



THE CYCLING WEEKLY BOX HILL ORIGINAL SPORTIVE

Rider times and estimated RiTMO scores.

Click here or on your RiTMO score to be directed to CW.CC and learn more about RiTMO - the universal rating system for road cyclists

First Name	Last Name	Route	Bib	Final Time	Standard	RiTMO
Abbott	Angela	Short	30	02:41:49	GOLD	17.7
Aiken	Sue	Short	38	03:55:26	BRONZE	24.7
Aldridge	Daniel	Short	43	03:24:48	BRONZE	22.8
Allewell	David	Short	49	03:18:02	BRONZE	22.3
Altbell	Max	Short	55	04:28:48	BRONZE	25.8
Altbell	Clara	Short	54	04:37:34	BRONZE	26.1
Andersen	Morten	Short	59	04:20:49	BRONZE	25.6
Andersen	Erling	Short	58	04:21:07	BRONZE	25.6
archer	peter	Short	74	04:01:46	BRONZE	24.9
Astill	Jack	Short	82	04:12:07	BRONZE	25.3
Auld	Sarah	Short	86	03:54:14	BRONZE	24.6
Bailey	Chris	Short	97	03:29:48	BRONZE	23.2
Baird	Peter	Short	100	03:24:37	BRONZE	22.8
Baker	Andrew	Short	106	04:19:21	BRONZE	25.6
Baker	Richard	Short	107	04:34:42	BRONZE	26.0
bardell	peter	Short	117	03:13:42	BRONZE	21.9
Barker	Simon	Short	119	02:52:25	SILVER	19.4
Bates	Tony	Short	141	03:35:32	BRONZE	23.6
beagley	Graham	Short	147	04:23:20	BRONZE	25.7
Beattie	Mark	Short	151	04:30:43	BRONZE	25.9
Beer	John	Short	155	02:57:49	SILVER	20.1
Bell	David	Short	163	03:47:57	BRONZE	24.3
Bennett	Gordon	Short	169	03:08:46	BRONZE	21.4
Bennett	Giles	Short	2105	04:22:31	BRONZE	25.7
Bennett	Caroline	Short	168	04:33:23	BRONZE	26.0
Beresford	Nick	Short	172	03:23:24	BRONZE	22.7
Bicknell	Nigel	Short	180	03:41:58	BRONZE	24.0
Biggs	Joe	Short	2245	03:04:22	SILVER	20.9
Birley	Andy	Short	188	02:44:31	GOLD	18.1
Bleakley	Kevin	Short	199	02:42:12	GOLD	17.7
Bleakley	Andrew	Short	200	02:50:05	SILVER	19.0
Bollina	Harsha	Short	206	04:24:23	BRONZE	25.7
Bool	Matthew	Short	209	03:46:36	BRONZE	24.2
Botha	Anton	Short	213	03:17:59	BRONZE	22.3

Botting	Simon	Short	214	03:45:23	BRONZE	24.2
Bowerman	Dan	Short	216	03:49:44	BRONZE	24.4
Bowron	John	Short	2232	02:43:32	GOLD	18.0
Bradbury	Alex	Short	224	04:08:53	BRONZE	25.2
Bradbury	Roderick	Short	225	04:09:51	BRONZE	25.3
Bradley	James	Short	2243	03:37:17	BRONZE	23.7
Brand	Josh	Short	230	03:42:57	BRONZE	24.0
Brassfield	Jonathan	Short	231	04:05:08	BRONZE	25.1
Brazendale	Damien	Short	235	04:30:11	BRONZE	25.9
Bridger	Andy	Short	243	03:10:26	BRONZE	21.6
Bright	Greg	Short	244	03:16:24	BRONZE	22.1
Bringlow	Jim	Short	246	04:53:06	BRONZE	26.4
broad	phillip	Short	251	03:25:00	BRONZE	22.9
Brown	Stephen	Short	261	02:40:01	GOLD	17.4
Brown	Keith	Short	265	03:45:26	BRONZE	24.2
Brown	Chris	Short	263	04:01:21	BRONZE	24.9
Bryant	Tony	Short	2066	02:51:38	SILVER	19.2
Buckley	James	Short	276	03:01:38	SILVER	20.6
Budge	Chris	Short	279	03:54:58	BRONZE	24.7
Bull	Andrea	Short	280	03:22:11	BRONZE	22.6
Burt	Peter	Short	2138	03:17:47	BRONZE	22.3
Butland	James	Short	293	03:17:32	BRONZE	22.2
Campbell	Camilla	Short	2176	03:16:51	SILVER	22.2
Campero	Juan	Short	309	04:38:27	BRONZE	26.1
Carroll	Jonathan	Short	316	03:20:43	BRONZE	22.5
castle	rich	Short	326	03:21:50	BRONZE	22.6
Catto	Charles	Short	329	03:18:22	BRONZE	22.3
Chalklin	Andrew	Short	334	03:23:42	BRONZE	22.8
Chan	Susie	Short	339	03:12:06	SILVER	21.7
Chapman	Jo	Short	345	04:05:06	BRONZE	25.1
Charlton	Martin	Short	348	03:26:01	BRONZE	22.9
Cheesman	Gillian	Short	351	03:48:27	BRONZE	24.3
Chick	Hayden	Short	356	03:58:50	BRONZE	24.8
Chiheb	Zohra	Short	357	03:32:17	BRONZE	23.4
Clarke	Adrian	Short	380	03:15:52	BRONZE	22.1
Clarke	Andrew	Short	377	03:25:59	BRONZE	22.9
clayton	stephen	Short	387	04:29:58	BRONZE	25.9
Clift	Ray	Short	390	03:09:08	BRONZE	21.4
Cobb	Alexandra	Short	394	03:58:58	BRONZE	24.8
Cockayne	Abigail	Short	395	04:28:13	BRONZE	25.8
Coffin	Tim	Short	397	02:54:13	SILVER	19.6
Cohen	Henry	Short	398	03:58:10	BRONZE	24.8
Colclough	Katie	Short	400	02:43:34	GOLD	18.0
Comnea	Daniel	Short	407	03:16:22	BRONZE	22.1
Cook	Jeff	Short	411	02:34:15	GOLD	16.3
Cooper	Alex	Short	414	03:12:58	BRONZE	21.8
Cordell	Paul	Short	421	04:57:26	BRONZE	26.5
Cornish	Jennifer	Short	426	03:39:33	BRONZE	23.9
Corrie	Angela	Short	427	03:00:29	SILVER	20.4
Corrigan	John	Short	5	03:35:25	BRONZE	23.6
Cosby	Richard	Short	428	02:52:00	SILVER	19.3

Crane	John	Short	2241	03:10:43	BRONZE	21.6
CRAWLEY	STUART	Short	444	04:53:31	BRONZE	26.4
Cronin	Matthew	Short	447	03:25:12	BRONZE	22.9
Cullum	Daniel	Short	457	03:04:27	SILVER	20.9
Daisley	Samantha	Short	2202	05:21:33	BRONZE	26.8
Daniel	Kate	Short	469	04:12:08	BRONZE	25.3
Daniels	George	Short	470	04:00:46	BRONZE	24.9
Daniels	Timothy	Short	471	04:01:34	BRONZE	24.9
Darwent	Kate	Short	477	04:25:53	BRONZE	25.8
Davies	Jo	Short	2236	04:24:06	BRONZE	25.7
Dean	Peter	Short	501	03:36:56	BRONZE	23.7
Dearlove	Ed	Short	502	04:28:53	BRONZE	25.8
Dearlove	Ella -Marie	Short	2124	04:29:40	BRONZE	25.9
Debbage	Ian	Short	503	03:39:18	BRONZE	23.8
delaney	brendon	Short	506	03:15:44	BRONZE	22.1
dempsey	julie	Short	507	03:50:56	BRONZE	24.5
Dibbens	Greg	Short	519	04:17:38	BRONZE	25.5
Doherty	Daniel	Short	2117	02:49:29	SILVER	18.9
East	Philippa	Short	573	04:28:12	BRONZE	25.8
Ellis	Ian	Short	597	03:25:41	BRONZE	22.9
Elson	Peter	Short	600	03:23:01	BRONZE	22.7
Evans	Steve	Short	616	03:28:47	BRONZE	23.1
Evans	Lee	Short	615	03:48:42	BRONZE	24.4
Evans	Stuart	Short	617	04:12:56	BRONZE	25.4
Fairbrother	Nick	Short	621	03:02:51	SILVER	20.7
fallon	simon	Short	625	03:11:16	BRONZE	21.6
Ferguson	Nial	Short	641	03:28:31	BRONZE	23.1
Ferguson	Elizabeth	Short	640	03:28:42	BRONZE	23.1
Ferrelly	Neil	Short	642	03:11:00	BRONZE	21.6
Findlay	Gregor	Short	2218	03:33:19	BRONZE	23.5
Firth	Tobias	Short	645	03:11:05	BRONZE	21.6
Firth	Graeme	Short	644	03:37:18	BRONZE	23.7
Flippance	Neil	Short	2221	02:55:32	SILVER	19.8
Flood	Alastair	Short	652	03:04:28	SILVER	20.9
Fong	Ming	Short	656	05:27:03	BRONZE	26.9
Fox	Gary	Short	664	03:38:42	BRONZE	23.8
Fox	Nick	Short	667	04:09:03	BRONZE	25.2
Fox	Jane	Short	665	04:54:11	BRONZE	26.4
Fox	Joanne	Short	666	04:54:15	BRONZE	26.4
Fraser	Ron	Short	2155	03:28:57	BRONZE	23.2
Free	Fiona	Short	2106	04:25:52	BRONZE	25.8
Friedlander	Scott	Short	674	03:13:54	BRONZE	21.9
furtado	mhairi	Short	681	03:14:49	SILVER	22.0
Gadsby	Darren	Short	683	03:10:44	BRONZE	21.6
Gale	Geirge	Short	685	04:24:26	BRONZE	25.7
Gale	Richard	Short	686	04:24:27	BRONZE	25.7
Gannon	Vince	Short	691	02:58:54	SILVER	20.2
Garbutt	Luke	Short	693	03:22:46	BRONZE	22.7
Garbutt	Robert	Short	692	03:23:01	BRONZE	22.7
Gasson	Dean	Short	700	03:32:55	BRONZE	23.4
Gatehouse	Alex	Short	701	03:13:22	BRONZE	21.9

Gilbert	Rob	Short	714	04:29:32	BRONZE	25.9
Gilson	Peter	Short	718	03:29:55	BRONZE	23.2
Giraudeau	Chris	Short	719	02:56:45	SILVER	20.0
Gleeson	Kevin	Short	720	02:57:43	SILVER	20.1
golding	tim	Short	726	02:48:44	SILVER	18.8
Gray	Emma	Short	755	04:26:42	BRONZE	25.8
Green	Adam	Short	758	03:33:36	BRONZE	23.5
Gregory	Matthew	Short	762	03:10:39	BRONZE	21.6
Grenie	Nicolas	Short	764	03:11:28	BRONZE	21.7
Griffiths	Jackie	Short	770	03:06:47	SILVER	21.2
Grimes	Anthony	Short	771	03:58:42	BRONZE	24.8
Grimes	Justian	Short	772	03:59:29	BRONZE	24.9
Gwinnett	Sarah	Short	781	04:30:12	BRONZE	25.9
Hadfield	Jay	Short	782	03:15:23	SILVER	22.0
Haines	Carolyn	Short	784	04:33:19	BRONZE	26.0
Hall	Peter	Short	792	03:18:18	BRONZE	22.3
Halliday	Katie	Short	796	04:28:20	BRONZE	25.8
Hanson	Charlotte	Short	803	03:09:50	SILVER	21.5
Hardman	Chris	Short	807	04:07:00	BRONZE	25.2
Hardman	Rachel	Short	808	04:08:46	BRONZE	25.2
Harman	Vaughn	Short	815	03:13:49	BRONZE	21.9
Harman	Justine	Short	814	03:14:16	SILVER	21.9
Harrington	Harry	Short	2238	03:59:41	BRONZE	24.9
Harvey	Chris	Short	846	03:23:15	BRONZE	22.7
Harvey	Alex	Short	845	04:01:06	BRONZE	24.9
Hasselbach	sherinne	Short	852	04:21:18	BRONZE	25.6
Hawkins	Jon	Short	2115	02:42:05	GOLD	17.7
Hawthorn	Rob	Short	860	04:30:06	BRONZE	25.9
Hayes	Lynn	Short	863	03:07:25	SILVER	21.2
Henwood	Simon	Short	879	02:29:21	GOLD	15.3
Heugh	Patrick	Short	885	02:57:38	SILVER	20.1
Holder	Jacqui	Short	913	04:28:40	BRONZE	25.8
Holland	Angela	Short	915	03:32:24	BRONZE	23.4
Horne	Christopher	Short	925	02:57:23	SILVER	20.1
Hoy	Chris	Short	11	02:44:25	GOLD	18.1
Humphreys	Malcolm	Short	941	02:48:23	SILVER	18.8
Hunt	Andrew	Short	946	03:25:55	BRONZE	22.9
hurley	steve	Short	948	03:37:17	BRONZE	23.7
Hutchinson	Michael	Short	951	02:50:43	SILVER	19.1
Huxley	Mark	Short	958	03:04:23	SILVER	20.9
Huxley	Paul	Short	959	03:08:09	BRONZE	21.3
Huxley	Jo	Short	957	04:19:48	BRONZE	25.6
Irvine	Tracey	Short	966	03:43:29	BRONZE	24.1
Jamieson	Ed	Short	980	03:09:18	BRONZE	21.4
Jenkins	Chris	Short	987	02:59:35	SILVER	20.3
Jennings	James	Short	988	03:01:22	SILVER	20.6
Jestico	Jane	Short	990	04:19:40	BRONZE	25.6
Johns	Mark	Short	993	03:13:09	BRONZE	21.8
Jones	Tracy	Short	1011	03:17:00	SILVER	22.2
Jones	David	Short	1008	03:18:21	BRONZE	22.3
Jones	Chris	Short	1007	03:19:27	BRONZE	22.4

jones	julian	Short	1009	03:37:19	BRONZE	23.7
Jones	Stephen	Short	1010	04:04:40	BRONZE	25.1
Jordan	Adam	Short	1013	03:06:00	BRONZE	21.1
Jordan	Kenn	Short	2176	03:16:51	BRONZE	22.2
joyce	john	Short	1018	02:31:49	GOLD	15.8
Kebby	Robert	Short	1029	03:33:22	BRONZE	23.5
Kemp	Paul	Short	1039	02:56:49	SILVER	20.0
Kemp	Trudi	Short	1040	04:11:54	BRONZE	25.3
Kennell-Webb	Jamie	Short	1044	03:15:35	BRONZE	22.1
Khare	Kanupriya	Short	2140	04:42:15	BRONZE	26.2
King	Laurie	Short	1057	05:49:11	BRONZE	27.1
Kingsbury	Jordan	Short	1061	03:36:15	BRONZE	23.7
Ko	Siu-Yun	Short	1073	04:34:19	BRONZE	26.0
Kruger	Jean	Short	2137	02:59:58	SILVER	20.4
Lake	Peter	Short	1078	03:09:31	BRONZE	21.5
Langford	Martin	Short	1085	03:58:28	BRONZE	24.8
Lansdown-Bridge	Elliott	Short	1088	03:26:33	BRONZE	23.0
Lathwell	Colin	Short	1091	04:32:43	BRONZE	26.0
Lathwell	George	Short	1092	04:32:43	BRONZE	26.0
Latimour	Mark	Short	1093	04:02:47	BRONZE	25.0
Leah	Claire	Short	1103	03:14:53	SILVER	22.0
Leah	Ian	Short	1104	03:15:58	BRONZE	22.1
Lee	Stuart	Short	1108	03:32:53	BRONZE	23.4
leikis	ben	Short	1109	03:41:23	BRONZE	24.0
Lewis	Michael	Short	2204	03:44:14	BRONZE	24.1
Lewis	Zoe	Short	2203	03:44:43	BRONZE	24.2
Limpenny	Frederic	Short	2155	03:28:57	BRONZE	23.2
Limpenny	Martin	Short	1128	03:30:13	BRONZE	23.3
Littledale	Joe	Short	1134	03:43:00	BRONZE	24.1
Loader	Peter	Short	1137	03:24:56	BRONZE	22.9
Lockhart	James	Short	1138	03:17:27	BRONZE	22.2
Longhurst	Paul	Short	2085	02:40:14	GOLD	17.4
Lowe	Phil	Short	2147	02:42:09	GOLD	17.8
Luck	Chris	Short	1145	04:33:30	BRONZE	26.0
Lugg	Mike	Short	1148	03:18:15	BRONZE	22.3
Lydon	Paul	Short	1153	03:12:05	BRONZE	21.7
Lynch	Sam	Short	1156	05:02:53	BRONZE	26.6
Lynch	Richard	Short	1155	05:02:56	BRONZE	26.6
Lyons	David	Short	1158	03:38:18	BRONZE	23.8
Mandron	Camille	Short	1182	04:28:08	BRONZE	25.8
Manning	Sue	Short	2104	04:26:41	BRONZE	25.8
Mansfield	Daniel	Short	1190	03:15:03	BRONZE	22.0
Marques	Joaquim	Short	1194	04:17:14	BRONZE	25.5
Marriott	Tom	Short	1195	04:33:21	BRONZE	26.0
Martin	Alexandra	Short	1206	02:56:59	GOLD	20.0
Martin	James	Short	1207	03:28:46	BRONZE	23.2
Martinez	Carlos	Short	2093	03:15:52	BRONZE	22.1
Martinez	Carlos	Short	1208	07:55:40	BRONZE	27.8
McBride	Robert	Short	1220	02:51:40	SILVER	19.3
McDonnell	Dominic	Short	1228	03:57:38	BRONZE	24.8
McEwan	Andrew	Short	1231	03:15:52	BRONZE	22.1

