



Rings and Things in Henna

By

Catharine Hinton



henna cat

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Hennacat 'Rings and Things'

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Cover Graphic by Catharine Hinton

Published by Yogaspirit
35 Hotspur Street
Shrewsbury
Shropshire
SY1 2QB

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Printed in the United Kingdom

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ISBN: To be confirmed

Catharine Hinton
'Rings and Things'

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To buy henna, please visit www.Hennacat.com/buyhenna

The logo for Hennacat, featuring the word 'hennacat' in a stylized, lowercase, brown font. The letter 'i' in 'cat' has a small black dot above it, resembling a henna dot.

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1. Introduction

The 'Rings and Things' project came about in the Autumn of 2011. I noticed a trend of people asking for ring henna tattoos, and as I did my best at drawing large jewels from memory, I decided that I needed some source images for people to choose from. I started to collect and design ring images so that people could be inspired to ask for something for a design they liked. I've collated this work into the publication 'Rings and Things' and made it available free of charge on my website www.Hennacat.com.



2. How to position your customer

There are three main ways in which you can position your customer's hands in order to henna their knuckles. I recommend position C for optimum results.

- A. *With the customer's hands flat and their fingers splayed slightly* – this position makes applying henna easy but it is important to note that the design will stretch slightly when your customer clenches their fists.
- B. *With the customer's fists clenched* – this puts your customer's hands in an awkward position to apply henna and it is important to note that the design will 'squash' slightly when they return their hands to a normal position.
- C. *With the customer's fingers draped over a rolled towel* – this position makes applying henna easy, it relaxes your customers hands, and is comfortable for them. Although the design will stretch and squash when the customer stretches their fingers or clenches their fists, the change in shape is not as pronounced as with the previous two methods.



Position C: showing fingers draped over a rolled towel

3. Cautions and policies

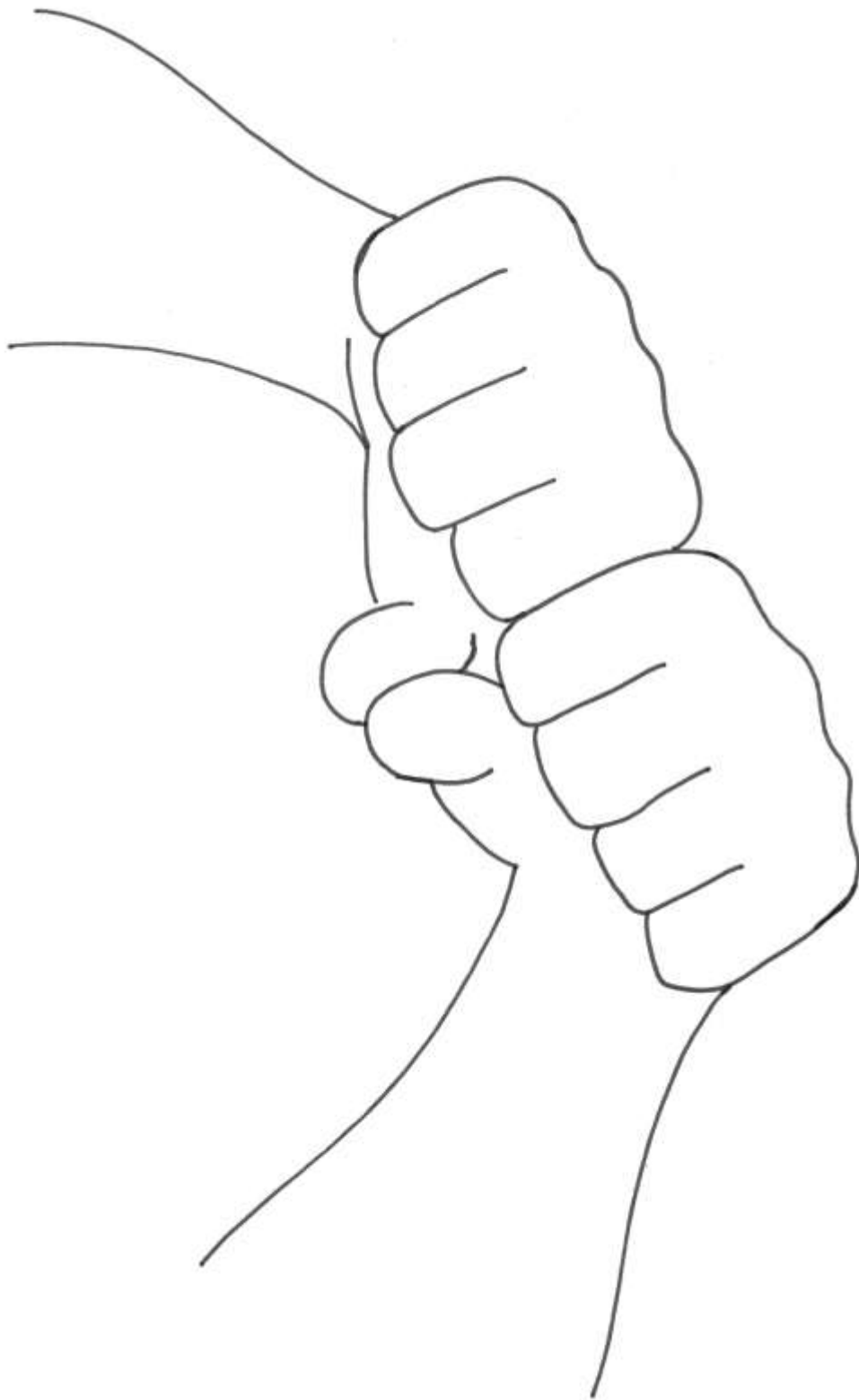
Be cautious about applying henna on the hands of people under the age of 16 during school term time. Follow your usual precautions for applying henna in accordance with your local and national guidelines.

