



Division	Premiership
----------	-------------

Match	Match 1
-------	---------

Date	Sunday 12/05/2019
------	-------------------

Venue	Swansea
-------	---------

Host	Swansea
------	---------

Bib	TEAM NAMES
-----	------------

1	<a href="#">Birchfield Harriers</a>
---	-------------------------------------

2	<a href="#">Blackheath &amp; Bromley H &amp; AC</a>
---	---

3	<a href="#">Cardiff AAC</a>
---	-----------------------------

4	<a href="#">City of Sheffield &amp; Dearne AC</a>
---	---

5	<a href="#">Harrow AC</a>
---	---------------------------

6	<a href="#">Newham &amp; Essex Beagles AC</a>
---	---

7	<a href="#">Shaftesbury Barnet H</a>
---	--------------------------------------

8	<a href="#">Woodford Green w Essex Ladies</a>
---	---

Points After 19 Events									
------------------------	--	--	--	--	--	--	--	--	--

Track	POINTS			GRADES			STATS				
	Field	Total		1	2	3	Team	TFA	HCA	U17s	U20s
BIR	194	155	349								
BB	180	48.5	228.5								
CARD	133	106	239								
SHEFF	125	102	227								
HARR	168	125	293								
NEB	176	135.5	311.5								
SBH	119	138	257								
WGEL	106	146	252								

Positions	Club	Points	League	B/F	TOTAL	B/F	TOTAL
1	Birchfield Harriers	349.0	8		8		349.0
2	Newham & Essex Beagles AC	311.5	7		7		311.5
3	Harrow AC	293.0	6		6		293.0
4	Shaftesbury Barnet H	257.0	5		5		257.0
5	Woodford Green w Essex Ladies	252.0	4		4		252.0
6	Cardiff AAC	239.0	3		3		239.0
7	Blackheath & Bromley H & AC	228.5	2		2		228.5
8	City of Sheffield & Dearne AC	227.0	1		1		227.0

**STANDINGS AFTER Match 1**

Positions	Club	League	Points
1	Birchfield Harriers	8.0	349.0
2	Newham & Essex Beagles AC	7.0	311.5
3	Harrow AC	6.0	293.0
4	Shaftesbury Barnet H	5.0	257.0
5	Woodford Green w Essex Ladies	4.0	252.0
6	Cardiff AAC	3.0	239.0
7	Blackheath & Bromley H & AC	2.0	228.5
8	City of Sheffield & Dearne AC	1.0	227.0



# BRITISH ATHLETES LEAGUE 2019

[www.bal.org.uk](http://www.bal.org.uk)

## Track RESULTS

T1 <u>400m H 'A'</u>					T1 <u>400m H 'B'</u>						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	4	HIGGINS Ben Y	SHEFF	53.38	859	1	55	SCHOPP Max	HARR	53.46	856
2	6	THOMPSON Lennox	NEB	53.42	857	2	66	ROSS Jonathon	NEB	60.76	620
3	5	BENJAMIN Damaine	HARR	53.78	845	3	77	WEBSTER Morgan	SBH	65.03	498
4	2	MORRIS Richard	BB	55.78	777	4	22	DESBOROUGH Thomas	BB	65.55	484
5	3	COOPER Ryan	CARD	55.98	770	5	11	BANKS Ed	BIR	73.58	293
6	1	RITCHIE-MULIN Will	BIR	56.83	742	6	88	NEWTON Keith	WGEL	73.80	288
7	7	LAFEUILLE Tyriq Y	SBH	57.41	724	7					
8	8	ROY Taylor	WGEL	60.47	628	8					

  