Mcfarlane	Colin	Short	1234	06:17:26	BRONZE	27.3
McGillicuddy	John	Short	1237	03:50:59	BRONZE	24.5
McGrann	Richard	Short	1238	05:02:31	BRONZE	26.6
McMahon	Michael	Short	1248	02:30:16	GOLD	15.5
McMillan	Andy	Short	1250	03:25:02	BRONZE	22.9
Meehan	Gregory	Short	1258	03:36:56	BRONZE	23.7
Mellison	Clare	Short	2101	04:03:38	BRONZE	25.0
Mellor	Martine	Short	1260	03:49:47	BRONZE	24.4
Merchant	Laura	Short	1265	03:10:44	BRONZE	21.6
Merry	Paul	Short	1268	02:52:28	SILVER	19.4
Miller	Tal	Short	1276	03:48:26	BRONZE	24.4
Mitchell	Thomas	Short	1286	03:10:17	BRONZE	21.6
Mitchell	Lindi	Short	1285	03:12:26	SILVER	21.8
Moore	Robert	Short	1303	03:58:10	BRONZE	24.8
Moore	James	Short	1302	04:07:06	BRONZE	25.2
morgan	robert	Short	1308	03:48:31	BRONZE	24.4
Morgan	Dylan	Short	1307	04:56:36	BRONZE	26.5
Morgan	David	Short	1306	04:56:38	BRONZE	26.5
Morhead	Kelly	Short	1309	04:36:16	BRONZE	26.0
Morris	Neil	Short	1311	03:00:56	SILVER	20.5
Morton	James	Short	2254	02:43:37	GOLD	18.0
Nehikhare	Yuki	Short	1340	06:53:01	BRONZE	27.5
Newman	Billy	Short	1345	02:41:10	GOLD	17.6
Nicholas	Edward	Short	1347	03:14:16	BRONZE	22.0
niven	roger	Short	1350	04:09:36	BRONZE	25.3
Noble	Derek	Short	1354	04:09:37	BRONZE	25.3
Noble	Jessica	Short	1355	04:09:37	BRONZE	25.3
Oakley	Alexander	Short	1363	03:14:51	BRONZE	22.0
Odell	Lee	Short	1367	03:36:33	BRONZE	23.7
Old	Chris	Short	2146	03:32:29	BRONZE	23.4
Oliver	Martin	Short	1374	02:46:25	GOLD	18.5
Oliver	Stephen	Short	1375	03:06:45	BRONZE	21.2
Osborne	Roy	Short	2091	02:51:26	SILVER	19.2
Osborne	Kym	Short	1384	04:36:19	BRONZE	26.0
O'Sullivan	Catherine	Short	1387	03:40:21	BRONZE	23.9
Page	Gillian	Short	1394	03:48:59	BRONZE	24.4
Park	John	Short	2219	04:26:48	BRONZE	25.8
Park	Louise	Short	1403	04:27:50	BRONZE	25.8
Paybody	Jennifer	Short	1416	04:23:22	BRONZE	25.7
Payne	Simon	Short	1417	03:45:27	BRONZE	24.2
Peet	Denise	Short	2079	03:41:41	BRONZE	24.0
Peggs	Ian	Short	1432	02:46:36	GOLD	18.5
Pender	Marc	Short	1433	03:59:32	BRONZE	24.9
Penhaligon	Bethany	Short	1434	04:26:36	BRONZE	25.8
Peterken	Elizabeth	Short	2237	04:24:04	BRONZE	25.7
petruzzello	sergio	Short	1445	02:45:06	GOLD	18.3
Phillips	Steven	Short	2248	01:15:43	GOLD	-0.6
Phillips	Lucy	Short	1449	04:28:17	BRONZE	25.8
Phillips	Alex	Short	1451	04:29:26	BRONZE	25.9
phipps	julian	Short	1452	02:54:33	SILVER	19.7
Ploughman	Alice	Short	2223	03:16:05	SILVER	22.1

Plowman	Alice	Short	1462	05:23:50	BRONZE	26.9
Plumadore	David	Short	1463	05:42:49	BRONZE	27.1
Plumridge	Peter	Short	1464	02:46:49	GOLD	18.5
Pool	James	Short	1467	03:00:59	SILVER	20.5
POULTER	COLIN	Short	1477	03:33:11	BRONZE	23.5
Powell	James	Short	1482	03:06:48	BRONZE	21.2
Pratt	James	Short	2131	03:43:16	BRONZE	24.1
Price	Gary	Short	1493	02:56:29	SILVER	19.9
Price	Michael	Short	1494	04:04:32	BRONZE	25.1
Puri	Raheel	Short	1501	03:44:46	BRONZE	24.2
Putman	Michael	Short	1502	04:19:57	BRONZE	25.6
quilter	richard	Short	1505	04:52:35	BRONZE	26.4
Rainbow	Alison	Short	2119	03:28:42	BRONZE	23.2
Redman	Alan	Short	2212	04:07:30	BRONZE	25.2
Redman	Duncan	Short	2213	04:07:32	BRONZE	25.2
Redman	Tom	Short	2214	04:07:32	BRONZE	25.2
Reid	James	Short	1530	03:38:32	BRONZE	23.8
Richards	Ian	Short	1535	03:30:23	BRONZE	23.3
Richards	Melanie	Short	1536	03:30:25	BRONZE	23.3
Richards	Debbie	Short	1537	03:34:04	BRONZE	23.5
Richardson	Simon	Short	1542	02:44:26	GOLD	18.2
Richardson	Kevin	Short	1543	03:15:24	BRONZE	22.1
Richens	Tony	Short	1545	03:05:27	BRONZE	21.0
Rickwood	Martin	Short	2096	03:21:20	BRONZE	22.6
Rios Jaramillo	Uriel	Short	1554	03:48:04	BRONZE	24.3
Roberts	Chris	Short	1559	03:11:35	BRONZE	21.7
Robertson	John	Short	2256	03:16:54	BRONZE	22.2
Robinson	Andrew	Short	1570	03:23:13	BRONZE	22.7
Robinson	Guy	Short	1571	05:01:19	BRONZE	26.5
Rochford	Ben	Short	1573	03:38:16	BRONZE	23.8
Rogers	Steve	Short	1579	03:29:41	BRONZE	23.2
Rosam	Chistopher	Short	1583	03:00:37	SILVER	20.5
Rowe	Dave	Short	1589	03:55:27	BRONZE	24.7
Rule	Don	Short	1591	02:49:23	SILVER	18.9
Rumsey	Clive	Short	1592	03:01:20	SILVER	20.6
Russell	Pete	Short	2178	02:53:54	SILVER	19.6
Rutter	Dag	Short	2123	02:55:07	SILVER	19.8
Samele Acquavna	Alice	Short	2245	03:04:22	SILVER	20.9
Sanchez	Sebastian	Short	1609	04:16:53	BRONZE	25.5
Sanderson	David	Short	1611	03:09:14	BRONZE	21.5
Sands	Becky	Short	2222	03:14:37	SILVER	22.0
Saville	Tony	Short	1617	03:03:20	SILVER	20.8
Scott	Gillian	Short	1628	03:15:02	SILVER	22.0
Scott	Jonathan	Short	1629	03:51:56	BRONZE	24.5
Scott	Alice	Short	1627	03:51:57	BRONZE	24.5
sellors	clare	Short	1633	03:29:31	BRONZE	23.2
sellors	jonathan	Short	1634	03:29:55	BRONZE	23.3
Shaban	Tammy	Short	1639	03:24:54	BRONZE	22.9
Shaban	Daniel	Short	1638	03:24:55	BRONZE	22.9
Shakespeare	Mark	Short	1641	03:23:00	BRONZE	22.7
Shankster	Jane	Short	1642	04:12:07	BRONZE	25.4

Sharp	Giles	Short	1644	02:34:57	GOLD	16.4
Sharp	Liam	Short	1645	03:06:08	BRONZE	21.1
Sharpe	Garry	Short	1646	03:09:33	BRONZE	21.5
Sheehy	Barry	Short	1649	03:22:04	BRONZE	22.7
sherlock	matthew	Short	1656	03:58:33	BRONZE	24.8
Sherringham	John	Short	1658	03:26:44	BRONZE	23.0
SHRUBB	JANE	Short	1663	03:13:04	SILVER	21.8
Shute	Jack	Short	1664	03:13:22	BRONZE	21.9
Simmons	Noelle	Short	1668	03:47:48	BRONZE	24.3
Simpson	Ed	Short	1671	02:39:02	GOLD	17.2
Simpson	Tom	Short	1672	02:39:03	GOLD	17.2
Skinner	Jackie	Short	1675	04:07:22	BRONZE	25.2
Skinner	Mick	Short	1676	04:07:27	BRONZE	25.2
Smith	Gavin	Short	2136	02:59:40	SILVER	20.4
Smith	Alan	Short	1699	03:00:18	SILVER	20.4
Sotgiu	Aldo	Short	1710	03:20:39	BRONZE	22.5
southgate	noel	Short	1712	03:04:15	SILVER	20.9
Southwell	Chris	Short	1713	03:53:07	BRONZE	24.6
Spence	Frederick	Short	1725	03:43:44	BRONZE	24.1
Spikins	Nathan	Short	1727	03:33:16	BRONZE	23.5
Spikins	Luke	Short	1726	03:33:23	BRONZE	23.5
Spink	Emma	Short	1728	04:33:15	BRONZE	26.0
Spy	Lucy	Short	1729	03:40:06	BRONZE	23.9
stefanutti	mauro	Short	1740	03:18:25	BRONZE	22.3
STERGIOU	IOANNIS	Short	1747	04:16:40	BRONZE	25.5
stimson	warren	Short	1754	02:52:00	SILVER	19.3
Sutherland	Jennifer	Short	1772	04:28:14	BRONZE	25.9
Taggart	Sam	Short	1786	03:26:02	BRONZE	23.0
tait	rona	Short	1788	03:14:21	SILVER	22.0
Tatt	Nick	Short	1792	02:56:55	SILVER	20.0
Taylor	Barry	Short	1804	03:29:28	BRONZE	23.2
Taylor	David	Short	1805	03:38:36	BRONZE	23.8
Taylor-Medhurst	Oliver	Short	1808	04:28:08	BRONZE	25.8
Terry	Gayle	Short	1815	04:04:59	BRONZE	25.1
Thompson	Mark	Short	1828	02:49:27	SILVER	19.0
Thornton	Geoff	Short	1837	02:53:20	SILVER	19.5
Thrower	Jamieson	Short	1838	03:00:07	SILVER	20.4
Tolhurst	Ally	Short	1846	04:09:53	BRONZE	25.3
Tomsett	Callum	Short	1851	03:54:22	BRONZE	24.7
Trainor	Patrick	Short	1857	02:56:10	SILVER	19.9
tricerri	louise	Short	1861	03:14:49	SILVER	22.0
Tuck	Peter	Short	2220	03:24:24	BRONZE	22.8
turner	andrea	Short	1876	04:36:21	BRONZE	26.1
Tyler	Peter	Short	1880	08:07:16	BRONZE	27.8
Utteridge	Lee	Short	1884	03:28:42	BRONZE	23.2
van Heurck	Jean-Charles	Short	1891	04:34:13	BRONZE	26.0
Ventham	Robert	Short	1898	02:54:41	SILVER	19.7
Vogado	Jonathan	Short	1903	03:08:00	BRONZE	21.3
Waldron	Kimberley	Short	1909	04:17:28	BRONZE	25.5
Walker	Lynne	Short	1912	03:33:24	BRONZE	23.5
Walshe	Barbara	Short	1922	03:46:34	BRONZE	24.3

Ward	Peter	Short	1929	02:51:41	SILVER	19.3
Ward	Sebastian	Short	1931	04:24:27	BRONZE	25.7
Ward	Richard	Short	1930	04:24:32	BRONZE	25.8
Webb	David	Short	1943	03:03:20	SILVER	20.8
Webster	Bryan	Short	1947	03:11:53	BRONZE	21.7
Weston	Robert	Short	1959	03:25:03	BRONZE	22.9
Whitmarsh	James	Short	1986	02:43:14	GOLD	18.0
wilcox	nick	Short	1993	03:13:40	BRONZE	21.9
williamson	paul	Short	2006	02:57:51	SILVER	20.1
Wilson	Jayne	Short	2012	04:31:50	BRONZE	25.9
Wilson	Gail	Short	2011	04:37:30	BRONZE	26.1
wise	simon	Short	2018	04:34:20	BRONZE	26.0
Witchell	Graham	Short	2019	02:50:11	SILVER	19.1
Wood	Tom	Short	2026	05:27:10	BRONZE	26.9
Ypma	Lebe	Short	28	04:05:40	BRONZE	25.1
Zod	Nick	Short	2046	03:48:24	BRONZE	24.4

Abbott	Jon	Standard	31	04:40:28	SILVER	16.4
Addis	Steven	Standard	37	04:36:05	SILVER	16.0
Adshead	Philip	Standard	2187	06:05:35	BRONZE	21.2
Aikman	Sarah	Standard	39	07:06:26	BRONZE	22.8
Aird	Ben	Standard	41	04:18:36	GOLD	14.3
Alexander	Daniel	Standard	44	05:20:38	BRONZE	19.2
Allen	Mark	Standard	47	04:50:13	SILVER	17.2
Allert	John	Standard	48	05:08:13	BRONZE	18.5
Allison	Michael	Standard	51	05:28:31	BRONZE	19.6
Alonso	Robert	Standard	53	04:45:59	SILVER	16.9
Alvaro	Jose	Standard	56	04:38:57	SILVER	16.3
Amess	John	Standard	2099	05:15:08	BRONZE	18.9
Anderson	Ross	Standard	63	04:33:07	SILVER	15.7
Andrew	James	Standard	2234	04:34:50	SILVER	15.9
Andrews	Chris	Standard	66	04:49:41	SILVER	17.2
appleford	martin	Standard	70	04:33:08	SILVER	15.7
ARAUJO	ALEX	Standard	73	03:48:04	GOLD	10.5
Armstrong	Darren	Standard	77	05:07:18	BRONZE	18.4
Askew	Graham	Standard	80	04:45:47	SILVER	16.8
Aslani	Adem	Standard	81	04:49:54	SILVER	17.2
Austin	Adrian	Standard	2158	04:20:07	GOLD	14.4
Avery	Phil	Standard	90	04:34:51	SILVER	15.9
Ayoub	Wissam	Standard	91	03:32:28	GOLD	8.2
Babbage	Gavin	Standard	92	04:48:23	SILVER	17.1
Badger	Bill	Standard	95	05:37:50	BRONZE	20.1
Bainbridge	Dan	Standard	2063	05:04:27	BRONZE	18.2
Bains	Kirtan	Standard	2143	05:23:15	BRONZE	19.4
Bajorek	Tomasz	Standard	102	06:06:42	BRONZE	21.2
Baker	Ian	Standard	4	04:21:59	GOLD	14.6
Baker	Neil	Standard	105	04:54:02	SILVER	17.5
Baker	David	Standard	2081	05:05:33	BRONZE	18.3
Ball	Claire	Standard	111	04:41:48	GOLD	16.5