4. Knuckle template

The knuckle template is on the following page. There are a couple of things you can do with this template.

1. Print it out and laminate it. Once laminated, you can practice your letter writing in henna on the knuckles.
2. You can use it to practise different 'fonts'
3. You can use it as a template for your own designs to include in your own portfolio.







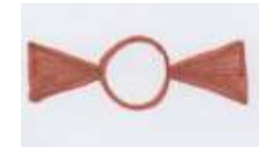


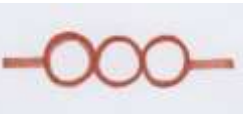



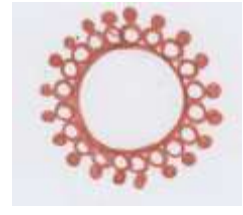
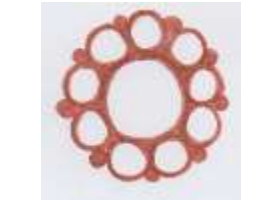
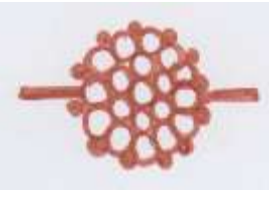

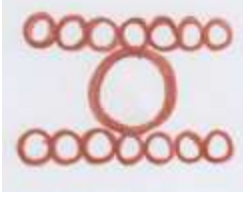
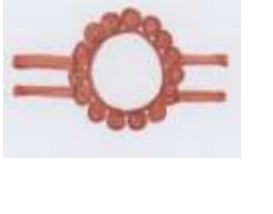


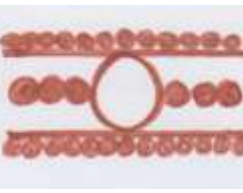
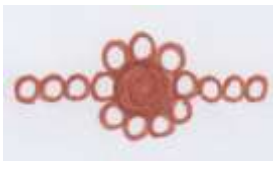





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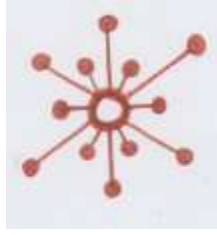

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5. Glossary of Ring images part 1

1. 	2. 	3. 	4. 
5. 	6. 	7. 	8. 
9. 	10. 	11. 	12. 
13. 	14. 	15. 	16. 
17. 	18. 	19. 	20. 
21. 	22. 	23. 	24. 

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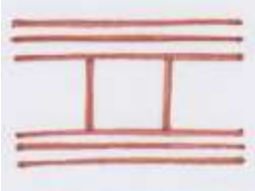







6. Glossary of ring images Part 2

1. 	2. 	3. 	4. 
5. 	6. 	7. 	8. 
9. 	10. 	11. 	12. 
13. 	14. 	15. 	16. 

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7. Glossary of ring images Part 3

1. 	2. 	3. 	4. 
5. 	6. 	7. 	8. 
9. 	10. 	11. 	12. 
13. 	14. 	15. 	16. 

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8. Glossary of ring images for younger people and fingertashes

1. 	2. 	3. 	4. 
5. 	6. 	7. 	8. 
9. 	10. 		
11. 	12. 		
13. 	14. 		
15. 	16. 		
17. 	18. 		

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9. Glossary of fancy and fun ring / finger images

1. 	2. 	3. 	4. 
5. 	6. 	7. 	8. 
9. 	10. 	11. 	12. 
13. 	14. 	15. 	16. 




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10. How to draw nine popular jewel cuts




1. Round cushion cut				
	1. Draw a circle and four dots at north, south, east and west, then join them	2. Draw an overlapping square and then draw a line from the corner of each square to the circle	3. Draw diagonal lines from the corner of each square so they meet halfway between the lines you did in step 2.	
2. Trillion cut				
	1. Draw a rounded triangle	2. Draw parallel lines inside the rounded triangle	3 Fill in the edges with diamonds or crosses	
3. Square cushion				
	1. Draw a square	2. Draw two 'v' shapes from the corners to the centre of the opposite side of the square	3. Draw a further 2 'v' shapes, this time from the corners, but only extending in about 1/3 rd the way into the square. Add additional lines as you wish to.	




