



Division	National 1
----------	------------

Match	Match 1
-------	---------

Date	Sunday 12/05/2019
------	-------------------

Venue	TVAC, Eton
-------	------------

Host	Windsor Slough Eton & Hounslow
------	--------------------------------

Points After 19 Events									
------------------------	--	--	--	--	--	--	--	--	--

Bib	TEAM NAMES		POINTS			GRADES			STATS						
			Track	Field	Total	1	2	3	Team	TFA	HCA	U17s	U20s		
1	Bournemouth AC	BOURNE	147	152	299										
2	City of Liverpool	LPOOL	170	162	332										
3	Sale Harriers	SALE	139	127	266										
4	Southampton AC	SOTON	119	71.5	190.5										
5	Swansea Harriers	SWAN	204	160	364										
6	Thames Valley Harriers	TVH	224	147.5	371.5										
7	Windsor Slough Eton & Hounslow AC	WSEH	166	102	268										
8															

Positions	Club	Points	League	B/F	TOTAL	B/F	TOTAL
1	Thames Valley Harriers	371.5	8		8		371.5
2	Swansea Harriers	364.0	7		7		364.0
3	City of Liverpool	332.0	6		6		332.0
4	Bournemouth AC	299.0	5		5		299.0
5	Windsor Slough Eton & Hounslow AC	268.0	4		4		268.0
6	Sale Harriers	266.0	3		3		266.0
7	Southampton AC	190.5	2		2		190.5
8							

STANDINGS AFTER Match 1			
Positions	Club	League	Points
1	Thames Valley Harriers	8.0	371.5
2	Swansea Harriers	7.0	364.0
3	City of Liverpool	6.0	332.0
4	Bournemouth AC	5.0	299.0
5	Windsor Slough Eton & Hounslow AC	4.0	268.0
6	Sale Harriers	3.0	266.0
7	Southampton AC	2.0	190.5
8			



BRITISH ATHLETES LEAGUE 2019

www.bal.org.uk

Track RESULTS

T1 400m H 'A'					T1 400m H 'B'						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	7	PAUL Jacob	WSEH	51.21	936	1	77	DONOVAN Tyri	WSEH	52.72	882
2	6	MCALISTER Chris	TVH	51.49	926	2	11	MESSENGER Jack	BOURNE	55.84	775
3	2	WEBSTER James	LPOOL	54.46	821	3	22	GUEST Lewis	LPOOL	57.98	705
4	1	MARSHALL Christopher	BOURNE	55.87	774	4	55	LLYR Ronan	SWAN	59.36	662
5	3	KEEN Rory Y	SALE	56.71	746	5	66	BURROWES Danny	TVH	65.05	498
6	5	WILLIAMS Rhodri	SWAN	56.83	742	6	44	CULLY Thomas	SOTON	68.46	410
7	4	BROWN Peter	SOTON	75.14	261	7	33	BOYD Harry Y	SALE	73.24	300
8					8						

T2 800m 'A'					T2 800m 'B'						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	1	COPELAND Piers	BOURNE	01:49.77	8941	1	55	TOBIN Paul	SWAN	02:00.42	8941
2	5	SMITH Guy	SWAN	01:55.15	8941	2	66	CAYSSIALS Hugo	TVH	02:01.64	8941
3	3	MAGNER Patrick	SALE	01:56.32	8941	3	44	SMITH Oliver	SOTON	02:01.72	8941
4	6	MOHAMED Abdiqadir	TVH	01:58.32	8941	4	77	TCHANGWA Marvin Y	WSEH	02:03.54	8941
5	7	BROOKLING Daniel Y	WSEH	01:58.56	8941	5	11	MCTAGGART Robert	BOURNE	02:11.66	8941
6	4	JERRAM James Y	SOTON	01:59.09	8941	6	33	ROBERTSON Philip	SALE	02:23.03	8941
7					7						
8					8						