Bambury	Keith	Standard	112	05:48:35	BRONZE	20.6
bancroft	tom	Standard	113	03:46:06	GOLD	10.2
Barbe	Jeremy	Standard	115	04:45:33	SILVER	16.8
Barnes	Natasha	Standard	123	03:36:44	GOLD	8.8
Barrett	Rachel	Standard	127	04:02:41	GOLD	12.4
Barry	Graham	Standard	131	04:52:16	SILVER	17.4
Barry	Martin	Standard	132	04:52:16	SILVER	17.4
Barry	David	Standard	130	05:10:13	BRONZE	18.6
Barry	Richard	Standard	133	05:11:24	BRONZE	18.7
Base	Alex	Standard	136	06:27:58	BRONZE	21.9
Batchelor	Mark	Standard	139	04:55:54	SILVER	17.6
Batchelor	George	Standard	138	04:55:55	SILVER	17.6
Bates	Grant	Standard	140	04:22:44	GOLD	14.7
Beanland	Anthony	Standard	149	06:22:14	BRONZE	21.7
Beardsworth	Mark	Standard	2067	04:36:35	SILVER	16.1
bedford	andrew	Standard	153	04:22:24	GOLD	14.7
Beeson	James	Standard	2216	04:09:19	GOLD	13.2
Beevor	Mark	Standard	157	04:33:51	SILVER	15.8
Bekker	Norman	Standard	158	04:56:12	SILVER	17.7
Bellamy	Rebecca	Standard	164	07:06:31	BRONZE	22.8
benstead	mark	Standard	170	05:30:27	BRONZE	19.7
Bentley	Emma	Standard	171	04:50:54	SILVER	17.3
Berenguer	Ana	Standard	2227	05:39:44	BRONZE	20.2
Berridge	Graham	Standard	173	04:14:46	GOLD	13.8
Berry	David	Standard	174	04:56:32	SILVER	17.7
Berry	Chris	Standard	175	04:57:51	SILVER	17.8
Betts	Jeff	Standard	177	05:51:18	BRONZE	20.7
Beven	Paul	Standard	178	05:48:01	BRONZE	20.5
Billings	Jo	Standard	184	06:17:45	BRONZE	21.6
Bird	Jonathan	Standard	186	06:47:30	BRONZE	22.4
Birnie	Lionel	Standard	189	04:15:52	GOLD	14.0
Bisby	Dan	Standard	2113	04:32:11	SILVER	15.7
Bisby	Roger	Standard	2112	05:08:02	BRONZE	18.5
Bixley	Gary	Standard	191	05:53:39	BRONZE	20.8
Bixley	Sarah	Standard	192	05:53:42	BRONZE	20.8
Blake	Antony	Standard	195	03:54:01	GOLD	11.3
Blake	Dale	Standard	196	05:53:11	BRONZE	20.8
Blake	Kate	Standard	197	06:15:59	BRONZE	21.5
Blekinsop	Sandra	Standard	2084	05:01:20	SILVER	18.0
Blundell	Neil	Standard	2077	03:51:39	GOLD	11.0
Boast	David	Standard	201	03:59:52	GOLD	12.1
Bocking	Paul	Standard	202	05:44:15	BRONZE	20.4
Bodle	simon	Standard	203	04:37:17	SILVER	16.1
Bonnar	Jeremy	Standard	208	04:41:03	SILVER	16.5
Boorman	Christopher	Standard	210	04:46:05	SILVER	16.9
Borg	Christina	Standard	211	06:47:31	BRONZE	22.4
Boshi	Cheryl	Standard	212	05:56:00	BRONZE	20.9

Bowie	Craig	Standard	217	05:02:49	BRONZE	18.1
Boyde	Craig	Standard	220	06:37:14	BRONZE	22.1
Boyle	Paul	Standard	221	07:45:49	BRONZE	23.4
Bracchi	Christian	Standard	222	05:29:37	BRONZE	19.7
Brazelton	Mike	Standard	234	05:05:10	BRONZE	18.3
Brennan	Richard	Standard	239	04:04:12	GOLD	12.6
Bridgeman	Chris	Standard	241	04:44:24	SILVER	16.7
Bridger	Gregg	Standard	242	05:23:11	BRONZE	19.4
Brinkman	Marcel	Standard	2076	04:36:32	SILVER	16.1
Brookes	Oliver	Standard	254	05:01:22	BRONZE	18.0
brooks	karl	Standard	255	04:45:27	SILVER	16.8
Broomhead	James	Standard	256	04:46:38	SILVER	16.9
Brown	Andrew	Standard	266	04:16:57	GOLD	14.1
Brown	Tim	Standard	262	04:20:52	GOLD	14.5
Browning	Oliver	Standard	268	05:16:56	BRONZE	19.0
Bryant	Karen	Standard	272	04:59:47	SILVER	17.9
Buckland	Nigel	Standard	274	05:38:13	BRONZE	20.1
Buckley	Richard	Standard	275	06:28:57	BRONZE	21.9
Budge	Allison	Standard	278	03:54:26	GOLD	11.3
Bunyan	Karl	Standard	2125	05:11:31	BRONZE	18.7
Burden	Simon	Standard	2182	04:56:39	SILVER	17.7
Burdett	Charlie	Standard	282	05:02:32	BRONZE	18.1
Burke	Martin	Standard	283	04:40:21	SILVER	16.4
Burke	Paul	Standard	284	06:21:26	BRONZE	21.7
Burns	Paul	Standard	285	04:53:47	SILVER	17.5
Burt	Peter	Standard	289	03:36:16	GOLD	8.8
burt	steve	Standard	288	04:28:35	GOLD	15.3
Butcher	Alistair	Standard	292	05:22:52	BRONZE	19.4
Butler	Mark	Standard	294	04:34:10	SILVER	15.8
Butterfield	Martin	Standard	295	05:51:24	BRONZE	20.7
Byrne	Alex	Standard	297	03:50:05	GOLD	10.8
Cameron	Andy	Standard	304	04:39:38	SILVER	16.3
Cameron	John	Standard	305	06:48:05	BRONZE	22.4
Campbell	Andrew	Standard	307	04:33:05	SILVER	15.7
Campbell	Guy	Standard	308	05:43:59	BRONZE	20.4
Campbell	Oliver	Standard	2163	06:56:32	BRONZE	22.6
Cardew	Maxim	Standard	311	05:39:45	BRONZE	20.2
Carroll	Alexander	Standard	313	04:04:55	GOLD	12.7
carroll	tom	Standard	315	05:24:16	BRONZE	19.4
Carter	Nick	Standard	319	04:10:47	GOLD	13.4
Carter	Peter	Standard	320	05:11:15	BRONZE	18.7
Carter-Smith	Stephen	Standard	323	04:05:48	GOLD	12.8
Cassidy	Neil	Standard	324	04:29:52	GOLD	15.4
Cave	Robert	Standard	333	04:50:51	SILVER	17.3
Cave	Jon	Standard	331	04:50:54	SILVER	17.3
Chamberlain	Ross	Standard	336	04:59:09	SILVER	17.9
Chambers	Roy	Standard	338	05:23:25	BRONZE	19.4

Chapman	Matthew	Standard	344	05:07:09	BRONZE	18.4
chapman	andrew	Standard	343	05:07:23	BRONZE	18.4
Chappell	Mat	Standard	346	04:39:24	SILVER	16.3
Chatterton	Simon	Standard	350	06:59:22	BRONZE	22.6
Cheyne	Tim	Standard	2184	04:17:06	GOLD	14.1
Childs	Alex	Standard	359	04:49:27	SILVER	17.2
Chiles	Lawrence	Standard	360	04:35:38	SILVER	16.0
Chiles	Matthew	Standard	361	04:35:38	SILVER	16.0
Chisholm	Gawaine	Standard	363	04:09:21	GOLD	13.2
Christou	Chris	Standard	367	04:38:22	SILVER	16.2
Ciraulo	Marco	Standard	368	04:14:45	GOLD	13.9
Clark	Marcus	Standard	2193	04:24:28	GOLD	14.9
Clark	Paul	Standard	372	05:01:14	BRONZE	18.0
Clark	Alan	Standard	371	05:13:15	BRONZE	18.8
Clark	Teresa	Standard	373	06:00:31	BRONZE	21.0
Clarke	Thomas	Standard	379	05:37:55	BRONZE	20.1
Clarke	Stephen	Standard	378	05:52:26	BRONZE	20.7
clements	andrew	Standard	389	04:38:37	SILVER	16.3
Clune	Joe	Standard	392	04:46:41	SILVER	16.9
Cocker	Andy	Standard	396	04:48:05	SILVER	17.0
Colquhoun	Fraser	Standard	404	04:47:22	SILVER	17.0
Combe	Jonny	Standard	406	04:12:27	GOLD	13.6
Consigliere	Paulo	Standard	2247	05:40:22	BRONZE	20.2
Cook	Greg	Standard	409	04:21:36	GOLD	14.6
Cooper	Craig	Standard	418	04:52:24	SILVER	17.4
Corkery	Niall	Standard	425	05:43:19	BRONZE	20.4
Cottingham	Adam	Standard	430	04:18:07	GOLD	14.2
Cotton	Alison	Standard	431	06:02:40	BRONZE	21.1
Court	Tony	Standard	435	04:05:20	GOLD	12.8
Coverdale	John	Standard	436	04:26:50	GOLD	15.1
Craig-McFeely	Richard	Standard	442	06:12:20	BRONZE	21.4
Crow	Jason	Standard	452	04:54:45	SILVER	17.6
Croxon	Barry	Standard	455	03:36:16	GOLD	8.8
Croxon	Barry	Standard	2215	04:47:12	SILVER	17.0
Cullen	Mark	Standard	456	05:21:15	BRONZE	19.3
Currell	Ian	Standard	459	04:32:53	SILVER	15.7
daLuz Vieira	Gary	Standard	467	05:25:23	BRONZE	19.5
Darcy	Eimear	Standard	472	05:23:14	SILVER	19.4
daroszewski	sebastian	Standard	474	05:07:49	BRONZE	18.5
Dartmouth	Alex	Standard	475	04:54:50	SILVER	17.6
Davidson	Fraser	Standard	481	04:24:59	GOLD	15.0
Davidson	Anne	Standard	480	05:23:34	SILVER	19.4
Davies	Simon	Standard	2101	04:03:38	GOLD	12.5
Davies	Ceri	Standard	485	04:32:25	SILVER	15.7
Davies	Sam	Standard	2250	05:23:00	BRONZE	19.4
Davies	Matt	Standard	487	05:24:49	BRONZE	19.5
Davighi	Robert	Standard	488	05:10:09	BRONZE	18.6

Davis	Adam	Standard	2132	04:28:50	GOLD	15.3
Davis	Alan	Standard	490	05:12:23	BRONZE	18.8
Davis	Adam	Standard	489	06:45:10	BRONZE	22.3
Dawes	Janice	Standard	492	05:05:40	SILVER	18.3
Dawson	Richard	Standard	493	04:50:16	SILVER	17.2
Dean	Paul	Standard	500	04:38:49	SILVER	16.3
DELANEY	MARK	Standard	505	04:37:18	SILVER	16.1
Dench	Peter	Standard	508	05:36:19	BRONZE	20.0
Dennis	Steve	Standard	510	05:01:20	BRONZE	18.0
Dennison	Nick	Standard	511	05:17:15	BRONZE	19.0
Devey	Gareth	Standard	516	05:05:32	BRONZE	18.3
Di Fino	Martino	Standard	518	04:29:07	GOLD	15.4
Dickens	James	Standard	520	04:27:12	GOLD	15.2
Dickens	James	Standard	521	04:48:37	SILVER	17.1
Dickey	Brendan	Standard	2252	06:34:40	BRONZE	22.1
Doa	Claire	Standard	529	05:51:32	BRONZE	20.7
doel	shaun	Standard	532	04:26:02	GOLD	15.1
Doig	Micheal	Standard	534	06:12:32	BRONZE	21.4
Doig	John	Standard	533	06:13:52	BRONZE	21.5
Doig	Thomas	Standard	535	06:13:54	BRONZE	21.5
Donnelly	Chris	Standard	2258	04:13:41	GOLD	13.7
Donnelly	Ruth	Standard	6	06:04:47	BRONZE	21.2
Donoghue	Sam	Standard	537	05:23:43	BRONZE	19.4
Doran	David	Standard	539	06:21:28	BRONZE	21.7
Double	Jez	Standard	541	04:43:46	SILVER	16.7
dowman	mark	Standard	543	04:55:52	SILVER	17.6
downs	gary	Standard	546	04:33:45	SILVER	15.8
Doyle	Glynis	Standard	550	05:13:39	SILVER	18.8
Drake	Nick	Standard	551	04:55:20	SILVER	17.6
Draper	Michael	Standard	552	04:24:11	GOLD	14.9
Ducombe	Frank	Standard	556	04:57:17	SILVER	17.8
Duncan	Alan	Standard	561	05:20:09	BRONZE	19.2
Dunham	Richard	Standard	562	05:24:48	BRONZE	19.5
Dunlop	Harry	Standard	564	04:42:13	SILVER	16.6
Dunn	Matthew	Standard	2239	04:47:32	SILVER	17.0
Dyer	Jake	Standard	569	04:50:44	SILVER	17.3
Eames	Stephen	Standard	571	06:15:09	BRONZE	21.5
Earwicker	Simon	Standard	572	05:18:43	BRONZE	19.1
Ebdon	John	Standard	575	05:09:11	BRONZE	18.6
Eckersley	Anthony	Standard	578	04:56:12	SILVER	17.7
Edment	Brian	Standard	2206	04:17:04	GOLD	14.1
Egal	Christian	Standard	2121	04:53:17	SILVER	17.5
Emmett	Lorraine	Standard	604	06:23:11	BRONZE	21.8
Emmott	Caroline	Standard	605	03:56:59	GOLD	11.7
Emslie	Douglas	Standard	606	05:37:51	BRONZE	20.1
Esch	Chris	Standard	2188	05:55:12	BRONZE	20.8
Estebanez	Ryan	Standard	608	05:00:04	SILVER	18.0

Evans	Martin	Standard	612	04:21:27	GOLD	14.6
Evans	Christopher	Standard	611	04:30:27	GOLD	15.5
Faccini	Grant	Standard	620	06:26:24	BRONZE	21.9
Falconer	Gordon	Standard	623	04:59:47	SILVER	17.9
Farkas	Zoltan	Standard	626	04:51:26	SILVER	17.3
Farrow	Matt	Standard	631	04:51:48	SILVER	17.3
Faulkner	Lee	Standard	632	04:58:38	SILVER	17.9
Fawcett Wood	Oonagh	Standard	634	08:22:21	BRONZE	23.8
Fay	Chris	Standard	636	04:32:48	SILVER	15.7
Feaver	Martin	Standard	638	05:53:23	BRONZE	20.8
Feenan	Coral	Standard	639	08:33:19	BRONZE	23.9
Finch	Victoria	Standard	643	06:23:21	BRONZE	21.8
Fisher	Stuart	Standard	646	05:06:05	BRONZE	18.4
Flack	Peter	Standard	650	05:23:29	BRONZE	19.4
Fokes	Nick	Standard	655	05:25:12	BRONZE	19.5
Foot	Joanne	Standard	2175	04:51:07	SILVER	17.3
forsyth	raun	Standard	658	04:31:33	SILVER	15.6
Foster	Stuart	Standard	2078	04:36:50	SILVER	16.1
Foster	Thomas	Standard	661	05:44:52	BRONZE	20.4
Fox	Ian	Standard	668	05:08:24	BRONZE	18.5
Foyle	Patrick	Standard	669	03:58:32	GOLD	11.9
French	Nick	Standard	673	05:14:23	BRONZE	18.9
Funnell	Jamie	Standard	679	04:33:48	SILVER	15.8
Furlonger	Kevin	Standard	680	04:30:17	GOLD	15.5
Gajjar	Beejal	Standard	684	06:24:30	BRONZE	21.8
Gamazo	Ricardo	Standard	688	04:45:42	SILVER	16.9
Gamwell	Ruth	Standard	2110	03:49:49	GOLD	10.7
Gardiner	David	Standard	694	06:10:51	BRONZE	21.4
Garner	Stephen	Standard	695	04:45:39	SILVER	16.9
Garton	Cynthia	Standard	2189	05:55:18	BRONZE	20.9
Gawne	Stephen	Standard	703	04:31:25	SILVER	15.6
Geldart	Chris	Standard	704	04:54:15	SILVER	17.5
German	Devan	Standard	2086	04:33:43	SILVER	15.8
Gibbins	Mark	Standard	706	04:10:52	GOLD	13.4
Gibson	Ben	Standard	711	04:32:45	SILVER	15.7
Gilbert	Rob	Standard	713	04:29:50	GOLD	15.5
Gilson	Peter	Standard	717	04:37:08	SILVER	16.1
GLENCROSS	IAN	Standard	721	04:26:51	GOLD	15.2
goff	colin	Standard	724	04:06:07	GOLD	12.9
Gonzalez-Garcia	Luis	Standard	729	04:34:46	SILVER	15.9
Goodall	Grant	Standard	730	04:18:25	GOLD	14.3
Goodridge	Bob	Standard	734	03:59:42	GOLD	12.1
Gorman	Mike	Standard	737	04:50:39	SILVER	17.3
Gough	Michael	Standard	742	05:19:08	BRONZE	19.2
Gould	Dan	Standard	743	03:55:37	GOLD	11.5
Gowers	Russell	Standard	745	06:03:04	BRONZE	21.1
Graham	Ken	Standard	749	04:56:15	SILVER	17.7

