



@ **True Lovers Knot**

## Nibbles £4

Mixed Olives (v) Pea & Mint Falafels (v)  
Crusty Bread with sea salt butter (VG)

**33% off food Monday's** (coming soon)

## Starters/Small Plates

**BBQ Chicken Wings or Vegan Plant Based Wings** (VG) fried crispy wings coated in a honey Korean style BBQ sauce, served on a bed of lettuce **£8.50** or as a main with fries **£14.95**

**Karl's King Prawns** in a chilli, garlic, paprika, lemon & olive oil bath served with crusty bread **£8.95**

**Stilton Pate** (v) homemade with red onions cooked in red wine and blended with double cream and stilton, served with crusty bread **£8.50**

**Breaded Brie** (v) served with dressed rocket and a cranberry, apple & cider chutney **£8.50**

**Charred Cauliflower** (v) cauliflower charred with paprika, garlic and chilli flakes served with a sweet chilli dip **£7.75**

**Mushrooms** (v) cooked in a white wine, cream, thyme and garlic served with crusty bread **£7.25**

**Homemade Soup** served with crusty bread **£6.45**

**Please tell us about any  
ALLERGENS**

*See overleaf for more dishes*

**Burger Wednesday Burger and drink £16\***

**Burgers** All served in a fluffy sourdough bun and skin on fries

**Cheese Burger** chuck & brisket beef patty topped with monetary jack cheese, lettuce, tomato and house salsa burger sauce **£14.95** add bacon **£1.50**

**Chicken Burger** (H) battered chicken breast, with smoked bacon, brie and cranberry, apple & cider chutney, lettuce and tomato **£14.95**

**Falafel Burger** (VG) smashed pea & mint falafels, lettuce, tomato and Burmese, vegan mayo sauce **£14.95**

**Ultimate Burger** chuck & brisket beef patty, breaded buttermilk chicken breast, topped with bacon and cheese, lettuce, tomato and house salsa burger sauce **£22.95**

## Our Favourites

**Devilish Pie's** award-winning pie of the day served with homemade mash, buttered cabbage and peas and a rich ale gravy **£16.95**

**Lincolnshire Sausages and Mash** with an ale & onion gravy **£13.95**

**Chicken Schnitzel** (H) fried breaded butterfly breast of chicken, with a fried egg, homemade buttered mash, ale gravy, crispy capers and green beans **£17.95**

**Beer-Battered Fish & Chips** home battered cod served with Stokes tartare sauce, skin on fries, minted peas **£16.25**

**Scampi & Chips** served with Stokes tartare sauce, skin on fries, minted peas **£14.95**

**Fish Friday F&C or Scampi &  
drink £16\***

## **Pasta** gluten free vegan pasta available upon request

**Classic Prawn Spaghetti** king prawns cooked in olive oil, garlic, chilli flakes, lemon zest & juice, white wine and rocket **£18.95**

**Monika's Homemade Spaghetti Bolognese** classic homemade slow cooked mixed pork & beef bolognese **£13.95**

**Charred Cauliflower Spaghetti** (v) olive oil, garlic, chilli flakes, lemon zest, charred cauliflower, white wine, tomato salsa, crispy capers, parsley and topped with spinach **£14.95**

**Creamy Mushroom & Spinach Spaghetti** (VG) olive oil, mushrooms, garlic, cream, veg stock, cashew nuts and spinach **£14.95**

**Classic Spaghetti** (v) in olive oil, garlic, chilli flakes, lemon zest & juice, white wine finished with a little rocket **£11.95**

## **Sides All £4.25**

Skin on Fries (VG) Rocket Salad (VG)  
Garlic Bread (v) Buttered Cabbage, Peas and Green beans (v) Haloumi Fries (v)  
Wilted Spinach in butter (v) Corn Ribs (VG)  
Mac & Cheese Bites (v)

## **Kids Menu All £7.50**

With a glass of squash for children 10 & under

**Beef, Chicken or Falafel** (VG) **Burger** and fries (add cheese 50p)

**Spaghetti Bolognese or Plain Spaghetti**

**Chicken** (H) or **Fish Goujons** and fries & peas

**Sausage and mash**

## **Desserts All £6.45**

**Chocolate Brownie** (v) served warm with chocolate sauce and vanilla ice cream

**Cheesecake of the Day** (v) served with a drizzle of double cream

**Hot Pudding of the Day** (VG) served with custard or vanilla ice cream

**Ice Cream** (v) 3 scoops ask for flavours (Vegan options)

**Please ask our team for our coffee and tea selection**

**How about a liquid dessert?**

**Expresso Martini £7.50** Add caramel syrup £1  
don't want the caffeine, we got Decaf

**Ask about our selection of Single Malts**



For **ALLERGENS** and dietary requirements please ask a team member. We do have nuts in the kitchen, so items may contain traces of nuts, although we do our best to not cross contaminate, but can't guarantee. **Vegetarian (V) Vegan (VG) Halal (H) Gluten Free Option (GF)** **SERVICE CHARGE:** A discretionary service charge of 10% will be added to your bill. 100% shared between our amazing TEAM. If you would like this reduced or removed, please let us know.  
*\*not used in conjunction with any other offer, a regular drink, pint, regular wine or soft drink*