T3 100m 'A'					T3 100m 'B'						
Wind = 0.3					Wind = 0.9						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	2	WILLIAMS James	LPOOL	10.71	857	1	66	HATTON Jack	TVH	10.73	850
2	5	BEADSLEY Daniel	SWAN	10.80	826	2	33	BROWN Blake Tiger-lee Y	SALE	10.90	792
3	6	KITCHEN-SMITH Isaac	TVH	10.95	776	3	55	ROBERTS Wyn	SWAN	11.03	750
4	7	RICHARDSON Aaron	WSEH	11.03	750	4	22	ROBINSON Christian	LPOOL	11.09	731
5	1	LELLIOTT James	BOURNE	11.07	737	5	77	LAWRENCE Aaron Y	WSEH	11.34	654
6	3	MEAKIN Cameron	SALE	11.24	684	6	11	EGAN Muiris	BOURNE	11.64	568
7	4	BROWN Peter	SOTON	11.74	541	7	44	JONES Ricky	SOTON	15.17	35
8					8						

T4 3000m S/Chase 'A'					T4 3000m S/Chase 'B'						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	2	ASHCROFT John	LPOOL	09:20.38		1	66	NEWTON Oliver	TVH	09:39.52	
2	5	ROTHWELL Daniel	SWAN	09:21.88		2	55	PRICE DAVIES Brychan Y	SWAN	09:50.87	
3	6	CAMERON Michael	TVH	09:32.01		3	33	BRADFORD Alex	SALE	10:11.65	
4	1	GROSE Jamie	BOURNE	09:35.28		4	77	DITTON Nathan	WSEH	10:13.28	
5	4	COSTLEY Max	SOTON	09:42.03		5	44	CULLY Thomas	SOTON	10:17.81	
6	7	SHANTRY Marcus Y	WSEH	09:49.81		6	11	BRAMWELL-REEKS Henry	BOURNE	11:04.63	
7	3	WIGNALL James	SALE	10:06.49		7	22	MCKAY Ryan	LPOOL	11:29.68	
8					8						

T5 110m H 'A'					T5 110m H 'B'						
Wind = 1.9					Wind = 0.9						
Posn	Bib	Athlete	Club	Perf	Posn	Bib	Athlete	Club	Perf		
1	6	HATTON Jack	TVH	14.11	920	1	77	ARMSTRONG Josh	WSEH	15.17	800
2	7	MORENO Peter	WSEH	14.36	891	2	11	HUNT Liam	BOURNE	15.22	795
3	1	AYOMIDE Byron	BOURNE	15.05	813	3	66	VOGEL Florian	TVH	15.35	781
4	5	PRICE Aled	SWAN	15.67	746	4	55	HOUGHTON Jack Y	SWAN	16.85	627
5	2	GUEST Lewis	LPOOL	16.28	683	5	22	HARTLEY Mike	LPOOL	17.10	603
6	3	BOYD Harry Y	SALE	18.49	477	6					
7	4	BROWN Peter	SOTON	22.98	168	7					
8					8						



Track RESULTS

T6 400m 'A'

Posn	Bib	Athlete	Club	Perf	
1	6	ATWELL Nicholas	TVH	48.52	855
2	7	CLARKE Jamal	WSEH	49.04	821
3	4	HIGGINS Jack Y	SOTON	49.08	819
4	5	GREENWOOD Leon	SWAN	49.38	800
5	1	BACON Joe Y	BOURNE	49.87	770
6	2	WEBSTER James	LPOOL	50.71	720
7	3	LINGARD Jacob	SALE	51.86	655
8					

T6 400m 'B'

Posn	Bib	Athlete	Club	Perf	
1	22	FLANAGAN Harry	LPOOL	48.98	825
2	66	LOCK Gavin	TVH	49.39	800
3	11	EGAN Muiris	BOURNE	51.49	675
4	55	HOUGHTON Jack Y	SWAN	52.08	643
5	77	OMAR Ridwaan Y	WSEH	52.38	626
6	44	JERRAM James Y	SOTON	52.58	616
7	33	WIGNALL James	SALE	56.65	420
8					

T7 1500m 'A'

Posn	Bib	Athlete	Club	Perf	
1	4	ROBERTS Jonathan	SOTON	03:55.78	7580
2	5	TOBIN Jonathan	SWAN	03:56.14	7580
3	3	GILCHRIST Euan	SALE	03:56.17	7580
4	2	ASHCROFT John	LPOOL	03:58.09	7580
5	66	FAULKNER Niki	TVH	03:59.85	7580
6	7	BROOKLING Daniel Y	WSEH	04:01.79	7580
7	1	KING Joshua	BOURNE	04:06.32	7580
8					

T7 1500m 'B'