T2 <u>800m 'A'</u>					T2 <u>800m 'B'</u>						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	1	BYRON Christian	BIR	01:53.50	8941	1	66	MEES Dan	NEB	01:52.05	8941
2	6	VON EITZEN Christian	NEB	01:53.57	8941	2	55	KISEL Rasmus	HARR	01:53.47	8941
3	5	WATERMAN Ben	HARR	01:54.21	8941	3	22	GARDINER Benjamin Y	BB	01:54.80	8941
4	8	DYER Ewan	WGEL	01:55.32	8941	4	77	WIGGINS Samuel Y	SBH	01:54.99	8941
5	7	MOHAMED Mohamed	SBH	01:56.42	8941	5	44	MCCRAE James	SHEFF	01:55.45	8941
6	2	HABERGHAM James	BB	01:57.57	8941	6	11	BEASLEY Thomas	BIR	01:55.78	8941
7	4	RICE John Bailey	SHEFF	01:59.38	8941	7	88	ABDULLE Ahmed	WGEL	02:03.98	8941
8	3	EDWARDS Iestyn Y	CARD	02:03.42	8941	8	33	COOPER Ryan	CARD	02:32.47	8941

  

T3 <u>100m 'A'</u>					T3 <u>100m 'B'</u>						
Wind = 1.4					Wind = 0.3						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	3	AZU Jeremiah Y	CARD	10.39	974	1	77	PLUMMER Zanson	SBH	10.63	886
2	7	ASHWELL Dominic	SBH	10.45	951	2	11	CHAMBERS-BROWN Kaie	BIR	10.76	840
3	1	DE ESCOFET Kyle	BIR	10.47	944	3	55	GRANT Omar	HARR	10.92	786
4	8	STONE Christopher	WGEL	10.69	864	4	22	BOVELL Duayne	BB	10.95	776
5	5	WILLIAMS Jahde	HARR	10.83	816	5	33	GRIFFITHS James	CARD	11.02	753
6	2	PUTNAM Daniel	BB	10.85	809	6	88	ADUM-YEBOAH Matthew Y	WGEL	11.08	734
7	6	DIALLO Sahid	NEB	11.00	759	7	66	JOHNSON Christopher	NEB	11.31	663
8	4	COPELAND Michael	SHEFF	11.47	616	8	44	MANTHORPE Alfie	SHEFF	15.98	8

  

T4 <u>3000m S/Chase 'A'</u>					T4 <u>3000m S/Chase 'B'</u>					
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf	
1	2	MILLS Lewis Y	BB	09:28.70		1	11	BANKS Ed	BIR	09:44.92
2	3	TURNER Joseph	CARD	09:33.24		2	33	EDWARDS Owain Y	CARD	09:56.37
3	1	GORRINGE Jonathan	BIR	09:40.14		3	22	DESBOROUGH Thomas	BB	10:45.30
4	5	CONNOR Ross	HARR	09:47.60		4	55	TRAYNOR Declan	HARR	10:51.48
5	4	FUNG Tszum	SHEFF	11:53.13		5				
6					6					
7					7					
8					8					

  

T5 <u>110m H 'A'</u>					T5 <u>110m H 'B'</u>						
Wind = 0.6					Wind = -0.5						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	6	ROSS Jonathon	NEB	13.91	943	1	11	RITCHIE-MULIN Will	BIR	14.65	858
2	5	PERERA Miguel	HARR	14.10	921	2	55	KIRBY Jack	HARR	15.42	773
3	7	GOMES Edson	SBH	14.16	914	3	44	PAOLUZZI James	SHEFF	15.96	716
4	1	PORTER Jake	BIR	14.26	902	4	66	THOMPSON Lennox	NEB	17.09	604
5	4	COPELAND Michael	SHEFF	15.30	786	5	22	MORRIS Richard	BB	17.20	593
6	8	ROY Taylor	WGEL	15.97	715	6	77	LAFEUILLE Tyriq Y	SBH	17.58	558
7	2	NWENWU Alex	BB	16.20	691	7	88	NEWTON Keith	WGEL	21.53	252
8	3	MATTHEWS CURTIS	CARD	dnf		8					



## Track RESULTS

T6 400m 'A'