Graham	Karen	Standard	2201	06:15:55	BRONZE	21.6
Grant	Duncan	Standard	2214	04:07:32	GOLD	13.0
Graves	Oliver	Standard	2211	05:58:33	BRONZE	21.0
Gray	Will	Standard	2087	04:43:16	SILVER	16.7
Gray	Lloyd	Standard	754	05:37:24	BRONZE	20.1
Green	Colin	Standard	757	04:43:53	SILVER	16.7
Greenhalgh	James	Standard	759	05:12:13	BRONZE	18.8
Greenslade	Amanda	Standard	760	05:01:29	SILVER	18.1
Greenwood	Tim	Standard	761	06:32:53	BRONZE	22.0
Gregson	Rob	Standard	763	06:15:18	BRONZE	21.5
Grimmer	Greg	Standard	773	05:27:16	BRONZE	19.6
Groves	Pat	Standard	2240	05:07:36	BRONZE	18.5
Guinard	Patrick	Standard	776	05:04:03	BRONZE	18.2
gunson	kevin	Standard	777	04:51:39	SILVER	17.3
Gurney	Paula	Standard	778	06:13:38	BRONZE	21.5
Gurney	Simon	Standard	779	06:13:44	BRONZE	21.5
Haigh	Matthew	Standard	783	05:10:17	BRONZE	18.6
Haley	Stephen	Standard	785	05:07:23	BRONZE	18.5
Hall	Daniel	Standard	789	04:18:59	GOLD	14.3
Hall	Luke	Standard	794	05:01:37	BRONZE	18.1
Hall	Jonathan	Standard	791	05:42:19	BRONZE	20.3
Hall	Catherine	Standard	2177	06:06:28	BRONZE	21.3
Hampshire	Thomas	Standard	800	04:18:12	GOLD	14.3
Hardwick	James	Standard	810	04:26:02	GOLD	15.1
Hardwick	Rob	Standard	809	04:26:36	GOLD	15.1
Hardy	Jonathan	Standard	811	04:53:51	SILVER	17.5
Harmer	Charles	Standard	816	05:20:21	BRONZE	19.2
Harney	Carl	Standard	817	04:42:17	SILVER	16.6
Harris	Mark	Standard	828	04:28:48	GOLD	15.4
Harrison	James	Standard	835	05:05:30	BRONZE	18.3
Harrison	Chris	Standard	832	05:05:31	BRONZE	18.3
Harrison	Philip	Standard	836	05:06:34	BRONZE	18.4
Harrison	David	Standard	834	05:27:18	BRONZE	19.6
Harvey	Andrew	Standard	843	05:49:00	BRONZE	20.6
Harvey	Tom	Standard	844	06:34:01	BRONZE	22.1
Haskins	Loretta	Standard	847	04:21:01	GOLD	14.6
Haskins	Paul	Standard	848	04:52:21	SILVER	17.4
Hassall	Oliver	Standard	849	04:49:06	SILVER	17.1
Hawes	James	Standard	854	04:29:20	GOLD	15.4
Hawker	Martin	Standard	855	04:24:04	GOLD	14.9
Hawkins	Tony	Standard	858	05:31:47	BRONZE	19.8
Hawkins	Peter	Standard	857	06:12:04	BRONZE	21.4
Hazeltrove	Paul	Standard	865	04:50:00	SILVER	17.2
Hearn	Andrew	Standard	868	05:23:05	BRONZE	19.4
HEDGES	MARK	Standard	871	05:08:15	BRONZE	18.5
Heffernan	Joseph	Standard	872	05:08:32	BRONZE	18.5
Helgesen	Marius	Standard	8	04:38:43	SILVER	16.3

Henchy	Dan	Standard	875	04:16:02	GOLD	14.0
Hennessy	Martin	Standard	877	07:28:08	BRONZE	23.1
Henney	Scot	Standard	2217	05:24:10	BRONZE	19.4
Herman	Chris	Standard	2195	03:51:01	GOLD	10.9
Herring	Neil	Standard	884	06:17:53	BRONZE	21.6
Heywood	Shaun	Standard	888	04:08:30	GOLD	13.2
Hickman	Andrew	Standard	890	05:32:27	BRONZE	19.9
Hicks	Russell	Standard	891	04:33:44	SILVER	15.8
Higgins	Jane	Standard	2072	05:40:26	BRONZE	20.2
Hill	Tim	Standard	898	04:41:38	SILVER	16.5
Hill	Andrew	Standard	896	05:20:16	BRONZE	19.2
Hill	Joshua	Standard	897	06:02:50	BRONZE	21.1
Hillier	Tom	Standard	902	04:13:20	GOLD	13.7
Hillier	Neil	Standard	901	05:05:31	BRONZE	18.3
Hirst	Scott	Standard	904	06:21:58	BRONZE	21.7
Hobbs	Owen	Standard	905	04:30:36	GOLD	15.5
Hockley	Paul	Standard	907	04:50:22	SILVER	17.2
hodgkins	jim	Standard	911	04:49:22	SILVER	17.2
Hodson	Steven	Standard	912	04:53:10	SILVER	17.5
Hole	Tim	Standard	914	06:20:59	BRONZE	21.7
Hollerton	Roger	Standard	916	06:22:01	BRONZE	21.8
Hollingworth	Lee	Standard	2071	04:06:36	GOLD	12.9
Hope	Robert	Standard	921	04:45:45	SILVER	16.9
Hope-Gill	Thomas	Standard	923	06:17:42	BRONZE	21.6
Hope-Gill	James	Standard	922	06:17:59	BRONZE	21.6
Horn	Chris	Standard	924	04:35:42	SILVER	16.0
Horn	Gavin	Standard	10	06:07:22	BRONZE	21.3
Hornoidez	Anrel	Standard	2053	05:42:05	BRONZE	20.3
Horrell	Peter	Standard	926	06:12:22	BRONZE	21.5
Hoskins	Paul	Standard	927	05:40:58	BRONZE	20.3
Howe	Ben	Standard	932	04:46:28	SILVER	16.9
Hughes	Gavin	Standard	937	04:06:46	GOLD	13.0
Hughes	Wendy	Standard	938	06:24:36	BRONZE	21.8
HUMMERSTON	JOHN	Standard	939	04:20:33	GOLD	14.5
Humphrey	David	Standard	940	06:54:31	BRONZE	22.5
Humphreys-Davies	Jeremy	Standard	942	04:49:30	SILVER	17.2
Hunter	P	Standard	2092	05:05:25	BRONZE	18.3
Hutcheon	Mark	Standard	949	05:11:40	BRONZE	18.7
Huttmann	Raphael	Standard	954	06:21:45	BRONZE	21.7
Hyder	Garry	Standard	960	04:12:29	GOLD	13.6
Ingleton	Matt	Standard	964	05:27:49	BRONZE	19.6
Isitt	Tom	Standard	967	06:23:13	BRONZE	21.8
Isitt	George	Standard	968	06:24:40	BRONZE	21.8
Jacob	Eduardo	Standard	12	04:36:26	SILVER	16.1
jakubovic	david	Standard	973	05:25:09	BRONZE	19.5
James	Darren	Standard	977	04:28:59	GOLD	15.4
James	Clare	Standard	976	04:29:53	GOLD	15.5

Jamieson	Ken	Standard	979	04:51:07	SILVER	17.3
Jamieson	Jill	Standard	978	05:44:35	BRONZE	20.4
Jayne	Quentin	Standard	983	03:34:04	GOLD	8.5
Jessop	Paul	Standard	989	05:03:46	BRONZE	18.2
Johns	Alan	Standard	992	05:44:08	BRONZE	20.4
jones	nicholas	Standard	1004	04:03:50	GOLD	12.6
Jones	Nick	Standard	1000	04:09:16	GOLD	13.3
Jones	Ian	Standard	1003	05:41:30	BRONZE	20.3
Jones	Rhodri	Standard	1005	05:57:38	BRONZE	21.0
Jowett	Katie	Standard	1014	04:56:05	SILVER	17.7
Jowett	Richard	Standard	1015	04:57:40	SILVER	17.8
Joy	Matthew	Standard	1016	04:56:13	SILVER	17.7
Jupp	Robert	Standard	1020	06:10:48	BRONZE	21.4
Jupp	Nick	Standard	1019	06:10:49	BRONZE	21.4
Kandel	James	Standard	1022	06:01:23	BRONZE	21.1
Kearton	Russell	Standard	2139	05:04:59	BRONZE	18.3
Keen	Damian	Standard	1032	04:28:58	GOLD	15.4
Kelderman	Werner	Standard	1034	05:54:37	BRONZE	20.8
Kelly	Stephen	Standard	1036	04:04:28	GOLD	12.7
Kelly	Mark	Standard	1035	04:38:40	SILVER	16.3
KEMPSTER	IAN	Standard	1042	04:58:38	SILVER	17.9
Kempster	Paul	Standard	1043	06:15:48	BRONZE	21.6
Kennet	Jane	Standard	1045	05:41:38	BRONZE	20.3
kerr	david	Standard	1047	05:20:18	BRONZE	19.2
Kerry	Philip	Standard	1050	04:13:03	GOLD	13.7
Kershaw	Paul	Standard	1051	05:21:03	BRONZE	19.3
Kester	Paul	Standard	1052	05:48:47	BRONZE	20.6
Kesterton	Robert	Standard	1053	03:53:50	GOLD	11.3
Khare	Gaurav	Standard	2141	05:10:29	BRONZE	18.7
King	Andrew	Standard	1056	06:02:41	BRONZE	21.1
Kingsbury	Jordan	Standard	2208	03:46:52	GOLD	10.3
Kingsbury	Ellie	Standard	1060	04:04:29	GOLD	12.7
Kinsella	Steve	Standard	1065	06:15:31	BRONZE	21.6
Kinsella	Sarah	Standard	1064	06:15:38	BRONZE	21.6
Kirk	Clive	Standard	2253	04:46:34	SILVER	17.0
Kirk	Nicholas	Standard	1068	04:57:17	SILVER	17.8
Kita	David	Standard	1069	06:15:30	BRONZE	21.6
knott	alex	Standard	1072	05:05:04	BRONZE	18.3
Korican	Bruce	Standard	2200	04:50:45	SILVER	17.3
Kroschinski	Katrin	Standard	1074	04:57:00	SILVER	17.8
Krueger	Stefan	Standard	1075	04:13:47	GOLD	13.8
Kumar	Alex	Standard	1076	05:17:23	BRONZE	19.1
Lacey-Malvern	christopher	Standard	1077	05:34:02	BRONZE	20.0
Lander	Mark	Standard	1081	04:59:05	SILVER	17.9
Lanfermeijer	Stephan	Standard	1084	04:27:21	GOLD	15.2
Lathbury	Ben	Standard	1090	05:20:47	BRONZE	19.3
Lawes	Paul	Standard	1094	05:13:09	BRONZE	18.8

Lawrence	Craig	Standard	1096	03:49:21	GOLD	10.7
Lawrence	Matt	Standard	1097	04:43:09	SILVER	16.7
Leach	Mark	Standard	1102	04:37:05	SILVER	16.1
Ledang	Ole	Standard	15	03:55:52	GOLD	11.6
ledingham	paul	Standard	1105	05:07:29	BRONZE	18.5
Leith	Jason	Standard	1110	04:52:18	SILVER	17.4
Leslie	Damian	Standard	1113	06:29:08	BRONZE	22.0
Less	Daniel	Standard	1114	04:54:13	SILVER	17.6
Lester	Matt	Standard	1116	04:07:52	GOLD	13.1
Lester	Andrew	Standard	1115	05:38:29	BRONZE	20.2
Leventhal	Adam	Standard	1117	04:58:28	SILVER	17.9
lewis	Brett	Standard	1121	04:33:20	SILVER	15.8
liechti	steve	Standard	1122	04:25:31	GOLD	15.0
lievesley	jess	Standard	1123	05:21:11	BRONZE	19.3
Lightburn	Steve	Standard	1125	05:36:29	BRONZE	20.1
Lim	Jian Wei	Standard	1126	04:28:29	GOLD	15.3
Limbrick	Alan	Standard	1127	06:14:15	BRONZE	21.5
Litster	Colin	Standard	1131	04:52:13	SILVER	17.4
Lloyd	Gareth	Standard	1136	04:43:53	SILVER	16.7
Lodge	Nicholas	Standard	1139	05:31:38	BRONZE	19.8
Long	Alex	Standard	1140	05:15:32	BRONZE	19.0
Longfield	Richard	Standard	2074	04:36:33	SILVER	16.1
Lumb	James	Standard	1149	04:46:28	SILVER	17.0
Lycke	Jesper	Standard	1152	04:15:07	GOLD	13.9
Lynch	John	Standard	1154	04:38:45	SILVER	16.3
Lynn	Andrew	Standard	1157	05:09:14	BRONZE	18.6
lyth	jason	Standard	1159	04:48:01	SILVER	17.1
Mabuti	Jose	Standard	2054	05:48:51	BRONZE	20.6
macaulay	duncan	Standard	1160	05:20:13	BRONZE	19.2
Maccariello	Bettina	Standard	1161	06:00:36	BRONZE	21.1
Machin	Paul	Standard	1162	06:15:50	BRONZE	21.6
Macison	Gerald	Standard	2103	04:43:35	SILVER	16.7
Mackey	Phil	Standard	1058	05:49:12	BRONZE	20.6
MacLean	Mark	Standard	1167	04:24:13	GOLD	14.9
Maclean	Andrew	Standard	1166	04:43:26	SILVER	16.7
Maguire	Gerry	Standard	1171	05:07:34	BRONZE	18.5
Maguire	Stephen	Standard	1170	05:24:51	BRONZE	19.5
Mair	Stuart	Standard	1173	04:25:37	GOLD	15.1
Mallen	Philip	Standard	1176	04:53:32	SILVER	17.5
Malone	Ross	Standard	1178	04:00:56	GOLD	12.2
Manley	Glenn	Standard	1183	04:44:10	SILVER	16.8
Mann	Jonathan	Standard	1187	04:34:09	SILVER	15.9
Mansfield	Tony	Standard	2190	04:34:50	SILVER	15.9
Mansfield	Andrew	Standard	1189	04:43:58	SILVER	16.7
Marmion	Damien	Standard	1191	04:49:47	SILVER	17.2
Marsden	Shaun	Standard	1196	05:31:43	BRONZE	19.8
Marshall	Darren	Standard	1198	04:26:09	GOLD	15.1

