Structured and Critical Thinking

A practical toolkit for effective thinking

Overview of course content

This is a tool kit for tackling challenging situations systematically, thinking them through and swiftly considering all options. The structured thinking techniques will provide fresh insights and a better understanding of problems or challenges, making you better equipped to deal with them more effectively.

This course will explore:

• The need for structured thinking.
• Generating awareness of habitual thought patterns.
• Techniques to gain clarity on outcomes and objectives.
• Understanding the perspectives of all stakeholders involved in a situation or challenge.
• The techniques designed to explore complexities within a difficult situation.
• The importance of questions to expand thinking.
• Tools that will help generate ideas and find solutions to challenges.
• Running sessions and applying techniques.

Duration and format

Half day in-house course which can be tailored to meet particular needs.

Who is this course for?

Anyone whose job involves problem solving, ideas generation and wider thinking. It provides and essential toolkit for anyone looking for fresh insights and approaches for tackling challenges and problems.

Key benefits

Tools and techniques that improve thinking skills

Enhance problem solving skills

Active learning, lots of opportunity to apply techniques and strengthen understanding
Structured and Critical Thinking

How do we do it?

The importance of structured thinking
• Gain absolute clarity on what structured thinking is and why it’s important.
• Challenge habitual thinking patterns.
• Develop new patterns of thinking.

Understanding a challenge
• Identify a problem and understand its root causes.
• Explore the problem fully using visual thinking tools which address any questions that arise and help to search for answers.

Multi-perspective thinking
Consider the challenge from the different perspectives where:
• All stake holders’ positions are considered.
• The entire environment within which a business operates is considered.

Using questions to search for answers
Questioning techniques that will:
• Help to broaden thinking.
• Find solutions to a challenge.

Application
Delegates will:
• Explore the application of the tools and techniques.
• Bring the learning to life and make it practical.
• Enhance the confidence to use the learning back in the work place.
About Illumine
Illumine Training provides management and personal skills development, focused on developing better brains for better business. The range of courses and workshops is split into six business critical areas and are delivered through:

- **Public Workshops** - 1 and 2 day workshops.
- **In-house Courses** - Specifically for teams or groups from within an organisation, tailoring as necessary.
- **FIT Sessions** - In-house bite-size (90 minute) learning sessions designed by Illumine to maximise learning in the minimum time possible.
- **Other Options** - E-learning, Facilitation, Coaching, Away-days and Speakers.

**How can I take this programme?**

**In-house courses** - suitable for organisations that want to develop teams or groups of individuals from across the organisation. Programmes can be geared towards your organisation or industry sector with relevant activities, examples and case studies.

Discuss your needs with an account manager on +44(0)1753 866633 or email inhouse@illumine.co.uk.

**Continuous Development**

CPD recognition is awarded on both public workshops and in-house courses, being dependent on the number of hours spent learning. On request Illumine will provide a certificate of attendance for you to use as evidence and attach to your record card.