

## The Ship Inn Allergy Menu

Welcome to our allergy information menu, which has been designed to assist you to make your own decisions on the food you wish to order. The descriptions on our general menu's do not include all ingredients or allergens so please always check the allergy menu to identify suitable dishes. Our guest's health and wellbeing is our priority, so please let a member of our team know if you have an allergy or are sensitive to any particular ingredient – even if you have eaten the same dish with us before and our team will take every possible precaution to prevent cross contamination. Please be aware however that we do not have a designated 'separate food preparation area' for allergy dishes.

### KEY:

Nuts **N**

Cereals containing Gluten **CG**

Milk **M**

Celery/Celeriac **CEL**

Lupin **L**

Eggs **E**

Fish **F**

Peanuts **P**

Crustaceans **CR**

Molluscs **MOL**

Sulphur Dioxide **SD**

Mustard **MUS**

Sesame **S**

Soybeans **SOY**



**The Ship Inn, Dorchester Road, Wool, BH20 6EQ**

**01929462247    [shipwool.co.uk](http://shipwool.co.uk)**

## To Start

**Breads**CG and olives with dipping oils and butterM..... £9.25

**Garlic bread**CG..... £4.75

**Cheesy garlic bread**CG,M.... £5.95

**Roasted flat mushroom, bacon and brie stack**..... £7.95

Roasted flat mushroom topped with chargrilled bacon and creamy brieM on local watercress dressed with balsamic syrup

**Traditional prawn salad**..... £8.50

PrawnsCR in marie rose sauceE on mixed lettuce leaves with malted brown breadCG and butterM

**Chicken liver pate**..... £7.95

Chicken liver pateM (TRACES OF NUT) served with our homemade onion chutney, granary toastCG and butterM

**Hand breaded halloumi fingers**..... £8.95

Hand breaded Halloumi fingers(CG,M) with sweet chilli jam

**Baked camembert – to share**..... £14.95

Whole baked camembertM with homemade red onion chutney, crusty baguette and baked flatbreadCG & butter

**Lightly dusted calamari**..... £7.95

Lightly dustedCG calamariMOL with garlic and parsley mayonnaiseE

## Ploughman's Platters

Served with mixed salad garnish, coleslawE, pickled onionsCG,SD, pickled eggE, gherkinsMUS, apple, sweet pickleCG,SD and crusty breadCG & butterM

### Choose from

Mature cheddarM, blue stiltonM, brieM, goats cheeseM, home cooked ham, hot sausageCG,SD, chicken liver pate M (TRACES OF NUT)

1 item - £13.50

2 item – £14.95

3 item - £16.95

Everything - £18.95

## Sides

Chips £4.50

Cheesy chipsM £5.95

Large cheesy chipsM £8.95

Side salad with coleslawE £2.95

Beer battered onion rings £4.50CG

Hot baguetteCG and butterM £2.25

Sweet potato fries £5.50

## The Main Event

### **Ham and eggs ..... £15.50/SA£13.50**

Home cooked, hand carved ham, double egg<sup>E</sup> (single egg for SA) and chunky chips served with mixed leaf salad and homemade coleslaw<sup>E</sup>

### **Chargrilled venison rump..... £19.50**

Chargrilled venison rump on roasted onion mashed potatoes<sup>M</sup> with a cranberry and red wine gravy

### **Breaded wholetails of scampi..... £15.95/SA £13.95**

Breaded<sup>CG</sup> wholetails of scampi<sup>CR</sup> with homemade tartare sauce<sup>E</sup>, chunky chips, mixed leaf salad and homemade coleslaw<sup>E</sup>

### **Hand battered cod and chips..... £18.95**

Hand battered<sup>CG</sup> fillet of fresh cod<sup>F</sup> served with chunky chips, mushy peas and homemade tartare sauce<sup>E</sup> and salad garnish (may contain small bones)

### **‘Ship Inn’ chargrilled chicken and chorizo..... £19.95**

Chargrilled chicken breast, roasted mixed pepper & chive potato galette<sup>M</sup> and topped with our famous creamy chorizo and flat mushroom sauce<sup>M</sup>, served with a selection of fresh vegetables

### **‘Taylor’s of Wool’ Faggots..... £16.50**

Faggots, locally made by our village butcher <sup>CG</sup> served with creamy mashed potato<sup>M</sup> and onion gravy served with a selection of fresh vegetables