Marshall	Steve	Standard	1199	04:39:00	SILVER	16.3
Martin	Tom	Standard	1205	05:15:13	BRONZE	19.0
Masters	Julian	Standard	1211	04:13:45	GOLD	13.8
Masters	Catherine	Standard	1210	05:02:37	SILVER	18.2
Mastrodonato	Luca	Standard	1212	05:04:26	BRONZE	18.3
Maycock	Anthony	Standard	1214	04:54:02	SILVER	17.5
McAughtrie	Craig	Standard	1219	04:22:39	GOLD	14.8
McCossan	Denis	Standard	1226	03:49:56	GOLD	10.8
Mccrossen	Denis	Standard	2230	07:27:21	BRONZE	23.1
mcdowell	lee	Standard	1229	05:07:01	BRONZE	18.5
McEachran	Neil	Standard	1230	05:08:07	BRONZE	18.5
mcewen	roderic	Standard	1233	06:01:42	BRONZE	21.1
McGeehin	Gary	Standard	1236	04:42:43	SILVER	16.6
McGibbon	Tom	Standard	16	06:04:53	BRONZE	21.2
McIntosh	Iain	Standard	1241	05:32:46	BRONZE	19.9
McLoughlin	Ashley	Standard	1245	06:04:32	BRONZE	21.2
McLoughlin	Mat	Standard	1247	06:04:33	BRONZE	21.2
McLoughlin	Dan	Standard	1246	06:04:37	BRONZE	21.2
Mcmurray	Andrew	Standard	1251	04:18:37	GOLD	14.3
McNally	Nick	Standard	1252	04:27:11	GOLD	15.2
Mcteague	David	Standard	2098	05:45:44	BRONZE	20.5
Mecklenburgh	Steve	Standard	2127	05:05:26	SILVER	18.3
Michael	Brydon	Standard	2191	05:53:28	BRONZE	20.8
Middleton	Guy	Standard	1271	04:15:13	GOLD	14.0
Middleton	Ian	Standard	1272	04:16:13	GOLD	14.1
Miller	Graham	Standard	1275	04:14:43	GOLD	13.9
Milligan	Steven	Standard	1277	05:05:11	BRONZE	18.3
Mills	Siebre	Standard	1279	04:19:56	GOLD	14.5
Mills	Steven	Standard	1282	04:42:35	SILVER	16.6
Moir	Lizzy	Standard	1288	06:04:01	BRONZE	21.2
Molver	Jonathan	Standard	1290	06:21:38	BRONZE	21.8
Moody	Dan	Standard	1296	05:05:53	BRONZE	18.4
Moore	Jason	Standard	1299	03:44:38	GOLD	10.0
Moore	Keith	Standard	1301	04:15:26	GOLD	14.0
Moore	Chris	Standard	1298	04:36:35	SILVER	16.1
Moore	Dave	Standard	17	05:29:01	BRONZE	19.7
Morgan	Don	Standard	1305	05:06:50	BRONZE	18.4
Morris	Steve	Standard	1314	04:05:08	GOLD	12.8
Morris	Bryan	Standard	1313	05:05:04	BRONZE	18.3
Mortan	Nicola	Standard	2205	04:54:26	SILVER	17.6
Moss	Iain	Standard	1318	04:46:13	SILVER	16.9
Moss	Jemma	Standard	1319	06:00:50	BRONZE	21.1
Mountain	Dan	Standard	1321	04:48:46	SILVER	17.1
Mouzer	Ian	Standard	1322	05:07:45	BRONZE	18.5
Mulvey	Tania	Standard	1323	04:52:38	SILVER	17.4
Mundow	David	Standard	1325	04:02:39	GOLD	12.5
Munn	Robert	Standard	1326	05:04:10	BRONZE	18.3

Munro	Ross	Standard	1329	04:34:14	SILVER	15.9
Munro	Neil	Standard	1330	05:40:48	BRONZE	20.3
Murphy	Neil	Standard	1332	04:42:51	SILVER	16.7
Murray	Simon	Standard	1336	04:25:39	GOLD	15.1
Murray	Charlie	Standard	1335	04:35:54	SILVER	16.1
Muxlow	Kai	Standard	1337	04:22:58	GOLD	14.8
Neal	Simon	Standard	1339	04:12:28	GOLD	13.6
Nelson	Philip	Standard	1341	05:30:31	BRONZE	19.8
Newland	Terry	Standard	1342	04:34:19	SILVER	15.9
Newman	Rob	Standard	1344	04:26:26	GOLD	15.1
Nichols	Simon	Standard	1348	04:35:15	SILVER	16.0
Nolens	Olivier	Standard	2229	05:28:22	BRONZE	19.7
Nourse	Jason	Standard	1359	04:23:01	GOLD	14.8
Nussbaum	Jill	Standard	1361	07:02:49	BRONZE	22.7
Oakley	Robin	Standard	18	04:20:17	GOLD	14.5
Oakley	Jamie	Standard	1364	04:29:52	GOLD	15.5
odell	graham	Standard	1366	05:05:07	BRONZE	18.3
O'Donnell	Tim	Standard	1368	04:46:12	SILVER	16.9
O'Donoghue	Gerard	Standard	1369	04:22:01	GOLD	14.7
Ogilvie	Michael	Standard	1371	04:59:05	SILVER	17.9
Oldale	Ian	Standard	1372	05:12:24	BRONZE	18.8
O'Leary	Rob	Standard	1373	06:21:56	BRONZE	21.8
O'Neill	Paul	Standard	1379	05:20:27	BRONZE	19.3
O'Neill	David	Standard	1376	06:05:22	BRONZE	21.2
Openshaw	Charles	Standard	2080	05:10:15	BRONZE	18.7
Orchard	Oliver	Standard	1380	05:34:18	BRONZE	20.0
Ord	Andrew	Standard	1381	04:52:35	SILVER	17.4
O'Shea	Paul	Standard	1385	06:39:17	BRONZE	22.2
Owen	Marc	Standard	1388	04:39:42	SILVER	16.4
Owens	Andrew	Standard	1390	04:50:38	SILVER	17.3
Padajiono	Aurelio	Standard	2244	04:27:37	GOLD	15.3
Page	Richard	Standard	1393	04:46:57	SILVER	17.0
Palmer	Paul	Standard	1397	04:59:06	SILVER	17.9
Palmer	Alan	Standard	1396	07:38:47	BRONZE	23.3
Pancholi	Jules	Standard	1398	04:47:32	SILVER	17.1
Panners	Mark	Standard	1400	06:19:16	BRONZE	21.7
Park	John	Standard	20	04:45:03	SILVER	16.8
Parkes	Lee	Standard	1405	04:20:28	GOLD	14.5
Parks	Leon	Standard	1407	04:27:31	GOLD	15.3
Parnell	David	Standard	2090	06:18:49	BRONZE	21.7
Parsons	Darren	Standard	1410	05:39:06	BRONZE	20.2
Parsons	Kevin	Standard	1411	05:39:07	BRONZE	20.2
patching	kevin	Standard	1412	04:41:46	SILVER	16.6
Paul	Jamie	Standard	1414	05:23:44	BRONZE	19.4
Pay	Paul	Standard	1415	04:48:54	SILVER	17.2
Payne	Andrew	Standard	1418	04:52:07	SILVER	17.4
Peach	Chris	Standard	1420	05:36:25	BRONZE	20.1

Pearce	Julian	Standard	1425	04:14:49	GOLD	13.9
Pearce	Richard	Standard	1426	04:43:50	SILVER	16.7
Pearce	Daniel	Standard	1424	05:05:04	BRONZE	18.3
Pearson	Simon	Standard	1427	04:27:55	GOLD	15.3
Peers	Andrew	Standard	1429	04:30:38	GOLD	15.6
Pegg	Matt	Standard	1431	04:47:56	SILVER	17.1
Pendlebury	Riyl	Standard	2257	04:50:38	SILVER	17.3
Penketh	Frank	Standard	1435	05:39:16	BRONZE	20.2
Pepler	Alberto	Standard	1436	04:24:04	GOLD	14.9
Pepler	Elizabeth	Standard	1437	04:24:06	GOLD	14.9
Peploe	Richard	Standard	2197	05:01:01	BRONZE	18.1
Peploe	Ruth	Standard	2198	05:01:04	SILVER	18.1
Perbelin	Alessandra	Standard	2226	05:29:03	BRONZE	19.7
Perkins	Andrew	Standard	21	04:06:23	GOLD	12.9
Perkins	Colin	Standard	1441	06:06:50	BRONZE	21.3
Pesino	Antonio	Standard	2242	04:27:26	GOLD	15.3
Pettifor	David	Standard	1446	05:36:54	BRONZE	20.1
Philbey	Joe	Standard	1447	04:52:59	SILVER	17.5
Phillips	Mark	Standard	1450	06:18:11	BRONZE	21.7
Pickering	Mark	Standard	1453	04:33:10	SILVER	15.8
Pilcher	Simon	Standard	1456	05:16:06	BRONZE	19.0
Pilling	Dan	Standard	1457	05:13:47	BRONZE	18.9
Pinchbeck	Rob	Standard	1458	05:02:29	BRONZE	18.2
Pisa	Nicholas	Standard	1459	04:41:06	SILVER	16.5
Platt	Tony	Standard	1460	05:10:31	BRONZE	18.7
Plowman	Piers	Standard	1461	04:56:20	SILVER	17.7
Pocock	Stephen	Standard	1465	05:54:28	BRONZE	20.9
Podmore	Jonathan	Standard	1466	04:51:07	SILVER	17.3
Poole	Olivia	Standard	1469	04:25:32	GOLD	15.1
Pope	Jason	Standard	1471	03:59:26	GOLD	12.1
Popmore	Matthew	Standard	2069	04:14:30	GOLD	13.9
Popplewell	Marcus	Standard	1473	05:00:46	SILVER	18.0
Potts	Wayne	Standard	1476	05:26:46	BRONZE	19.6
poulton	karl	Standard	1478	05:05:28	BRONZE	18.4
Powell	Rob	Standard	1480	04:24:00	GOLD	14.9
Powell-Davies	Martin	Standard	2064	04:50:51	SILVER	17.3
power	richard	Standard	1483	04:34:00	SILVER	15.9
Pratchett	Gary	Standard	1485	06:39:16	BRONZE	22.2
pratt	john	Standard	1486	05:56:21	BRONZE	20.9
Preston	Lewis	Standard	1488	04:57:56	SILVER	17.8
Price	Robert	Standard	1492	05:20:08	BRONZE	19.3
Price	Lisa	Standard	1490	06:44:49	BRONZE	22.4
Pring	Tim	Standard	1496	04:27:32	GOLD	15.3
PRIOR	ANDREW	Standard	1497	04:18:19	GOLD	14.3
Rachwal	Phil	Standard	1509	05:24:34	BRONZE	19.5
Rajan	Arvind	Standard	1511	05:54:41	BRONZE	20.9
Ramage	Clare	Standard	1512	05:03:46	SILVER	18.3

Randles	Emma	Standard	1513	06:32:54	BRONZE	22.1
Rawal	Kunal	Standard	2144	05:49:44	BRONZE	20.7
Rayner	Adam	Standard	1516	04:54:39	SILVER	17.6
Raynor	Paul	Standard	1518	06:31:47	BRONZE	22.0
Reed	Chris	Standard	1525	04:54:50	SILVER	17.6
Reed	John	Standard	1524	04:58:37	SILVER	17.9
Reekie	Andrew	Standard	1526	04:15:26	GOLD	14.0
Rehman	Adnan	Standard	2207	03:44:22	GOLD	10.0
Reich	Daniel	Standard	1528	04:19:55	GOLD	14.5
Reid	Andrew	Standard	1529	04:47:51	SILVER	17.1
Reynolds	Hannah	Standard	1532	03:42:57	GOLD	9.8
Richards	Debbie	Standard	1534	04:25:43	GOLD	15.1
Riches	Annalie	Standard	1546	05:28:48	BRONZE	19.7
Ring	Andrew	Standard	1552	06:15:00	BRONZE	21.6
Ripoll	Jacques	Standard	2122	05:33:11	BRONZE	19.9
Roberts	Oliver	Standard	1560	04:16:01	GOLD	14.1
Roberts	John	Standard	1561	05:12:29	BRONZE	18.8
Robins	Pete	Standard	1567	04:20:04	GOLD	14.5
Robins	David	Standard	1566	05:00:58	SILVER	18.1
Robinson	John	Standard	1572	05:51:01	BRONZE	20.7
Rodrigues	Manuel	Standard	1575	05:16:14	BRONZE	19.0
Rodriguez	Paul	Standard	2186	05:53:01	BRONZE	20.8
Rogers	Mark	Standard	1578	04:41:36	SILVER	16.6
Rolston	Amy	Standard	1580	05:01:18	SILVER	18.1
room	karl	Standard	1582	04:33:21	SILVER	15.8
Rose	Alex	Standard	1584	04:23:45	GOLD	14.9
Rose Prokopova	Zdena	Standard	1585	04:51:34	SILVER	17.4
Rosie	Duncan	Standard	2194	06:27:58	BRONZE	21.9
Rosser	Chris	Standard	1586	05:29:38	BRONZE	19.8
ROSTRON	Will	Standard	1587	04:59:54	SILVER	18.0
Rowe	Gareth	Standard	1588	04:47:00	SILVER	17.0
Ruane	Declan	Standard	1590	04:33:01	SILVER	15.8
Runeckles	Ian	Standard	1593	06:06:44	BRONZE	21.3
Russ	Kevin	Standard	1594	05:28:42	BRONZE	19.7
Ruston	Neill	Standard	1597	04:37:50	SILVER	16.2
Rutherford	Paul	Standard	1599	03:59:19	GOLD	12.1
Ryan	Ben	Standard	1603	05:21:25	BRONZE	19.3
Sadler	Jonathan	Standard	1606	05:27:44	BRONZE	19.7
Sanders	John	Standard	22	04:39:07	SILVER	16.4
sartori	mark	Standard	1613	04:00:43	GOLD	12.2
Saunders	Matthew	Standard	1616	04:38:16	SILVER	16.3
Saunders	Damian	Standard	1614	04:38:19	SILVER	16.3
Saunders	Edward	Standard	1615	05:10:06	BRONZE	18.7
Savin	John	Standard	1618	06:00:47	BRONZE	21.1
Sawbridge	Peter	Standard	1619	04:57:17	SILVER	17.8
Scrafton	Anthony	Standard	1630	04:43:25	SILVER	16.7
Secrett	Jon	Standard	1631	04:34:02	SILVER	15.9

Seville	James	Standard	1636	04:25:34	GOLD	15.1
Sewell	Harry	Standard	23	04:23:33	GOLD	14.9
Shah	Jay	Standard	2065	04:06:52	GOLD	13.0
Shakerley	Jez	Standard	1640	04:39:05	SILVER	16.4
Sharpen	David	Standard	1647	04:50:59	SILVER	17.3
Shaw	Kris	Standard	2255	04:10:23	GOLD	13.4
Sheldon	John	Standard	1650	06:17:20	BRONZE	21.6
Shellien-Walker	Scott	Standard	1652	05:15:13	BRONZE	19.0
Shelton	Neil	Standard	1653	04:57:19	SILVER	17.8
Shephard	Alex	Standard	1654	04:57:54	SILVER	17.9
Sheriff	Saldys	Standard	1655	06:50:54	BRONZE	22.5
Sherrard	Roger	Standard	1657	04:50:43	SILVER	17.3
Silverman	Bob	Standard	1667	04:01:02	GOLD	12.3
simpson	henry	Standard	1669	04:54:01	SILVER	17.6
Simpson	James	Standard	1670	05:19:24	BRONZE	19.2
sims	gary	Standard	1673	06:19:18	BRONZE	21.7
Skilton	Luke	Standard	2126	05:47:34	BRONZE	20.6
Sly	Simon	Standard	1678	04:15:30	GOLD	14.0
Smith	Reg	Standard	2056	04:12:15	GOLD	13.6
Smith	Graham	Standard	1691	04:24:28	GOLD	15.0
Smith	Gregory	Standard	1692	04:31:47	SILVER	15.7
smith	john	Standard	1681	04:32:46	SILVER	15.8
Smith	Richard	Standard	1685	04:34:51	SILVER	16.0
smith	geoff	Standard	1690	04:51:55	SILVER	17.4
Smith	Gary	Standard	1689	05:01:45	BRONZE	18.1
Smith	Paul	Standard	1696	05:14:08	BRONZE	18.9
Smith	Matthew	Standard	1694	05:36:16	BRONZE	20.1
Smith	Mike	Standard	1695	05:36:33	BRONZE	20.1
Smith	Adam	Standard	1686	05:38:03	BRONZE	20.2
Smith	Ian	Standard	1693	06:25:18	BRONZE	21.9
Smith	Linda	Standard	2165	06:45:19	BRONZE	22.4
Snell	Michael	Standard	1704	04:45:31	SILVER	16.9
Snowley	Dean	Standard	1705	04:34:10	SILVER	15.9
soane	paul	Standard	1706	04:45:43	SILVER	16.9
southwold	matthew	Standard	1714	06:23:12	BRONZE	21.8
Sparkes	Luke	Standard	1718	05:20:54	BRONZE	19.3
Sparks	Karl	Standard	1719	04:25:04	GOLD	15.0
Spear	Richard	Standard	1720	04:40:36	SILVER	16.5
Spence	Tom	Standard	1724	06:03:31	BRONZE	21.2
Spence	Henry	Standard	1723	06:03:35	BRONZE	21.2
Spurggon	Paul	Standard	2109	04:55:17	SILVER	17.7
Stacey	Helen	Standard	1731	05:19:55	SILVER	19.3
Stallard	Steve	Standard	1733	04:30:26	GOLD	15.6
Stannard	Andrew	Standard	2073	05:21:38	BRONZE	19.3
Stapleton	Tom	Standard	1736	04:21:48	GOLD	14.7
STARR	PETER	Standard	1738	04:37:48	SILVER	16.2
stenning	graham	Standard	1742	06:40:50	BRONZE	22.3

