

STAKEHOLDERS

ADVISORY TO PREVENT 2019 NOVEL CORONA VIRUS INFECTION

BOARD A SHIP AFTER IT IS DECLARED FREE FROM ANY SYMPTOM SUGGESTIVE OF 2019 CORONA VIRUS DISEASE BY EITHER PORT TRUST DOCTORS OR BY QUARANTINE OFFICERS. ALTERNATIVELY COLLECT INFORMATION FROM THE MASTER AND IF THERE IS NO PATIENT SUFFERING FROM FEVER, COUGH OR RESPIRATORY DISTRESS OR THE SHIP HAS NOT TOUCHED AFFECTED COUNTRY WITHIN LAST 14 DAYS, YOU CAN BOARD THE SHIP WITH PPE ON.

IN EACH AND EVERY SHIP ALL STAKE HOLDERS SHOULD COME ON BOARD PUTTING ON ALL PERSONAL PROTECTIVE EQUIPMENTS(PPE) LIKE HEAD COVER, PROPER EYE COVERING GLASS, N95 OR N99 MASK, APRON OR GOWN, GLOVES AND SHOE COVER. DO NOT COME ON BOARD WITHOUT PPE.

IF ANYBODY IS SEEN ON BOARD WITHOUT PPE PROTEST IMMEDIATELY AND COMPEL HIM TO PUT ON PPE IMMEDIATELY. ANYBODY WITHOUT PPE MAY BE INFECTED BY 2019 NOVEL CORONA VIRUS ANY MOMENT AND WILL SPREAD THE INFECTION TO YOU AND TO THE SOCIETY.

ALL CREW MUST COVER HIS FACE WITH MASK WHILE TALKING TO YOU OR ANYBODY. OTHERWISE HE IS A POTENTIAL DANGER TO ALL OF YOU. A CREW WITHOUT MASK CAN CATCH INFECTION FROM ANY INFECTED PERSON. EACH CREW SHOULD PUT HIS GLOVES ON.

SHIPPING AGENTS ARE VERY RELUCTANT TO USE PPE. THEY MUST PUT PPE ON WHILE ON BOARD.

STRICTLY AVOID HAND SHAKING. AS THE DISEASE SPREADS BY TOUCH, IT IS RATIONAL TO ADOPT NO TOUCH TECHNIQUE. INDIAN SYSTEM OF NAMASKAR IS THE BEST WAY. SO EVERYBODY SHOULD FOLLOW THAT SYSTEM.

DURING SNEEZING OR COUGHING HUNDREDS OF DROPLETS COME OUT OF OUR NOSE OR MOUTH. THESE DROPLETS FROM AN INFECTED PERSON CARRY 2019 NOVEL CORONA VIRUS. THIS VIRUS IS A HEAVY VIRUS AND CAN NOT FLOAT IN THE AIR FOR A LONG TIME. THESE DROPLETS SETTLE DOWN RAPIDLY AND CAN NOT FLOAT BEYOND 1.8 METERS OR 6 FEET. THIS IS WHY ONE SHOULD TALK WITH ANY CREW FROM A DISTANCE OF 1.8 METERS OR 6 FEET.

DON'T EAT ANYTHING ON BOARD. DON'T HAVE TEA EVEN DON'T DRINK WATER ON BOARD.

WHILE IN A SHIP DON'T TOUCH FREQUENTLY TOUCHED OBJECTS. TRY TO AVOID TOUCHING DOOR HANDLES, PENS USED BY MANY PERSONS, WALLS, WATER BOTTLES, TEA MUG HANDLE ETC. ETC. DISINFECTION OF SURFACES OR OBJECTS IS POSSIBLE WITH CHEAP SUBSTANCES SUCH AS 62-71% ETHANOL APPLIED FOR ONE MINUTE.

APPLY ALCOHOL BASED HAND SANITISER OR RUB ALL OVER YOUR HANDS OR WASH YOUR HANDS WITH SOAP AND WATER AFTER YOUR WORK IS FINISHED.

UNWANTED OR UNNECESSARY PERSONS MUST NOT BE ALLOWED TO COME ON BOARD. THEY ARE POTENTIAL DANGER TO CARRY INFECTION BECAUSE THEY DON'T USE PPE.

WHILE WORKING ON BOARD DON'T PUT YOUR FINGER INTO YOUR NOSE OR MOUTH. DON'T

TOUCH YOUR FACE WITH YOUR FINGER.

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DON'T TOUCH OR RUB YOUR EYES WITH UNWASHED HAND.

DON'T TOUCH OUTER SURFACE OF YOUR MASK WITH YOUR FINGER.

WHILE COUGHING OR SNEEZING BE SURE THAT YOUR FACE IS COVERED BY MASK.

FACE MASK MUST BE FITTED WITH THE BRIDGE OF THE NOSE IN SUCH A WAY THAT THERE SHOULD NOT BE ANY GAP JUST BY THE SIDE OF THE BRIDGE OF THE NOSE. THE HARD UPPER BORDER OF THE MASK MUST BE IN TOUCH WITH THE BRIDGE OF THE NOSE SO THAT NOSTRILS REMAINS ALWAYS COVERED . NEVER KEEP YOUR NOSE UNCOVERED.

WHILE TALKING TO OTHERS DON'T KEEP YOUR MOUTH UNCOVERED.

USE YOUR OWN PEN AND DON'T TOUCH ANY PEN WHICH IS USED BY SO MANY PERSONS IN A SHIP,

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SOMETIMES GIFTS OR COMPLIMENTS ARE OFFERED BY THE MASTER. AS 2019 nCoV SPREADS BY TOUCH THERE IS EVERY POSSIBILITY OF TRANSMISSION OF CORONA VIRUS VIA GIFTS OR COMPLIMENTS PROVIDED THERE IS INFECTED CREW IN THE SHIP. THIS IS WHY COMPLIMENTS SHOULD NOT BE ACCEPTED BY ANY STAKE HOLDERS

**PORT HEALTH ORGANISATION
KOLKATA**