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4. Marquise			
	1. Draw an almond shape	2. Draw two overlapping 'v's starting at the end of the almond and finishing about 2/3 rd the way along the almond shape.	3. Draw tow overlapping 'v's starting from the centre of the top / bottom of the almond and meeting ends of the 'v's you drew in step 2.

5. Radiant			
	1. Draw a rectangle within a rectangle shape, rounding off the corners as shown.	2. From each corner, draw a long thin 'v' into the centre	3. Draw crosses from the apex of the v to where the v crosses the internal rectangle

6. Baguette			
	1. Draw a rectangle within a rectangle joined by lines as shown above.	2. Join the lines to make a smaller internal rectangle.	3. Draw two further rectangles, again making sure that the corners of the rectangle align with the lines you drew in step one.

7. Triangle			
	1. Start with a triangle. In each corner draw a smaller triangle shape as shown.	2. Draw a cross from the top of the small triangle to the base of the opposite triangle.	

8. Pear cut			
	1. Begin with a pear shape. Then draw parallel lines inside the pear shape, crossing over where appropriate	2. Fill in the spaces with diamonds and lines	

9. Octagon		
	1. Draw the basic shape above	2. Fill in the 'triangle' with crosses and diamonds as appropriate.

11. One, two and three letter initials and words suitable for rings

One, two and three letter initials or three letter words usually fit across the width of the average finger. You could print out upper and lower case alphabets in popular fonts to include in your portfolio so you don't need to memorise lots of different fonts. This also gives your customers more choice.

Some popular fonts include:

ARIAL

BOOKMAN OLD STYLE

COURIER NEW

LUCIDA BLACKLETTER

LUCIDA CALLIGRAPHY

A - C	D - G	H - L	M - R	S - Z
ACE	DAD	HIP	MAC	SAD
ASBO	DIE	HOT	MOM	SAX
AGA	DOC	HUN	MUM NAN	SEW
ALE	DOG	HUG	NOM	SIS
ARK	DON	ICE	OAR	SEW
ART	EAT	IDK	OOH	SKY
ASS	EEK	ILL	OLD	SKA
AXE	ELF	IMP	OAF	SLY
BAD	ELK	INK	ORC	SOS
BAR	EON	ION	OWL	POP
BED	ERA	JAM	PIE	TOY
BIG	EYE	KEG	PUD	UMM
BIZ	FOX	KID	RAP	VET
BOA	FUN	KIP	RAT	VEX
BOY	GIG	KIT	RAW	VOW
BRA	GIN	LAB	RIP	WAR
BUD	GOD	LAD	RUM	WED
BYE	GUM	LIB		ZIG
CAT	GIN	LIT		ZAG
CEP	GUY	LUX		
CHI	GYM			
CRU				



12. Roman Numerals

Roman numerals can be used on fingers to celebrate significant dates such as wedding day, birthdays or memorials.

1	I		21	XXI	41	XLI	61	LXI	81	LXXXI
2	II		22	XXII	42	XLII	62	LXII	82	LXXXII
3	III		23	XXIII	43	XLIII	63	LXIII	83	LXXXIII
4	IV		24	XXIV	44	XLIV	64	LXIV	84	LXXXIV
5	V		25	XXV	45	XLV	65	LXV	85	LXXXV
6	VI		26	XXVI	46	XLVI	66	LXVI	86	LXXXVI
7	VII		27	XXVII	47	XLVII	67	LXVII	87	LXXXVII
8	VIII		28	XXVIII	48	XLVIII	68	LXVIII	88	LXXXVIII
9	IX		29	XXIX	49	XLIX	69	LXIX	89	LXXXIX
10	X		30	XXX	50	L	70	LXX	90	XC
11	XI		31	XXXI	51	LI	71	LXXI	91	XCI
12	XII		32	XXXII	52	LII	72	LXXII	92	XCII
13	XIII		33	XXXIII	53	LIII	73	LXXIII	93	XCIII
14	XIV		34	XXXIV	54	LIV	74	LXXIV	94	XCIV
15	XV		35	XXXV	55	LV	75	LXXV	95	XCV
16	XVI		36	XXXVI	56	LVI	76	LXXVI	96	XCVI
17	XVII		37	XXXVII	57	LVII	77	LXXVII	97	XCVII
18	XVIII		38	XXXVIII	58	LVIII	78	LXXVIII	98	XCVIII
19	XIX		39	XXXIX	59	LIX	79	LXXIX	99	XCIX
20	XX		40	XL	60	LX	80	LXXX	100	C
									500	D
									1,000	M



13. Notes:

The following table is left blank for you to note down your own ring designs:

1.	2.	3.	4.
5.	6.	7.	8.
9.	10.	11.	12.
13.	14.	15.	16.

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