Posn	Bib	Athlete	Club	Perf
1	2	BROWN Ethan Y	BB	47.20 942
2	1	OKORO Efekeemo	BIR	47.51 921
3	3	PENDER Jamie	CARD	48.40 862
4	5	BENJAMIN Damaine	HARR	48.93 828
5	4	BROWN Lewis	SHEFF	49.00 824
6	7	SMITH Luke	SBH	49.06 820
7	6	WARNER Michael	NEB	49.50 793
8	8	RICHARDS Adrian	WGEL	51.59 670

T6 400m 'B'

Posn	Bib	Athlete	Club	Perf
1	22	PUTNAM Daniel	BB	47.31 935
2	66	SOSANYA Emmanuel	NEB	49.18 813
3	33	MOORE Iori	CARD	50.20 750
4	77	LULE Jerome	SBH	51.07 699
5	55	SCHOPP Max	HARR	51.66 666
6	44	RICE John Bailey	SHEFF	53.25 581
7	11	BEASLEY Thomas	BIR	54.50 518
8	88	ABIODUN Olaoluwa	WGEL	54.54 516

T7 1500m 'A'

Posn	Bib	Athlete	Club	Perf
1	66	PIERCE Eoin	NEB	03:54.07 7580
2	2	SESEMANN Philip	BB	03:54.88 7580
3	3	KYRAN Roberts	CARD	03:56.02 7580
4	4	MCCRAE James	SHEFF	03:56.50 7580
5	1	HALLIS Jack	BIR	03:56.82 7580
6	5	JOHNSTON Neil	HARR	03:57.38 7580
7	7	MOHAMED Mohamed	SBH	04:03.14 7580
8	8	ABDULLE Ahmed	WGEL	04:09.00 7580

T7 1500m 'B'

Posn	Bib	Athlete	Club	Perf
1	6	VON EITZEN Christian	NEB	03:55.96 7580
2	11	DODD Thomas	BIR	03:59.31 7580
3	22	HABERGHAM James	BB	04:03.57 7580
4	33	RICHARDS Elliot	CARD	04:04.36 7580
5	44	ROBERTS Samuel Y	SHEFF	04:07.29 7580
6	55	LUPTON Harry	HARR	04:24.51 7580
7	88	SOUTHCOTT Darren	WGEL	05:18.77 7580
8				

T8 200m 'A'

Wind = 0.6

Posn	Bib	Athlete	Club	Perf
1	8	STONE Christopher	WGEL	21.05 987
2	3	AZU Jeremiah Y	CARD	21.09 980
3	5	WILLIAMS Jahde	HARR	21.47 912
4	1	CAMPBELL Alwayne Y	BIR	21.56 896
5	4	HIGGINS Ben Y	SHEFF	21.80 856
6	2	KNIGHT Matthew Y	BB	21.90 839
7	6	DIALLO Sahid	NEB	21.99 824
8	7	YIADOM Gabriel	SBH	22.63 723

T8 200m 'B'

Wind = 1.5

Posn	Bib	Athlete	Club	Perf
1	11	DE ESCOFET Kyle	BIR	21.13 972
2	55	GRANT Omar	HARR	22.06 813
3	88	ADUM-YEBOAH Matthew Y	WGEL	22.16 796
4	77	GOMES Edson	SBH	22.32 771
5	44	MARTIN David	SHEFF	22.68 715
6	22	BOVELL Duayne	BB	22.68 715
7	33	MORRIS Daniel	CARD	22.69 714
8	66	JOHNSON Christopher	NEB	22.79 699

T9 3000m 'A'

Posn	Bib	Athlete	Club	Perf
1	1	OMAR Kadar	BIR	08:22.80
2	8	SHEPHERD Edward	WGEL	08:22.96
3	4	FARAH Ahmed	SHEFF	08:23.73
4	6	TRIGWELL Josh	NEB	08:27.04
5	2	BRADEN Ross	BB	08:28.55
6	55	JOHNSTON Neil	HARR	08:29.12
7	7	BUTLER Thomas	SBH	08:36.44
8	33	HUNT James	CARD	08:41.76