Posn	Bib	Athlete	Club	Perf	
1	44	HENEZHAN James	SOTON	03:57.22	7580
2	22	WIGFIELD Joe	LPOOL	03:59.40	7580
3	6	MULRYAN Daniel	TVH	04:00.36	7580
4	55	SMITH Conor	SWAN	04:02.49	7580
5	11	GROSE Jamie	BOURNE	04:08.65	7580
6	77	HENDERSON Edward X	WSEH	04:15.99	7580
7	33	BRADFORD Alex	SALE	04:41.45	7580
8					

T8 200m 'A'

Wind =

Posn	Bib	Athlete	Club	Perf	
1	3	BROOME Jordan	SALE	21.05	987
2	2	WILLIAMS James	LPOOL	21.35	933
3	6	DOS SANTOS SOARES Victor ricar	TVH	21.61	888
4	5	BEADSLEY Daniel	SWAN	21.85	847
5	4	HIGGINS Jack Y	SOTON	22.26	780
6	7	MORENO Peter	WSEH	22.36	765
7	1	LELLIOTT James	BOURNE	22.86	688
8					

T8 200m 'B'

Wind = 0.2

Posn	Bib	Athlete	Club	Perf	
1	66	CAIN Leroy	TVH	21.50	907
2	22	CROWIE Sean	LPOOL	21.96	829
3	55	CAIRNEY Kaya Y	SWAN	22.19	792
4	33	BROWN Blake Tiger-lee Y	SALE	22.45	750
5	77	LAWRENCE Aaron Y	WSEH	22.93	678
6	11	MESSENGER Jack	BOURNE	23.88	547
7	44	BROWN Peter	SOTON	23.93	540
8					

T9 3000m 'A'

Posn	Bib	Athlete	Club	Perf	
1	5	SMITH Guy	SWAN	08:27.39	
2	33	GILCHRIST Euan	SALE	08:31.65	
3	2	ASHCROFT John	LPOOL	08:39.00	
4	7	BARNICOAT Will X	WSEH	08:40.29	
5	6	OWOR Paskar	TVH	08:48.65	
6	1	LONG David	BOURNE	08:50.98	
7	44	TYAS Sam Y	SOTON	09:05.75	
8					

T9 3000m 'B'

Posn	Bib	Athlete	Club	Perf	
1	55	HOBBS Marc	SWAN	08:41.06	
2	3	ROBERTSON Philip	SALE	08:43.00	
3	66	KISSANE-WOOD Conor	TVH	08:54.32	
4	11	MCTAGGART Robert	BOURNE	09:06.14	
5	4	JAMES Rikki	SOTON	09:20.99	
6	77	SPEAR Alfie X	WSEH	09:34.27	
7	22	MCKAY Ryan	LPOOL	10:51.39	
8					



BRITISH ATHLETES LEAGUE 2019

www.bal.org.uk

Track RESULTS

RELAYS

T10 4 x 100m Relay

Posn	Bib					Perf	
1	6	KITCHEN-SMITH Isaac	ONANUGA Subomi	ATWELL Nicholas	CAIN Leroy	TVH	41.73
2	5	BEADSLEY Daniel	GREENWOOD Leon	CAIRNEY Kaya Y	ROBERTS Wyn	SWAN	41.88
3	3	MEAKIN Cameron	BROOME Jordan	BROWN Blake Tiger-le	BANIGO Reynol	SALE	42.59
4	2	FLANAGAN Harry	ROBINSON Christian	CROWIE Sean	WILLIAMS James	LPOOL	43.65
5	7	ARMSTRONG Josh	CLARKE Jamal	LAWRENCE Aaron Y	RICHARDSON Aaron	WSEH	43.66
6	1	HUNT Liam	EGAN Muiris	AYOMIDE Byron	LELLIOTT James	BOURNE	45.24
7	4	HIGGINS Jack Y	JERRAM James Y	COSTLEY Max	BROWN Peter	SOTON	46.58
8							