### **Spiced red lentil and mixed bean stew.... £15.95**

Spiced red lentil and mixed bean stew served with parsley and black pepper rice, served with dressed watercress and red onion salad

### **Butternut squash, sweet potato and goats cheese tart.... £19.95**

Roasted butternut squash, sweet potato, cumin and pumpkin seed shortcrust tart<sup>CG,M</sup>(may contrain traces of EGG) topped with goats cheese<sup>M</sup> on roasted broccoli and garlic butter

### **Vegetable Lasagne.... £15.50**

Creamy spinach and flat mushroom lasagne verdi<sup>CG,M</sup> topped with classic cheddar cheese bechamel sauce<sup>M</sup> with mixed salad, coleslaw<sup>E</sup> and garlic bread<sup>CG,M</sup>

## From the Grill

**10oz Sirloin steak.....** £26.95

**8oz Gammon steak with egg E or pineapple.....** £17.95

Steaks are served with chips, roasted flat mushroom, grilled tomato and local watercress

**Butterflied chicken breast.....** £16.25

**'Surf and turf upgrade' add breaded CG,CEL,SOY,M,MOL butterflied king prawns CR.....** £4.50

**Beer battered onion rings.....** £4.50CG

**Handmade steak burgerCG,SD....** £14.25

**Chargrilled chicken burgerCG.....** £16.25

**Spinach, red pepper and coriander falafel burger.....** £13.50

All burgers are served in a brioche bunCG with mixed salad garnish, coleslawE and chips

**Sweet potato fries upgrade... £3.75**

**Add topping....** £1.30 each – Bacon, onion ringsCG, mushroom, hash browns

**Add cheese.....** £1.25 each – Mature cheddarM, BrieM, Blue stiltonM, goats cheeseM

## Little Skippers

**BreadedCG cod goujonsF,** served with chips & a choice of peas or beans £7.95

**Southern friedCG,MUS,CEL chicken strips,** served with chips & a choice of peas or beans £8.50

**Pork bangersCG,SD and mashM with gravy,** served with a choice of peas or beans £8.95

**SausageCG,SD and chips** served with peas or beans £8.25

**Flatbread pizza,** mozzarellaM & tomato teardrop naan breadCG pizza, with a choice of two toppings (choose from ham, mushroom, onion, sausageCG,SD, peppers and pineapple) £8.95

**Cheese and tomato pasta** Italian tomato pastaCG topped with cheeseM, served with salad(E - Coleslaw) and garlic breadCG,M £8.50

**Handmade 1/4lb beef burgerCG** served in a floured bunCG, with chips and peas or beans £8.95      Add cheese £1.25M

*All children's main courses come with one scoop of standard vanilla, strawberry or chocolate ice cream includedM*

## OVEN BAKED JACKET POTATOES

Cheddar cheese **M** £8.75

Cheddar cheese **M** & beans £9.95

Prawns **CR** in Marie rose sauce **E**  
£10.95

Tuna **F** mayonnaise **E** & sweetcorn  
£10.50

Red lentil & mixed bean chilli  
£11.95

## OVEN BAKED BAGUETTES **CG** £9.95

Prawn in marie rose sauce salad **CR,E**

Tuna mayonnaise **F,E** & sweetcorn

Hand carved ham, tomato & red  
onion chutney

Southern fried chicken **CG,MUS,CEL**  
with black pepper mayo **E**

Breaded **CG** cod goujon **F**, lettuce and  
tartare sauce **E**

Mature cheddar salad **E** and  
Branston pickle **CG,SD**

Hot sausage **CG, SOY, SD** & fried  
onions

## STONEBAKED FLATBREADS **CG** *with a garlic butter base*

Chicken tikka **CG** roasted onions,  
mango chutney, cheddar **M** &  
mozzarella **M** £12.95

Bacon, cranberry & brie **M** £11.50

Spanish chorizo, roasted peppers,  
cheddar **M**, mozzarella **M** and BBQ  
sauce £11.95

Red onion, mixed peppers, goats  
cheese **M**, & chilli jam £12.25

## HOT BAKED PANINIS **CG** £9.95

Chargrilled bacon & mature  
cheddar **M**

Tuna mayonnaise **F,E** & sweetcorn  
melt **M**

Mature cheddar **M** & onion chutney

Hand carved ham & brie **M**

Chargrilled bacon & blue stilton **M**

Brie **M** mixed peppers & chilli jam (?)

Goats cheese **M** red onions &  
cranberry sauce

All of the above are served with mixed salad garnish and coleslaw **E**