T9 3000m 'B'

Posn	Bib	Athlete	Club	Perf
1	66	CLUTTERBUCK Dale	NEB	08:29.55
2	11	OMAR Kadar	BIR	08:35.58
3	22	DAVIS Charlie	BB	08:38.78
4	44	MANTHORPE Alfie	SHEFF	08:39.94
5	3	JAMES Morgan Y	CARD	08:44.25
6	5	MCCARTAN Neil	HARR	08:48.35
7	77	WINFIELD Ben Y	SBH	08:52.46
8	88	SOUTHCOTT Darren	WGEL	09:14.96



# BRITISH ATHLETES LEAGUE 2019

[www.bal.org.uk](http://www.bal.org.uk)

## Track RESULTS

### RELAYS

#### T10 4 x 100m Relay

Posn	Bib					Perf	
1	2	FLANAGAN Harry	ROBINSON Christian	CROWIE Sean	WILLIAMS James	BB	41.91
2	3	MEAKIN Cameron	BROOME Jordan	BROWN Blake Tiger-le	BANIGO Reynol	CARD	42.13
3	7	ARMSTRONG Josh	CLARKE Jamal	LAWRENCE Aaron Y	RICHARDSON Aaron	SBH	42.17
4	6	KITCHEN-SMITH Isaac	ONANUGA Subomi	ATWELL Nicholas	CAIN Leroy	NEB	42.34
5	8					WGEL	42.37
6	5	BEADSLEY Daniel	GREENWOOD Leon	CAIRNEY Kaya Y	ROBERTS Wyn	HARR	42.52
7	1	HUNT Liam	EGAN Muiris	AYOMIDE Byron	LELLIOTT James	BIR	42.94
8	4	HIGGINS Jack Y	JERRAM James Y	COSTLEY Max	BROWN Peter	SHEFF	43.27

#### T11 4 x 400m Relay

Posn	Bib					Perf	
1	6	MCALISTER Chris	LOCK Gavin	DOS SANTOS SOARES V	ATWELL Nicholas	NEB	03:15.82
2	2	WEBSTER James	GUEST Lewis	FLANAGAN Harry	WILLIAMS James	BB	03:16.40
3	4	HIGGINS Jack Y	JERRAM James Y	HENEGHAN James	ROBERTS Jonathan	SHEFF	03:19.21
4	1	BACON Joe Y	EGAN Muiris	MARSHALL Christophe	COPELAND Piers	BIR	03:19.23
5	8					WGEL	03:27.81
6	5	LLYR Ronan	WILLIAMS Rhodri	HOUGHTON Jack Y	CAIRNEY Kaya Y	HARR	03:28.65
7	7	DONOVAN Tyri	PAUL Jacob	OMAR Ridwaan Y	CLARKE Jamal	SBH	03:31.54
8							



## Field RESULTS

F1 Hammer 'A'						F1 Hammer 'B'					
Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	1	MURCH Craig	BIR	68.26	1009	1	11	BLOOMFIELD Joe	BIR	64.13	970
2	8	FROST Andrew	WGEL	59.91	929	2	66	WARNER Alex	NEB	54.18	871
3	6	HEAD Thomas	NEB	59.34	924	3	55	PARK Iain	HARR	42.65	744
4	5	CASSIDY Peter	HARR	56.88	899	4	7	MCINROY Angus	SBH	33.44	628
5	77	LANGE Jacob	SBH	56.01	890	5	88	HARFORD Fergus	WGEL	29.07	566
6	4	TAYLOR James	SHEFF	39.31	703	6	44	OSANMOOR Chuk	SHEFF	15.64	329
7	2	BOVELL Duayne	BB	11.75	229	7	22	MORRIS Richard	BB	10.25	179
8						8					

  

