

Tuna mayonnaiseF,E & sweetcorn meltM

Ship Inn 'Reuben's' – Pulled smoky beef brisket, pickles, roasted onions and cheddar cheeseM

All of the above are served with mixed salad garnish and coleslawE