Stephens	Gareth	Standard	1743	06:06:47	BRONZE	21.3
Stephenson	Phil	Standard	1746	04:48:48	SILVER	17.2
Stevens	Phil	Standard	1749	04:12:40	GOLD	13.7
Stewart	Chris	Standard	1752	05:31:40	BRONZE	19.9
stillwell	andrew	Standard	1753	04:48:46	SILVER	17.2
Stone	Richard	Standard	1756	04:30:08	GOLD	15.5
Storey	Paul	Standard	2210	04:20:15	GOLD	14.5
Stott	David	Standard	2142	05:31:43	BRONZE	19.9
Stringer	Paul	Standard	1761	06:03:38	BRONZE	21.2
Summers	Jeremy	Standard	1764	05:15:40	BRONZE	19.0
surey	julian	Standard	1767	04:29:41	GOLD	15.5
Sutcliffe	Richard	Standard	1769	05:21:04	BRONZE	19.3
Svitkova	Blanka	Standard	1774	06:12:15	BRONZE	21.5
Swallow	John	Standard	1775	07:02:48	BRONZE	22.7
Swindlehurst	Ben	Standard	1778	05:13:50	BRONZE	18.9
sykes	nic	Standard	1781	06:21:22	BRONZE	21.8
Sznerch	Mariusz	Standard	1783	04:36:12	SILVER	16.1
Tacon	Jonty	Standard	1785	04:01:01	GOLD	12.3
Tanner	Kevin	Standard	1791	04:18:55	GOLD	14.4
Tanner	Adam	Standard	1790	04:50:29	SILVER	17.3
Taylor	Harry	Standard	1807	04:46:26	SILVER	17.0
taylor	jamie	Standard	1799	05:24:36	BRONZE	19.5
Taylor	Mark	Standard	1800	05:35:46	BRONZE	20.1
Taylor	Pete	Standard	1801	05:38:11	BRONZE	20.2
Taylor	Carly	Standard	1798	06:21:43	BRONZE	21.8
Taylor	Russ	Standard	1802	06:21:48	BRONZE	21.8
Tengs	Morten	Standard	24	04:20:58	GOLD	14.6
Terrington	Nigel	Standard	1813	04:53:03	SILVER	17.5
Terrington	Andrew	Standard	1812	04:53:19	SILVER	17.5
Terry	Tom	Standard	1814	05:23:29	BRONZE	19.5
Thatcher	Simon	Standard	1817	04:48:23	SILVER	17.1
Thatcher	Paul	Standard	1818	05:44:52	BRONZE	20.5
Thomas	Huw	Standard	1820	05:43:08	BRONZE	20.4
Thompson	Stewart	Standard	1829	03:52:36	GOLD	11.2
Thompson	G	Standard	1827	05:03:34	BRONZE	18.3
Thomson	Erik	Standard	1830	05:20:12	BRONZE	19.3
Thorneloe	David	Standard	1833	05:26:08	BRONZE	19.6
Thornley	Matt	Standard	1834	04:32:46	SILVER	15.8
Thornton	Neil	Standard	1836	05:38:45	BRONZE	20.2
Thorpe	Steve	Standard	2148	04:25:03	GOLD	15.0
Tiley	Rob	Standard	1840	04:51:43	SILVER	17.4
Tilt	Alastair	Standard	1841	04:21:36	GOLD	14.7
Tinsley	Brian	Standard	1842	03:49:44	GOLD	10.8
Tipping	Josh	Standard	1843	05:31:01	BRONZE	19.8
Tipping	Matthew	Standard	1844	05:31:05	BRONZE	19.8
Toca	Jaime	Standard	2167	04:37:15	SILVER	16.2
Tocher	Derek	Standard	1845	05:00:39	SILVER	18.1

Tolmie	Jason	Standard	1847	04:01:21	GOLD	12.3
Tomlinson	Stewart	Standard	1850	05:19:53	BRONZE	19.3
Toon	Nick	Standard	1853	04:23:42	GOLD	14.9
Tope	Matt	Standard	1854	04:46:59	SILVER	17.0
Townsend	Pete	Standard	1856	04:53:17	SILVER	17.5
Townsend	Mark	Standard	1855	05:13:43	BRONZE	18.9
Tran	Duong	Standard	1858	05:19:53	BRONZE	19.3
Tspp	Gary	Standard	1862	05:23:09	BRONZE	19.4
Tuach	Moray	Standard	1863	04:34:34	SILVER	16.0
Tucker	Steven	Standard	1864	04:20:28	GOLD	14.6
Tunstall	Paul	Standard	1867	04:55:17	SILVER	17.7
Turner	Jon	Standard	1875	04:35:33	SILVER	16.1
Turner	Dan	Standard	1869	05:08:10	BRONZE	18.6
Turner	Rory	Standard	1873	06:03:00	BRONZE	21.2
Tyler	Peter	Standard	1879	04:21:39	GOLD	14.7
Unsworth	Jonathan	Standard	2196	03:49:21	GOLD	10.7
Urry	Jon	Standard	1883	04:55:58	SILVER	17.7
Valleley	Kam	Standard	1885	04:37:05	SILVER	16.2
van der Raad	Herbert	Standard	1887	03:50:48	GOLD	10.9
Van Es	Mark	Standard	1889	04:54:24	SILVER	17.6
Vann	James	Standard	1893	04:19:24	GOLD	14.4
Varney	Roger	Standard	1894	05:32:12	BRONZE	19.9
Vaughan	Steven	Standard	1897	04:37:04	SILVER	16.2
vaughan	damian	Standard	1896	04:49:25	SILVER	17.2
Vaughan	Christopher	Standard	1895	05:47:53	BRONZE	20.6
Vernon	Dave	Standard	1900	05:31:55	BRONZE	19.9
Verralls	Keith	Standard	2251	04:13:43	GOLD	13.8
Vicent	Luke	Standard	1901	05:35:10	BRONZE	20.0
Waight	Daniel	Standard	1906	04:42:53	SILVER	16.7
Wakefield	Nigel	Standard	1907	04:51:54	SILVER	17.4
Walker	Steve	Standard	1911	05:21:39	BRONZE	19.4
Walker	Dave	Standard	1915	05:23:38	BRONZE	19.5
Walker	Sean	Standard	1913	05:41:15	BRONZE	20.3
Wallace	Jonathan	Standard	1918	04:32:25	SILVER	15.8
walls	tim	Standard	1919	05:35:58	BRONZE	20.1
Ward	Gavin	Standard	2133	04:42:23	SILVER	16.7
Ward	Dan	Standard	1927	04:52:15	SILVER	17.4
ward	eamonn	Standard	1928	05:31:25	BRONZE	19.9
ward	dan	Standard	1926	05:38:14	BRONZE	20.2
Wardle	Graham	Standard	1932	04:46:27	SILVER	17.0
Waterfield	Peter	Standard	1937	04:49:55	SILVER	17.3
Watkins	Simon	Standard	1939	05:06:09	BRONZE	18.4
Watkins	Russ	Standard	1938	05:40:50	BRONZE	20.3
Webb	Robert	Standard	1944	05:36:21	BRONZE	20.1
Webber	Adam	Standard	1945	04:21:01	GOLD	14.6
Weller	Tyrone	Standard	1951	07:40:08	BRONZE	23.4
Welsh	Rob	Standard	1956	04:08:14	GOLD	13.2

West	Joe	Standard	1957	04:12:21	GOLD	13.7
Westcott	Mark	Standard	1958	05:11:44	BRONZE	18.8
Whalley	Nick	Standard	1963	05:11:18	BRONZE	18.8
Wheatcroft	Catherine	Standard	1966	05:53:52	BRONZE	20.9
Wheatley	Stephanie	Standard	1968	04:47:30	GOLD	17.1
Whiskerd	David	Standard	1973	05:14:47	BRONZE	19.0
Whitbourn	Darren	Standard	1974	03:45:20	GOLD	10.2
White	Ross	Standard	1983	04:28:21	GOLD	15.4
WHITE	CHRIS	Standard	1980	04:31:58	SILVER	15.7
White	Steve	Standard	1984	04:50:16	SILVER	17.3
White	Dave	Standard	1981	05:41:07	BRONZE	20.3
Whittle	Rob	Standard	1989	04:18:45	GOLD	14.4
Whybrow	Steve	Standard	1991	04:39:22	SILVER	16.4
Wilkinson	Greg	Standard	2233	04:31:41	SILVER	15.7
wilkinson	ian	Standard	1998	05:28:13	BRONZE	19.7
Wilkinson	Tom	Standard	1997	07:48:00	BRONZE	23.5
williams	rhys	Standard	2005	04:12:51	GOLD	13.7
Williamson	Simeon	Standard	2249	05:22:58	BRONZE	19.4
Wilton	Peter	Standard	2013	04:56:57	SILVER	17.8
Wimporoy	Howard	Standard	2014	04:33:06	SILVER	15.8
Windle	Matthew	Standard	25	05:44:48	BRONZE	20.5
Windsor	Richard	Standard	2015	04:24:43	GOLD	15.0
Wisby	Christopher	Standard	2017	04:26:29	GOLD	15.2
Wisby	Chris	Standard	2145	05:14:11	BRONZE	18.9
Witherell	John	Standard	2020	03:34:09	GOLD	8.5
Wojcikiewicz	Thomas	Standard	2023	05:22:14	BRONZE	19.4
Wood	James	Standard	2025	04:35:01	SILVER	16.0
Woodhead	Stephen	Standard	2028	04:37:03	SILVER	16.2
Woodward	Sam	Standard	2030	04:34:12	SILVER	15.9
Wort	Maxwell	Standard	2169	04:27:59	GOLD	15.3
Worthington	Simon	Standard	2034	05:32:03	BRONZE	19.9
Wouldridge	James	Standard	2185	04:31:59	SILVER	15.7
wright	david	Standard	2036	03:57:43	GOLD	11.9
Wright	Terry	Standard	26	04:21:24	GOLD	14.7
Wybrow	Philip	Standard	2038	04:30:33	GOLD	15.6
Wynn	Nigel	Standard	2040	04:22:47	GOLD	14.8
Yeatman	James	Standard	27	04:28:55	GOLD	15.4
Yelland	Stephen	Standard	2042	09:00:06	BRONZE	24.1
Yeo	Nicholas	Standard	2043	04:58:37	SILVER	17.9
Yew	Alex	Standard	2044	04:26:51	GOLD	15.2
Young	Chris	Standard	2045	04:59:56	SILVER	18.0
Zuurbier	James	Standard	2047	04:11:36	GOLD	13.6

Aboagye	Raymond	Epic	32	06:35:27	SILVER	12.7
Abraham	Robert	Epic	33	05:54:14	GOLD	9.7
Allen	Luke	Epic	46	07:39:30	BRONZE	16.0
Allington	Barry	Epic	50	06:25:40	GOLD	12.0
Anderson	David	Epic	60	04:53:46	GOLD	4.4

Anderson	Hugh	Epic	2181	05:25:44	GOLD	7.3
Anderson	David	Epic	61	06:23:09	GOLD	11.9
Anderson	David	Epic	62	06:35:43	SILVER	12.7
Apps	Simon	Epic	71	07:34:35	BRONZE	15.8
Aranguena	Lucas	Epic	72	05:20:17	GOLD	6.8
Armitage	Debbie	Epic	76	07:57:18	BRONZE	16.6
Armitage	David	Epic	75	07:57:20	BRONZE	16.6
Ashley	David	Epic	78	07:01:36	SILVER	14.2
Atkin	James	Epic	83	08:09:29	BRONZE	17.1
Atkins	Garry	Epic	84	07:52:13	BRONZE	16.5
Austin	Sam	Epic	89	07:25:27	BRONZE	15.4
Austin	Rebecca	Epic	88	07:25:39	SILVER	15.4
Austin	David	Epic	87	07:49:09	BRONZE	16.3
Aynge	Gareth	Epic	3	07:30:33	BRONZE	15.6
Backhurst	Mark	Epic	93	06:26:21	GOLD	12.1
Bacon	Dom	Epic	94	07:45:54	BRONZE	16.2
Bailey	Matthew	Epic	96	06:17:20	GOLD	11.5
Bailey-House	James	Epic	99	06:18:48	GOLD	11.6
Baker	Chris	Epic	103	07:17:46	SILVER	15.0
Baldrey	Claire	Epic	108	09:46:58	BRONZE	19.4
Ball	Andrew	Epic	110	07:07:49	SILVER	14.5
Banner	Gregory	Epic	114	06:19:19	GOLD	11.6
Bannon	Mark	Epic	2052	06:50:39	SILVER	13.6
Barclay	Reece	Epic	116	05:28:25	GOLD	7.6
Barnard	Gareth	Epic	121	05:40:41	GOLD	8.6
Barnard	James	Epic	122	06:38:30	SILVER	12.9
Barradell	Barrie	Epic	125	07:58:13	BRONZE	16.7
Barrell	Hugh	Epic	126	06:38:29	SILVER	12.9
Barron	Geordie	Epic	128	06:40:33	SILVER	13.0
bartlett	chris	Epic	134	06:45:29	SILVER	13.3
Batten	Jack	Epic	143	06:28:19	GOLD	12.2
Baxendale	Steven	Epic	145	06:11:41	GOLD	11.1
Beckett	Steve	Epic	2179	05:25:41	GOLD	7.3
Beevers	Paul	Epic	156	07:55:21	BRONZE	16.6
Bell	Geoffrey	Epic	162	06:27:07	GOLD	12.1
Bell	Oliver	Epic	161	06:38:45	SILVER	12.9
Bell	Matthew	Epic	160	06:38:46	SILVER	12.9
bell	euan	Epic	159	07:00:11	SILVER	14.1
Ben Tsion	Noam	Epic	165	05:14:26	GOLD	6.3
Bennett	Chris	Epic	2059	05:11:13	GOLD	6.0
Bennett	Chris	Epic	166	06:12:25	GOLD	11.1
Best	Paul	Epic	176	06:27:40	GOLD	12.2
Biller	Ian	Epic	183	08:03:23	BRONZE	16.8
Blackburn	James	Epic	2116	07:08:20	SILVER	14.5
Blackburn	Ian	Epic	193	07:49:35	BRONZE	16.4
Blackwood Murray	Tom	Epic	194	07:33:41	BRONZE	15.7
Blandy	Owen	Epic	198	06:32:00	GOLD	12.5

bodmer	simon	Epic	204	06:19:44	GOLD	11.6
Bond	Damon	Epic	207	06:28:26	GOLD	12.2
Bowder	Raymond	Epic	2111	06:01:33	GOLD	10.3
Bowry	David	Epic	218	05:56:12	GOLD	9.9
Boyd	Kieran	Epic	219	06:26:12	GOLD	12.1
Bradford	Jon	Epic	227	07:55:28	BRONZE	16.6
Branquinhu	Joao	Epic	2161	07:36:46	BRONZE	15.8
Bray	Tristan	Epic	232	07:35:30	BRONZE	15.8
Breckon	John	Epic	236	06:29:21	GOLD	12.3
Breeze	Rhodri	Epic	237	06:32:52	GOLD	12.5
Brett	Joshua	Epic	240	06:32:05	GOLD	12.5
Brewer	Eleanor	Epic	2083	06:42:34	GOLD	13.1
Brim	Colin	Epic	245	06:24:25	GOLD	12.0
Brinkley	Ian	Epic	247	05:26:33	GOLD	7.4
Britt	Stephen	Epic	250	06:43:12	SILVER	13.2
Brook	Jonathan	Epic	252	05:52:07	GOLD	9.6
Brookes	Roger	Epic	253	06:45:03	SILVER	13.3
Brown	Gareth	Epic	257	05:37:19	GOLD	8.3
Brown	Gina	Epic	2094	06:55:58	GOLD	13.9
Browne	Kevin	Epic	267	08:06:14	BRONZE	16.9
Bruce	Leanne	Epic	269	06:54:19	GOLD	13.8
Bryan	David	Epic	271	06:39:29	SILVER	12.9
Buckwell	Joshua	Epic	277	06:47:44	SILVER	13.4
Burt	Angela	Epic	287	08:48:15	BRONZE	18.2
Busk	Jonathon	Epic	290	06:20:45	GOLD	11.7
Butcher	Patrick	Epic	291	07:54:18	BRONZE	16.5
Bywater	Simon	Epic	298	06:46:29	SILVER	13.3
Bywater	James	Epic	299	06:48:16	SILVER	13.5
CAMPBELL	DANIEL	Epic	306	06:31:55	GOLD	12.5
Carrannante	James	Epic	312	07:01:55	SILVER	14.2
Carrapiett	Myles	Epic	2192	07:05:45	SILVER	14.4
Carter	Ian	Epic	318	07:14:23	SILVER	14.8
Cately	Ian	Epic	327	08:01:24	BRONZE	16.8
Cattaneo	Ben	Epic	328	06:48:40	SILVER	13.5
Cavanagh	Wayne	Epic	330	06:25:17	GOLD	12.0
Cave	Jonathan	Epic	332	06:44:24	SILVER	13.2
Challand	Robert	Epic	335	08:01:50	BRONZE	16.8
Chambers	Andy	Epic	337	06:25:39	GOLD	12.0
Chanter	Keith	Epic	341	06:03:41	GOLD	10.5
Chapman	Ross	Epic	342	07:12:43	SILVER	14.8
Charles	Lucy	Epic	347	05:28:23	GOLD	7.6
Chen	Long	Epic	352	07:05:48	SILVER	14.4
Childs	Steven	Epic	358	05:26:32	GOLD	7.4
Choolun	Kaviraj	Epic	365	09:23:53	BRONZE	18.9
Christopher	Tom	Epic	366	06:19:46	GOLD	11.6
Clark	Peter	Epic	369	08:02:18	BRONZE	16.8
Clarke	Matthew	Epic	376	05:58:15	GOLD	10.0