F2 Long Jump 'A'						F2 Long Jump 'B'							
Posn	Bib	Athlete	Club	Perf	Wind	Posn	Bib	Athlete	Club	Perf	Wind		
1	8	RICHARDS Che	WGEL	7.36	0.1	925	1	11	DURRANT-SUTHERLAND Myles	BIR	6.86	-0.3	825
2	6	ROACH Jack	NEB	7.05	-0.7	863	2	33	AZU KENNEDY Alex X	CARD	6.53	0.9	759
3	5	UWAIFO Efe	HARR	6.98	0.7	849	3	44	PAOLUZZI James	SHEFF	6.52	-0.2	757
4	4	MARTIN David	SHEFF	6.96	1.1	845	4	77	WOODS Josh Y	SBH	6.51	-0.3	755
5	7	OKOLO Nonso	SBH	6.94	0.0	841	5	55	CHINERY-EDOO Saoirse	HARR	6.11	-0.5	676
6	1	ALEXANDERSON Trevor	BIR	6.94	-1.1	841	6	88	KIRABO Peter	WGEL	6.00	0.7	654
7	3	MATTHEWS CURTIS	CARD	6.54	-0.8	761	7	66	GRIFFITHS Rowan	NEB	3.92	-1.8	252
8	22	LAYNE Jordan	BB	4.75	-0.8	410	8	2	BRADEN Ross	BB	2.87	-1.5	60

  

F3 Pole Vault 'A'						F3 Pole Vault 'B'					
Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	11	COPPELL Harry	BIR	5.26	960	1	1	PHIPPS Jack	BIR	4.80	865
2	7	WALSH Ethan	SBH	5.16	939	2	88	GARDNER Nathan	WGEL	4.60	823
3	8	GARDNER Daniel	WGEL	4.80	865	3	77	MARTIN Shane	SBH	4.20	739
4	5	HEARD Owen Y	HARR	4.40	781	4	44	PAOLUZZI James	SHEFF	4.00	697
5	4	RAMSEY Liam	SHEFF	4.00	697	5	55	CHINERY-EDOO Saoirse	HARR	3.00	481
6	6	KINGMAN Robert	NEB	4.00	697	6	3	JONES Emyr	CARD	2.60	393
7	33	HAWKINS Jasper	CARD	3.40	569	7	66	GRIFFITHS Rowan	NEB	2.20	302

  

F4 High Jump 'A'						F4 High Jump 'B'					
Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	1	WEBB Ryan	BIR	2.08	909	1	33	EDWARDS William	CARD	1.95	802
2	7	COWARD Akin	SBH	2.05	884	2	11	COPPELL Harry	BIR	1.95	802
3	5	NICHOLS Tom	HARR	2.05	884	3	55	SEMPALA Hisham	HARR	1.90	760
4=	2	AGUOCHA Kelechi Y	BB	2.00	843	4	77	BELLISARIO Ben Y	SBH	1.80	677
4=	8	WOLSKI Robert	WGEL	2.00	843	5	88	KIRABO Peter	WGEL	1.65	553
6	3	BAILEY Jonathan	CARD	2.00	843	6=	6	THOMPSON Lennox	NEB	1.20	174
7	66	HILL Josh	NEB	2.00	843	6=	22	MORRIS Richard	BB	1.20	174
8	44	PAOLUZZI James	SHEFF	1.80	677						

  

F5 Discus 'A'						F5 Discus 'B'					
Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	6	ARMSTRONG George	NEB	56.96	999	1	66	BEATTY Matthew	NEB	50.68	915
2	7	MCINROY Angus	SBH	49.40	898	2	3	MATTHEWS CURTIS	CARD	46.91	863
3	33	MORSE Jay Y	CARD	48.06	879	3	11	BLOOMFIELD Joe	BIR	44.73	831
4	44	OSANMOOR Chuk	SHEFF	46.03	850	4	88	ZATAT Youcef	WGEL	44.06	821
5	8	LINQUE Christopher	WGEL	45.43	841	5	4	TAYLOR James	SHEFF	43.73	816
6	1	CARTWRIGHT Daniel	BIR	45.14	837	6	77	MASSINGHAM Oliver	SBH	43.67	815
7	5	MOOLMAN Dewald	HARR	44.54	828	7	55	CHINERY-EDOO Saoirse	HARR	40.86	773
8	2	MORRIS Richard	BB	14.46	214	8	22	DESBOROUGH Thomas	BB	6.49	####