T11 4 x 400m Relay

Posn	Bib					Perf	
1	6	MCALISTER Chris	LOCK Gavin	DOS SANTOS SOARES	ATWELL Nicholas	TVH	03:14.60
2	7	DONOVAN Tyri	PAUL Jacob	OMAR Ridwaan Y	CLARKE Jamal	WSEH	03:22.80
3	2	WEBSTER James	GUEST Lewis	FLANAGAN Harry	WILLIAMS James	LPOOL	03:22.90
4	1	BACON Joe Y	EGAN Muiris	MARSHALL Christophe	COPELAND Piers	BOURNE	03:24.10
5	5	LLYR Ronan	WILLIAMS Rhodri	HOUGHTON Jack Y	CAIRNEY Kaya Y	SWAN	03:29.70
6	4	HIGGINS Jack Y	JERRAM James Y	HENEGHAN James	ROBERTS Jonathan	SOTON	03:30.30
7							
8							



Field RESULTS

F1 Hammer 'A'

Posn	Bib	Athlete	Club	Perf
1	6	MACE Sam	TVH	55.96
2	1	BRUNSDEN Dan	BOURNI	38.78
3	5	OWEN John	SWAN	35.51
4	3	MOULAND Joshua	SALE	26.12
5	77	SHIEL David	WSEH	20.68
6	22	STEERS Len	LPOOL	18.74
7	44	WARN Derek	SOTON	18.55
8				

F1 Hammer 'B'

Posn	Bib	Athlete	Club	Perf
1	66	PAGET Jack	TVH	51.01
2	11	SHEERIN Andrew	BOURNI	33.60
3	55	ROBERTS Peter	SWAN	29.21
4	33	BENISSAD Kamel	SALE	19.94
5	4	LEWIS Jacob	SOTON	18.24
6	7	MORENO Peter	WSEH	16.06
7				
8				

F2 Long Jump 'A'

Posn	Bib	Athlete	Club	Perf	Wind
1	3	BANIGO Reynol	SALE	7.68	2.1
2	1	LELLIOTT James	BOURNI	7.33	1.3
3	7	FISHER Ben	WSEH	7.06	2.2
4	2	CLARKSON Harry	LPOOL	6.98	1.4
5	5	PRICE Aled	SWAN	6.88	0.7
6	66	ONANUGA Subomi	TVH	6.52	0.8
7	4	NAMPUMA Jeremiah	SOTON	6.33	1.6
8					

F2 Long Jump 'B'

Posn	Bib	Athlete	Club	Perf	Wind
1	55	HOPKINS Ceirion	SWAN	6.55	0.7
2	6	ANOCHIRIONYE Ogo	TVH	6.51	+2.5
3	22	DAVIES Elliott Y	LPOOL	6.20	1.1
4	77	WIKING Oscar X	WSEH	5.86	1.7
5	11	COX Alex	BOURNI	5.68	1.7
6	44	JONES Adam	SOTON	4.41	0.8
7					
8					

F3 Pole Vault 'A'

Posn	Bib	Athlete	Club	Perf
1	2	LAMB Chris	LPOOL	4.50
2	3	HARROP Zach	SALE	4.20
3	55	HOSGOOD Ieuan Y	SWAN	4.20
4	77	MELBOURNE Abraham Y	WSEH	4.20
5	6	VILGA Stanislav	TVH	4.00
6	11	LELLIOTT James	BOURNI	3.20
7	4	WARN Derek	SOTON	2.60

F3 Pole Vault 'B'

Posn	Bib	Athlete	Club	Perf
1	22	GLASS Peter	LPOOL	4.40
2	33	MOULAND Joshua	SALE	3.60
3	7	BRYDEN Euan	WSEH	3.20
4	1	HALE Cameron	BOURNI	3.00
5=	5	PRICE Glyn	SWAN	2.05
5=	44	LEWIS Jacob	SOTON	2.05
7	66	BURROWES Danny	TVH	2.05

F4 High Jump 'A'

Posn	Bib	Athlete	Club	Perf
1	3	CONNELL Shane Y	SALE	2.00
2	1	COX Alex	BOURNI	1.95
3	22	HARTLEY Mike	LPOOL	1.95
4	4	JONES Adam	SOTON	1.90
5	77	WIKING Oscar X	WSEH	1.85
6	6	ADEKUNLE Michael	TVH	1.85
7	5	PRICE Aled	SWAN	1.80

F4 High Jump 'B'

Posn	Bib	Athlete	Club	Perf
1	2	JONES Steven	LPOOL	1.90
2	7	MORENO Peter	WSEH	1.80
3	11	SAINVAL Lewis	BOURNI	1.80
4	33	MOULAND Joshua	SALE	1.60
5=	55	JENKINS Ioan	SWAN	1.50
5=	66	VILGA Stanislav	TVH	1.50
7	44	COSTLEY Max	SOTON	1.50