Clarke	Charles	Epic	375	06:24:13	GOLD	11.9
Clark-Whittle	Jennifer	Epic	382	08:34:08	BRONZE	17.8
Clifton-Brown	Emma	Epic	391	07:54:28	BRONZE	16.5
Clyde	Andy	Epic	393	07:55:06	BRONZE	16.6
Clyne	Steve	Epic	2154	07:23:26	BRONZE	15.3
COKER	JULIAN	Epic	399	06:47:57	SILVER	13.4
Cole	Jack	Epic	401	07:59:18	BRONZE	16.7
Colledge	Adrian	Epic	402	05:53:04	GOLD	9.6
Conn	Mike	Epic	408	08:21:50	BRONZE	17.4
Coombs	Pete	Epic	413	06:25:37	GOLD	12.0
Cooper	Raphael	Epic	415	06:24:09	GOLD	11.9
Copeland	Niel	Epic	420	05:39:23	GOLD	8.5
cork	anthony	Epic	422	05:19:44	GOLD	6.8
Corkery	Patrick	Epic	423	09:10:59	BRONZE	18.7
Coshell	Malcolm	Epic	429	06:46:42	SILVER	13.4
Couchman	Kevin	Epic	433	06:35:03	SILVER	12.7
Coull	Daryn	Epic	434	06:17:52	GOLD	11.5
Cowdry	George	Epic	437	07:36:06	SILVER	15.8
Cox	David	Epic	438	06:59:14	SILVER	14.1
Crabbe	Ryan	Epic	440	06:03:29	GOLD	10.5
Craggs	Graham	Epic	441	06:10:57	GOLD	11.0
Cronin	Damian	Epic	446	07:26:02	BRONZE	15.4
Crook	Adam	Epic	448	05:46:05	GOLD	9.1
Crosby	Oliver	Epic	449	06:58:33	SILVER	14.0
Cross	Benjamin	Epic	450	06:18:06	GOLD	11.5
Crossman	Paul	Epic	451	08:01:44	BRONZE	16.8
Crowther	Neil	Epic	454	07:01:32	SILVER	14.2
Cuppelditch	Roy	Epic	458	07:57:13	BRONZE	16.6
Curry	Vincent	Epic	460	06:32:01	GOLD	12.5
Curtis-Powell	Stephen	Epic	461	06:46:54	SILVER	13.4
Cush	Adrian	Epic	2156	06:50:26	SILVER	13.6
Dale	Michael	Epic	463	06:45:38	SILVER	13.3
Dall	Andy	Epic	464	07:17:07	SILVER	15.0
Dam	Peter	Epic	468	05:09:53	GOLD	5.9
D'Arcy-Irvine	Alexandra	Epic	473	08:35:07	BRONZE	17.8
Davey	Richard	Epic	478	06:14:20	GOLD	11.3
Davies	Dylan	Epic	483	06:35:25	SILVER	12.7
Davies	Gareth	Epic	484	08:13:14	BRONZE	17.2
Davison	Pete	Epic	491	07:29:26	BRONZE	15.5
Dawe	Jeremy	Epic	2098	05:45:44	GOLD	9.0
Dawson	Kevin	Epic	494	05:04:32	GOLD	5.4
DAY	STEVE	Epic	495	07:22:24	BRONZE	15.2
Daymond	Steven	Epic	497	07:59:12	BRONZE	16.7
De Silva	Ranith	Epic	499	09:22:00	BRONZE	18.9
Dee	Michael	Epic	504	07:21:32	BRONZE	15.2
Demicoli	Paul	Epic	2058	05:10:22	GOLD	5.9
Dennis	James	Epic	509	05:43:41	GOLD	8.9

dillon	richard	Epic	524	05:35:16	GOLD	8.2
Dobiecki	Alex	Epic	530	06:36:32	SILVER	12.7
Dobiecki	Ray	Epic	531	06:39:07	SILVER	12.9
Dominik	Natalia	Epic	536	08:06:30	BRONZE	17.0
Donohoe	Paula	Epic	538	07:33:09	SILVER	15.7
Douglass	Iain	Epic	542	06:24:59	GOLD	12.0
down	chris	Epic	544	07:58:07	BRONZE	16.7
Dowse	Matt	Epic	547	06:50:06	SILVER	13.6
Drayson	Tim	Epic	553	06:28:41	GOLD	12.2
Dugmore	Adam	Epic	558	06:50:25	SILVER	13.6
Dunkels	Tony	Epic	563	05:01:55	GOLD	5.2
Dwimoh	Ben	Epic	567	07:50:02	BRONZE	16.4
Dyer	Paul	Epic	568	06:06:07	GOLD	10.7
Edwardes-Ker	Patrick	Epic	580	06:50:09	SILVER	13.6
edwards	dan	Epic	581	06:19:54	GOLD	11.6
Edwards	Richard	Epic	582	06:48:40	SILVER	13.5
Egbuniwe	Chude	Epic	584	06:40:09	SILVER	13.0
Egry	Carlos	Epic	585	06:50:39	SILVER	13.6
Eisenhower	Frank	Epic	586	06:46:57	SILVER	13.4
Ekeberg	Rolf	Epic	587	06:23:58	GOLD	11.9
Elesinnla	Ayoade	Epic	588	07:56:12	BRONZE	16.6
Elliot	Michael	Epic	589	06:54:17	SILVER	13.8
Elliott	Malcolm	Epic	593	05:03:40	GOLD	5.3
Elliott	Donna	Epic	590	07:16:23	SILVER	14.9
Elliott	Steve	Epic	592	07:20:58	BRONZE	15.2
Ellis	Cordelia	Epic	594	07:28:49	SILVER	15.5
Ellis	Elizabeth	Epic	595	08:56:49	BRONZE	18.4
elswood	jason	Epic	602	06:12:39	GOLD	11.1
Elswood	Enya	Epic	601	06:15:23	GOLD	11.3
Equi	Ged	Epic	2060	06:08:04	GOLD	10.8
Evans	Gary	Epic	2050	05:57:20	GOLD	10.0
Evans	George	Epic	2051	06:27:01	GOLD	12.1
evans	roger	Epic	609	06:37:50	SILVER	12.8
Evans	Simon	Epic	610	07:45:26	BRONZE	16.2
Fairhead	Mark	Epic	622	07:26:12	BRONZE	15.4
Fallon	Andrew	Epic	624	06:54:54	SILVER	13.8
farrant	ben	Epic	628	07:59:23	BRONZE	16.7
Farrell	Michael	Epic	629	07:07:26	SILVER	14.5
Farrow	Christopher	Epic	630	07:25:29	BRONZE	15.4
Fearon	Alison	Epic	637	07:48:40	SILVER	16.3
Fischr	Joe	Epic	2150	05:08:06	GOLD	5.7
Fisher	Laura	Epic	648	08:50:14	BRONZE	18.2
Fishwick	David	Epic	649	08:00:14	BRONZE	16.7
Flynn	Jason	Epic	654	07:21:32	BRONZE	15.2
Foord	Alex	Epic	657	07:34:10	BRONZE	15.7
Fortescue	Dominic	Epic	660	06:22:53	GOLD	11.9
Foster	Lisa	Epic	2171	05:53:13	GOLD	9.6

Foster	Colin	Epic	2172	05:56:10	GOLD	9.9
Foster	Mark	Epic	662	06:57:19	SILVER	14.0
FOX	BARRIE	Epic	663	06:51:02	SILVER	13.6
Franks	Darren	Epic	670	05:38:40	GOLD	8.4
Gabbani	Stephen	Epic	682	08:04:27	BRONZE	16.9
Garthwaite	Mark	Epic	696	06:38:18	SILVER	12.9
Garvey	James	Epic	697	07:32:48	BRONZE	15.7
Gibbon	Andrew	Epic	708	07:29:07	BRONZE	15.5
Gibson	Chris	Epic	710	06:35:24	SILVER	12.7
gilbert	andrew	Epic	712	05:48:01	GOLD	9.2
Giles	Robert	Epic	715	07:34:10	BRONZE	15.7
Glynn	Frank	Epic	2152	06:36:56	SILVER	12.8
Goinden	Gabriel	Epic	725	07:00:57	SILVER	14.2
Gold	Howard	Epic	2166	07:26:44	BRONZE	15.4
Goodliffe	Katie	Epic	733	07:34:51	SILVER	15.8
Gore	Chris	Epic	735	06:04:55	GOLD	10.6
Goss	Phil	Epic	739	07:00:39	SILVER	14.1
Goss	Alan	Epic	738	07:00:43	SILVER	14.1
GOUGH	NIKI	Epic	740	06:09:19	GOLD	10.9
Grady	Gerard	Epic	747	06:07:32	GOLD	10.8
Graham	Andrew	Epic	748	07:07:49	SILVER	14.5
Grant	Stephen	Epic	751	05:19:47	GOLD	6.8
Grant	Daniel	Epic	750	06:55:33	SILVER	13.9
green	chris	Epic	756	06:52:33	SILVER	13.7
Grew	Robert	Epic	765	07:33:23	BRONZE	15.7
Grice	Vicki	Epic	766	07:54:27	BRONZE	16.5
Grieve	Thomas	Epic	767	09:38:24	BRONZE	19.2
groves	alan	Epic	775	07:06:50	SILVER	14.5
Gumbrell	John	Epic	2108	06:57:04	SILVER	13.9
Guy	Richard	Epic	780	06:43:08	SILVER	13.1
Guy	Glen	Epic	2153	06:46:23	SILVER	13.3
Halkyard	Graham	Epic	786	07:24:03	BRONZE	15.3
Hall	Matthew	Epic	793	06:01:51	GOLD	10.3
Hall	Garfield	Epic	788	06:02:54	GOLD	10.4
Hammond	John	Epic	799	06:21:31	GOLD	11.8
Hancock	Joe	Epic	801	06:25:41	GOLD	12.0
Handley	Keith	Epic	802	07:36:34	BRONZE	15.8
Hardman	Tim	Epic	806	07:14:24	SILVER	14.8
Harries	Iona	Epic	822	07:24:05	SILVER	15.3
harris	anthony	Epic	824	05:55:43	GOLD	9.8
Harrison	David	Epic	829	06:43:12	SILVER	13.2
Harrison	Steven	Epic	830	08:55:47	BRONZE	18.3
Hart	Simon	Epic	838	05:05:42	GOLD	5.5
Hartley	Lucy	Epic	839	07:21:48	SILVER	15.2
Hasselbach	Ryan	Epic	851	05:50:11	GOLD	9.4
Hathaway	Colin	Epic	853	06:04:55	GOLD	10.6
Hawkes	Nicola	Epic	856	06:45:37	GOLD	13.3

Hawthorn	Celia	Epic	859	07:22:18	SILVER	15.2
Haycocks	Peter	Epic	861	06:19:44	GOLD	11.6
Hayes	Michael	Epic	862	06:51:05	SILVER	13.6
Head	clifford	Epic	866	06:28:36	GOLD	12.2
Heaton-Renshaw	Archie	Epic	869	06:55:15	SILVER	13.8
Hemmings	Steven	Epic	874	07:01:43	SILVER	14.2
Henry	Bernadette	Epic	878	06:05:26	GOLD	10.6
Hewett	Richard	Epic	886	07:28:04	BRONZE	15.5
Heywood	Chris	Epic	887	06:18:39	GOLD	11.6
Hickson	Grant	Epic	893	07:19:28	BRONZE	15.1
Hickson	Brian	Epic	892	07:19:45	BRONZE	15.1
Hill	Adam	Epic	894	04:53:42	GOLD	4.4
HILL	CONRAD	Epic	895	06:32:48	GOLD	12.5
HILL	Tom	Epic	899	08:33:20	BRONZE	17.8
Hillcock	Matthew	Epic	900	06:28:38	GOLD	12.2
Hobson	Gemma	Epic	906	07:54:46	BRONZE	16.5
Hoddinott	Matthew	Epic	908	05:54:47	GOLD	9.8
Hodge	Andrew	Epic	909	06:14:19	GOLD	11.3
Hodges	Jon	Epic	910	05:04:56	GOLD	5.4
Hogben	Martin	Epic	2151	06:40:25	SILVER	13.0
Holley	Andrew	Epic	2129	06:11:17	GOLD	11.0
Hollyhead	Andrew	Epic	917	06:44:05	SILVER	13.2
Hood	William	Epic	920	07:12:59	SILVER	14.8
Houston	Mark	Epic	928	08:22:29	BRONZE	17.5
howard	karle	Epic	929	07:54:31	BRONZE	16.5
Howe	David	Epic	931	06:43:47	SILVER	13.2
Hudson	Peter	Epic	934	06:22:28	GOLD	11.8
Hughes	Michael	Epic	935	06:39:56	SILVER	13.0
Humphries	Neal	Epic	943	05:18:20	GOLD	6.7
Humphris	Simon	Epic	945	05:16:24	GOLD	6.5
Huntrods	Richard	Epic	947	06:48:57	SILVER	13.5
Hutchings	Graham	Epic	950	06:35:06	SILVER	12.7
Hutchison	Alastair	Epic	952	06:25:19	GOLD	12.0
Hutchison	Glenn	Epic	953	06:51:09	SILVER	13.6
Hutton	Tom	Epic	955	07:35:35	BRONZE	15.8
Hynes	Adam	Epic	961	06:38:31	SILVER	12.9
Irish	James	Epic	965	05:59:35	GOLD	10.2
Jack	Steven	Epic	970	07:10:24	SILVER	14.6
Jackson	Dominic	Epic	971	07:28:04	BRONZE	15.5
James	Catherine	Epic	974	05:02:04	GOLD	5.2
Jarman	Paul	Epic	981	06:20:07	GOLD	11.7
Jarzabek	Marcin	Epic	982	05:06:30	GOLD	5.6
Jodlowski	Wojciech	Epic	991	08:06:26	BRONZE	17.0
Johnson	Alan	Epic	994	06:40:30	SILVER	13.0
Johnston	Danny	Epic	995	06:37:23	SILVER	12.8
Johnstone	Martin	Epic	996	07:59:19	BRONZE	16.7
Jones	Philip	Epic	1001	07:22:36	BRONZE	15.2