## Field RESULTS

F6 <u>Triple Jump 'A'</u>					Wind	F6 <u>Triple Jump 'B'</u>					Wind		
Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf			
1	77	LEWIS Daniel	SBH	15.62	1.8	960	1	7	FOX Nathan	SBH	15.50	1.5	950
2	5	UWAIFO Efe	HARR	15.46	0.9	946	2	55	STANISCI-BROWN Luca X	HARR	13.51	1.5	770
3	8	DAVIS Lawrence	WGEL	15.14	1.9	918	3	33	ATKINSON Tom Y	CARD	13.32	1.0	752
4	3	ANGILA Jeff	CARD	14.42	0.9	853	4	88	KIRABO Peter	WGEL	13.07	0.5	728
5	6	FADAYIRO Theo Y	NEB	14.11	1.8	825	5	22	AGUOCHA Kelechi Y	BB	12.44	1.2	668
6	2	SUTHERLAND Rob	BB	13.73	1.6	790	6	1	PHIPPS Jack	BIR	12.03	1.6	628
7	11	COPPELL Harry	BIR	12.63	1.2	686	7	4	TAYLOR James	SHEFF	8.23	2.0	207
8	44	SUM Adrian	SHEFF	11.72	2.1	597	8						

  

F7 <u>Javelin 'A'</u>						F7 <u>Javelin 'B'</u>					
Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	6	HUGHES Harry	NEB	74.34	1054	1	66	FOOT Joss	NEB	62.67	915
2	8	BUWEMBO Bonne	WGEL	63.91	930	2	88	ZATAT Youcef	WGEL	50.33	758
3	77	BAINBRIDGE Daniel	SBH	59.96	881	3	33	THOMAS Aaron	CARD	45.91	698
4	3	DANGERFIELD Richard	CARD	56.27	835	4	11	DUNFORD Edward	BIR	44.99	685
5	5	SKETCHLEY David	HARR	50.81	764	5	55	CHINERY-EDOO Saoirse	HARR	39.58	608
6	4	RAMSEY Liam	SHEFF	47.42	718	6	44	TAYLOR James	SHEFF	38.82	597
7	1	KANANICK Kasper	BIR	47.09	714	7	7	MCINROY Angus	SBH	28.44	435
8	2	NWENWU Alex	BB	26.13	396	8	22	NWENWU Alex	BB	18.09	243

  

F8 <u>Shot 'A'</u>						F8 <u>Shot 'B'</u>					
Posn	Bib	Athlete	Club	Perf		Posn	Bib	Athlete	Club	Perf	
1	44	GURKLYS Arturas	SHEFF	17.86	1078	1	4	TAYLOR James	SHEFF	13.77	839
2	8	ZATAT Youcef	WGEL	17.77	1073	2	11	DUNFORD Edward	BIR	13.19	802
3	1	CARTWRIGHT Daniel	BIR	16.65	1011	3	6	EDWARDS Aaron	NEB	12.77	775
4	66	BEATTY Matthew	NEB	14.86	906	4	5	MOOLMAN Dewald	HARR	12.75	774
5	55	LOCKHART Angus	HARR	14.11	860	5	88	BELL Howard	WGEL	12.27	742
6	7	MCINROY Angus	SBH	13.85	844	6	77	MASSINGHAM Oliver	SBH	11.44	685
7	3	MATTHEWS CURTIS	CARD	12.82	778	7	33	MORRIS Daniel	CARD	7.09	328
8	2	BOVELL Duayne	BB	9.11	511	8	22	HABERGHAM James	BB	5.82	177