F5 Discus 'A'

Posn	Bib	Athlete	Club	Perf
1	2	SHERIDAN Oein	LPOOL	54.75
2	5	SWAN Patrick	SWAN	46.21
3	1	BRUNSDEN Dan	BOURNI	41.63
4	66	GOETHEER Remco	TVH	38.75
5	33	BENISSAD Kamel	SALE	35.37
6	7	MORENO Peter	WSEH	32.20
7	4	LEWIS Jacob	SOTON	28.19
8				

F5 Discus 'B'

Posn	Bib	Athlete	Club	Perf
1	11	LELLIOTT James	BOURNI	40.80
2	22	GLASS Peter	LPOOL	40.21
3	6	MACE Sam	TVH	38.73
4	55	ROBERTS Peter	SWAN	32.80
5	3	MOULAND Joshua	SALE	32.48
6	77	SHIEL David	WSEH	23.14
7	44	WARN Derek	SOTON	22.82
8				



Field RESULTS

F6 Triple Jump 'A'

Posn	Bib	Athlete	Club	Perf	Wind
1	6	TRIGG Sam	TVH	15.56	2.1 955
2	2	CLARKSON Harry	LPOOL	15.13	1.7 917
3	5	AGHEDO Osaze	SWAN	14.53	2.4 863
4	1	LELLIOTT James	BOURNI	14.39	2.4 850
5	3	MOULAND Joshua	SALE	10.72	0.9 495
6	44	COSTLEY Max	SOTON	10.12	2.1 431
7	7	DITTON Nathan	WSEH	9.67	1.3 381
8					

F6 Triple Jump 'B'

Posn	Bib	Athlete	Club	Perf	Wind
1	22	BURTON Mark	LPOOL	14.32	3.3 844
2	55	OPPONG Roberto	SWAN	13.88	0.8 804
3	66	JAMES Armani	TVH	13.73	2.5 790
4	11	MESSENGER Jack	BOURNI	12.71	2.4 694
5	4	BROWN Peter	SOTON	9.87	1.5 404
6	77	MELBOURNE Abraham Y	WSEH	9.47	1.7 359
7					
8					

F7 Javelin 'A'

Posn	Bib	Athlete	Club	Perf
1	3	DEAN Sam	SALE	61.33 899
2	55	MORGAN Aaron	SWAN	60.60 889
3	6	SWAIN Jack	TVH	59.71 878
4	1	HALE Cameron	BOURNI	51.75 776
5	4	LEWIS Jacob	SOTON	50.02 753
6	2	BROWN Chris	LPOOL	48.15 728
7	7	MORENO Peter	WSEH	34.59 534
8				

F7 Javelin 'B'

Posn	Bib	Athlete	Club	Perf
1	5	JAMES Nathan	SWAN	56.55 838
2	11	BROWN Andrew	BOURNI	49.52 747
3	22	CARROLL James Y	LPOOL	46.22 702
4	66	MACE Sam	TVH	39.28 604
5	33	MOULAND Joshua	SALE	36.98 570
6	77	DITTON Nathan	WSEH	20.95 301
7	44	COSTLEY Peter	SOTON	18.21 246
8				

F8 Shot 'A'

Posn	Bib	Athlete	Club	Perf
1	5	SWAN Patrick	SWAN	16.26 988
2	6	GOETHEER Remco	TVH	16.09 978
3	2	SHERIDAN Oein	LPOOL	15.06 918
4	1	BRUNSDEN Dan	BOURNI	13.12 798
5	7	MORENO Peter	WSEH	11.83 712
6	3	MOULAND Joshua	SALE	10.74 636
7	4	BROWN Peter	SOTON	7.87 403
8				

F8 Shot 'B'

Posn	Bib	Athlete	Club	Perf
1	55	CORK Daniel	SWAN	15.40 938
2	66	PAGET Jack	TVH	13.06 794
3	22	CARROLL James Y	LPOOL	11.37 680
4	11	SHEERIN Andrew	BOURNI	10.37 608
5	77	SHIEL David	WSEH	8.90 493
6	33	BENISSAD Kamel	SALE	8.82 487
7	44	WARN Derek	SOTON	7.05 324
8				