

# Edward de Bono's Six Thinking Hats®

*Collaborative thinking for more productive meetings.*

## Overview of course content

Adversarial and unproductive meetings are all too common in business. Edward De Bono's famous technique ensures comprehensive thinking and productive contributions from all are made possible.

- The Six Hats approach and the nature of parallel thinking.
- Understanding each of the hats.
- How to use the hats.
- When to use the hats.

“ *Within one day we have learned valuable techniques on how to conduct meetings and effectively solve problems. A great technique!* ”

## A brief history...

*Edward de Bono is widely regarded as one of the world's leading contributors to the area of creativity and effective thinking. Although a prolific writer, many regard his Six Thinking Hats concept as his most important contribution to effective thinking. It represents a highly effective 'parallel thinking' process. We have been running the official Six Thinking Hats course for well over 10 years.*

*Six Thinking Hats® is a registered trademark of the McQuaig Group Inc*

1 or half day in-house

## Key benefits

Revolutionise group problem solving, save time and reach decisions quickly.

Greater objectivity when evaluating ideas.

Bring positive change to an organisation in a simple way.

Facilitate productive and effective meetings.



## Duration and format

One day or half day in-house course which can be tailored to meet particular needs.

Public courses are run regularly to allow individuals to attend this course.

Accreditation for trainers is also available.

## Who is this course for?

Anyone who wants to contribute to or run more productive meetings, discussions and workshops.

Senior managers and executive committee members who have to regularly evaluate proposals and make collective decisions.

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Additional course detail

## What's it all about?

Group decision making and idea evaluation can lead to conflict and poor judgement if not managed well. If this sounds familiar, then a creativity and problem solving programme geared towards more effective group dynamics is what you need.

The programme uses techniques from Edward de Bono's landmark book 'Six Thinking Hats®'. The programme teaches a surprisingly simple and proven technique that provides everyone with a format for harnessing enthusiasm, creativity, fact-finding and assessment. This makes every meeting, discussion or decision faster, more focused and more productive.

## Why Six Thinking Hats?

It will enable:

- **Quick and effective idea generation** - creativity to be unleashed to solve business challenges.
- **Team dynamics** - an improvement in how people work together.
- **Revolutionise group problem solving** - greater objectivity, save time and quicker decisions.
- **Better meetings** - facilitate more productive and more effective meetings.
- **Improve team morale** - everyone is able to contribute positively and creatively to meetings and discussions.

## What will you learn?

The workshop is structured to help people break out of their 'thinking ruts' and develop collaborative thinking using techniques found in Dr Edward de Bono's landmark book - 'Six Thinking Hats'. You will:

- Learn and practice each hat individually and then in sequences.
- Apply to real life examples.
- Apply Six Thinking Hats individually and in group exercises.
- Learn how to use Six Thinking Hats in meetings and facilitate one or more meetings on your chosen topic(s).
- Begin to sense nuances of when to choose which hat or sequence to move your thinking forward.
- Learn how to apply Lateral Thinking tools.