Jones	Bob	Epic	997	07:25:28	BRONZE	15.4
Joyce	Paul	Epic	1017	07:17:43	SILVER	15.0
Juroszek	Stewart	Epic	1021	07:46:54	BRONZE	16.2
Karolemeas	George	Epic	1023	06:37:37	SILVER	12.8
Kazlauskas	Mantas	Epic	1026	07:23:04	BRONZE	15.2
Keech	Oliver	Epic	1030	06:02:52	GOLD	10.4
Keel	Paul	Epic	1031	07:00:25	SILVER	14.1
Kemp	Jonathan	Epic	1038	07:02:22	SILVER	14.2
Kemper	Rory	Epic	1041	06:49:19	SILVER	13.5
Kerridge	George	Epic	1048	06:45:36	SILVER	13.3
king	martin	Epic	1055	08:09:27	BRONZE	17.1
Kinshott	David	Epic	1066	06:28:40	GOLD	12.2
Kirby	Steve	Epic	1067	07:24:39	BRONZE	15.3
Knibbs	Robert	Epic	1071	07:54:16	BRONZE	16.5
Landers	David	Epic	1082	06:05:20	GOLD	10.6
Lane	Chris	Epic	1083	06:43:07	SILVER	13.1
LANGSTON	MARTIN	Epic	1087	07:12:58	SILVER	14.8
Lansley	Darren	Epic	1089	07:12:58	SILVER	14.8
Lavelle	Gavin	Epic	14	07:30:33	BRONZE	15.6
Lawless	Ruth	Epic	1095	05:37:09	GOLD	8.3
Lawrie	Mark	Epic	1099	06:46:07	SILVER	13.3
Lawson	Alex	Epic	1100	06:28:42	GOLD	12.2
Leslie	Damian	Epic	1112	05:52:32	GOLD	9.6
Levey	James	Epic	1118	06:24:47	GOLD	12.0
Lindsay	Thomas	Epic	1129	07:11:51	SILVER	14.7
Longley	Sam	Epic	1142	08:34:09	BRONZE	17.8
Lord	Toby	Epic	1143	07:34:55	BRONZE	15.8
Ludlow	Stuart	Epic	1146	06:07:38	GOLD	10.8
Luetchford	Keith	Epic	1147	05:45:54	GOLD	9.1
Luna	Marco	Epic	1150	07:28:07	BRONZE	15.5
Lyall	Grant	Epic	1151	07:18:53	BRONZE	15.1
Mackman	James	Epic	1165	06:51:35	SILVER	13.6
Mackman	Alex	Epic	1164	06:52:09	SILVER	13.7
MacNeil	Kevin	Epic	1168	06:31:58	GOLD	12.5
MacSween	Stuart	Epic	1169	07:39:18	BRONZE	15.9
Major	Iain	Epic	1174	06:46:00	SILVER	13.3
Mallett	Graham	Epic	1177	05:56:55	GOLD	9.9
Mallett	Mark	Epic	2082	06:24:36	GOLD	12.0
Maloney	Robert	Epic	1180	07:36:21	BRONZE	15.8
Mann	Paul	Epic	1185	06:10:51	GOLD	11.0
Mann	David	Epic	1184	06:10:57	GOLD	11.0
Mansbridge	Hamish	Epic	2162	08:07:31	BRONZE	17.0
Markwick	Robert	Epic	2157	06:13:52	GOLD	11.2
Marshall	Tom	Epic	1197	05:58:17	GOLD	10.1
Marston	Lee	Epic	1201	05:51:27	GOLD	9.5
Martin	Grant	Epic	1202	05:54:53	GOLD	9.8
Martin	Ryan	Epic	1203	05:54:54	GOLD	9.8

Martin	Steve	Epic	1204	07:18:11	BRONZE	15.0
Mason	Paul	Epic	1209	06:10:54	GOLD	11.0
Maywood	Sean	Epic	1217	06:39:01	SILVER	12.9
McAleer	Justin	Epic	1218	06:59:05	SILVER	14.1
McCarthy	Carl	Epic	1222	06:25:44	GOLD	12.0
McCartney	Danny	Epic	1223	06:39:29	SILVER	12.9
McCombe	Duncan	Epic	1224	06:32:01	GOLD	12.5
McConnell	Darren	Epic	1225	07:01:24	SILVER	14.2
McDonnell	Gary	Epic	1227	08:01:22	BRONZE	16.8
McEwen	Jon	Epic	1232	08:03:21	BRONZE	16.8
McGee	Kieran	Epic	1235	09:10:55	BRONZE	18.7
McGreal	Tom	Epic	1239	07:57:17	BRONZE	16.6
McLaughlin	Joe	Epic	1244	07:40:49	BRONZE	16.0
Mcmenemy	James	Epic	1249	07:29:07	BRONZE	15.5
Meadows	Ben	Epic	1257	06:26:23	GOLD	12.1
Mencnarowski	Andrew	Epic	1261	07:18:59	BRONZE	15.1
Mendoza	Rommel	Epic	1262	08:24:54	BRONZE	17.5
Menzies	Donald	Epic	1263	06:50:49	SILVER	13.6
Merry	Chris	Epic	1267	07:02:04	SILVER	14.2
Miles	Gareth	Epic	1273	06:13:16	GOLD	11.2
Milling	Andrew	Epic	1278	06:43:00	SILVER	13.1
Mills	Nicholas	Epic	1281	06:05:57	GOLD	10.6
Mogridge	David	Epic	1287	08:04:44	BRONZE	16.9
Moloney	Mark	Epic	1289	07:00:50	SILVER	14.2
montgomery	clive	Epic	1294	05:14:47	GOLD	6.3
Moore	Chris	Epic	1300	07:35:51	BRONZE	15.8
Morris	Roger	Epic	1312	05:25:47	GOLD	7.3
Morris	Rob	Epic	2107	06:57:08	SILVER	14.0
Morrison	Ken	Epic	1316	08:37:57	BRONZE	17.9
Mould	Dave	Epic	1320	06:43:53	SILVER	13.2
Mpi	Davide	Epic	2100	06:55:07	SILVER	13.8
Mumme	Simon	Epic	1324	06:09:19	GOLD	10.9
Munns	Trevor	Epic	1328	07:46:46	BRONZE	16.2
Newman	Dan	Epic	1343	06:44:01	SILVER	13.2
noble	Peter	Epic	1352	04:58:55	GOLD	4.9
Nugent	Gary	Epic	1360	07:26:35	BRONZE	15.4
Odoni	Patrick	Epic	19	04:54:30	GOLD	4.5
Ody	David	Epic	1370	06:35:32	SILVER	12.7
O'Neill	Jennifer	Epic	1377	07:33:28	SILVER	15.7
O'Regan	Martin	Epic	1382	09:10:54	BRONZE	18.7
Owens	Nick	Epic	1389	06:24:53	GOLD	12.0
Owens	Paul	Epic	1391	06:52:15	SILVER	13.7
Page	Phillip	Epic	1392	06:39:51	SILVER	13.0
Palmer	Nigel	Epic	1395	07:36:22	BRONZE	15.8
Panek	Dawid	Epic	1399	06:36:52	SILVER	12.8
Paraskeva	Vakis	Epic	2159	06:35:42	SILVER	12.7
Paremain	Richard	Epic	1401	07:47:53	BRONZE	16.3

parker	scott	Epic	1404	09:15:42	BRONZE	18.8
Parnell	David	Epic	2090	06:18:49	GOLD	11.6
Paton	Daryl	Epic	1413	06:16:26	GOLD	11.4
Peachey	Ivor	Epic	1421	07:27:47	BRONZE	15.5
Peck	Debra	Epic	1428	07:57:17	BRONZE	16.6
Pereira-Rego	Angharad	Epic	1439	07:30:43	SILVER	15.6
Perella	Joshua	Epic	1440	06:04:33	GOLD	10.5
Pigott	Joseph	Epic	1455	06:22:11	GOLD	11.8
Poole	Lee	Epic	1468	06:35:04	SILVER	12.7
Poore	Chris	Epic	1470	07:55:32	BRONZE	16.6
Portrait	Benjamin	Epic	1474	05:15:44	GOLD	6.4
Potts	Andy	Epic	1475	07:16:24	SILVER	14.9
Powell	Tim	Epic	1479	06:26:13	GOLD	12.1
Powell	Karen	Epic	1481	08:12:33	BRONZE	17.2
Powles	Ashley	Epic	1484	06:49:57	SILVER	13.5
Powrie	Rod	Epic	2183	07:19:22	BRONZE	15.1
Prebble	Richard	Epic	1487	05:04:34	GOLD	5.4
Pritchard	Barry	Epic	1498	07:01:51	SILVER	14.2
Pugh	Mark	Epic	1500	06:32:55	GOLD	12.5
Qualtrough	Alastair	Epic	1504	07:24:40	BRONZE	15.3
Quinlan	Mick	Epic	1506	04:58:37	GOLD	4.9
Quintana	Cesar	Epic	1507	05:28:02	GOLD	7.5
Rabe	Volker	Epic	1508	07:29:06	BRONZE	15.5
Radcliffe	Stuart	Epic	1510	06:24:46	GOLD	12.0
Rainsbury	Kevin	Epic	2231	05:47:34	GOLD	9.2
Ratcliff	Glen	Epic	1514	08:01:25	BRONZE	16.8
Raynor	John	Epic	1517	05:32:02	GOLD	7.9
Read	Mark	Epic	1519	06:39:48	SILVER	12.9
Reynolds	Lizzie	Epic	1531	07:59:22	BRONZE	16.7
Richards	Simon	Epic	1533	08:51:36	BRONZE	18.2
Richardson	Mark	Epic	1538	06:11:21	GOLD	11.0
Richens	Colin	Epic	1544	07:23:33	BRONZE	15.3
rivers	tony	Epic	1555	08:22:17	BRONZE	17.5
Robertson	Callum	Epic	1562	06:01:41	GOLD	10.3
Robertson	Neil	Epic	1563	08:11:05	BRONZE	17.1
Robin	Nick	Epic	1564	05:31:49	GOLD	7.9
Robins	John	Epic	1565	05:31:11	GOLD	7.8
Robinson	Jonty	Epic	1569	07:01:33	SILVER	14.2
Rodriguez	Paul	Epic	1574	04:54:02	GOLD	4.5
ROGERS	DEAN	Epic	1577	06:27:35	GOLD	12.2
Russell	Christopher	Epic	1595	07:40:45	BRONZE	16.0
Russen	Jonathan	Epic	1596	06:27:39	GOLD	12.2
Rutkowski	Szymon	Epic	1600	07:00:12	SILVER	14.1
Rutley	Kit	Epic	1601	07:14:52	SILVER	14.9
Ryder	Mark	Epic	1604	04:55:02	GOLD	4.6
Rymer	Dave	Epic	2130	06:39:24	SILVER	12.9
Salaman	Ali	Epic	1607	07:14:35	SILVER	14.9

Samler	Jack	Epic	1608	06:40:26	SILVER	13.0
sanders	darren	Epic	1610	06:57:52	SILVER	14.0
Santos	Ricardo	Epic	2160	07:36:49	BRONZE	15.8
Scannell	Howard	Epic	1622	05:39:05	GOLD	8.5
Schou	Erik	Epic	1623	06:20:34	GOLD	11.7
Scoltock	James	Epic	1624	07:02:47	SILVER	14.3
Scott	Jamie	Epic	1626	05:16:51	GOLD	6.5
Settle	Paul	Epic	1635	08:11:05	BRONZE	17.1
Seyghal	Jonathan	Epic	1637	07:12:28	SILVER	14.7
Sharp	Kirsty	Epic	1643	06:37:51	GOLD	12.8
Sheard	Richard	Epic	1648	07:00:33	SILVER	14.1
Sheehan	James	Epic	2088	06:17:50	GOLD	11.5
Sheldon	William	Epic	1651	06:51:01	SILVER	13.6
Shelton	David	Epic	2061	06:57:42	SILVER	14.0
Shingler	John	Epic	1660	07:20:42	BRONZE	15.1
Sibley	Daniel	Epic	1666	05:47:42	GOLD	9.2
skilton	stephen	Epic	1674	07:35:17	BRONZE	15.8
Skuce	Sam	Epic	1677	07:26:33	BRONZE	15.4
Smith	Andrew	Epic	1679	05:23:37	GOLD	7.1
Smith	Matthew	Epic	1684	06:39:55	SILVER	13.0
Smith	Christiaan	Epic	1680	06:40:00	SILVER	13.0
Smith	Martin	Epic	1683	07:17:35	SILVER	15.0
Smith	Richard	Epic	1697	08:04:54	BRONZE	16.9
Smithyes	Richard	Epic	1701	07:40:44	BRONZE	16.0
Smyth	Tim	Epic	1702	06:33:33	GOLD	12.6
Snedden	Gary	Epic	1703	07:36:57	BRONZE	15.9
sorrin	claire	Epic	1708	07:49:14	SILVER	16.3
Sosonnyy	Oleksandr	Epic	1709	05:30:55	GOLD	7.8
Southgate	Lloydd	Epic	1711	08:05:42	BRONZE	16.9
Spearman	Crystal	Epic	1721	05:53:54	GOLD	9.7
Speller	Mark	Epic	1722	06:33:12	GOLD	12.5
Stainbank	Ralph	Epic	1732	05:59:16	GOLD	10.1
Stannard	David	Epic	1734	06:32:57	GOLD	12.5
Stanwyck	Robert	Epic	1735	06:54:43	SILVER	13.8
Steerwood	John	Epic	1739	07:15:19	SILVER	14.9
Stephenson	Gareth	Epic	1745	07:03:57	SILVER	14.3
Steventon	Andrew	Epic	1750	06:25:46	GOLD	12.0
Stewart	Michael	Epic	1751	06:43:14	SILVER	13.2
Storarr	Elsbeth	Epic	1759	07:40:34	SILVER	16.0
Street	Paul	Epic	1760	06:36:45	SILVER	12.8
Surina	Ludovic	Epic	1768	06:49:34	SILVER	13.5
Suter	Simon	Epic	1771	05:40:57	GOLD	8.6
Sutton	Romain	Epic	1773	05:16:39	GOLD	6.5
Sweet-Escott	Richard	Epic	1776	09:13:06	BRONZE	18.7
Sweetman	Lee	Epic	1777	06:57:30	SILVER	14.0
Syder	Tim	Epic	1779	06:58:21	SILVER	14.0
Symes	Jeremy	Epic	1782	07:19:13	BRONZE	15.1

Szuster	Adam	Epic	1784	05:37:55	GOLD	8.4
Talbot	Anthony	Epic	1789	08:00:18	BRONZE	16.7
Taylor	Andy	Epic	1793	06:42:02	SILVER	13.1
Taylor	Charlie	Epic	1794	07:35:23	BRONZE	15.8
Taylor	Edward	Epic	1795	07:54:33	BRONZE	16.5
Taylour	David	Epic	1809	07:00:00	SILVER	14.1
Thom	Gill	Epic	1819	06:44:36	GOLD	13.2
Thomas	Alexander	Epic	1822	06:55:17	SILVER	13.9
Thompson	Andy	Epic	1824	07:17:46	SILVER	15.0
thornton	james	Epic	1835	07:47:25	BRONZE	16.3
Tickner	Martin	Epic	1839	06:14:33	GOLD	11.3
Tomlinson	Allen	Epic	1849	04:51:35	GOLD	4.2
Toomer	Dan	Epic	1852	07:33:11	BRONZE	15.7
Trasler	Peter	Epic	1859	06:19:16	GOLD	11.6
Tuitel	Raymond	Epic	1866	06:27:15	GOLD	12.1
Turner	Jonathon	Epic	1871	05:22:40	GOLD	7.1
Turner	Steve	Epic	1874	06:14:05	GOLD	11.2
Turner	Andrew	Epic	1868	07:06:04	SILVER	14.4
turner	james	Epic	1870	07:26:09	BRONZE	15.4
Van Niekerk	Stephne	Epic	2075	06:20:28	GOLD	11.7
Vane	Andrew	Epic	1892	06:35:11	SILVER	12.7
Vila	Peter	Epic	1902	06:14:54	GOLD	11.3
Wahnon	Steven	Epic	1905	05:20:10	GOLD	6.8
Walker	Philip	Epic	1910	06:35:35	SILVER	12.7
Walker	Ian	Epic	1914	06:40:29	SILVER	13.0
Wall	Stephen	Epic	1917	06:15:51	GOLD	11.4
Walmsley	Chris	Epic	1920	06:06:01	GOLD	10.6
Walsh	Damian	Epic	1921	05:34:35	GOLD	8.1
Ward	Simon	Epic	1925	05:56:58	GOLD	9.9
Ward	Marcus	Epic	1924	06:11:41	GOLD	11.1
Warn	Colin	Epic	1934	07:18:08	BRONZE	15.0
Warnecke	Verity	Epic	1935	08:22:05	BRONZE	17.4
Watanabe	Masaki	Epic	1936	07:43:10	BRONZE	16.1
watling	joe	Epic	1940	05:39:38	GOLD	8.5
Watts	Peter	Epic	1941	08:55:52	BRONZE	18.3
welford	Robert	Epic	1950	06:20:28	GOLD	11.7
Wells	Steve	Epic	1952	06:39:04	SILVER	12.9
Wells	William	Epic	1954	06:47:20	SILVER	13.4
Wells	Tim	Epic	1953	07:55:31	BRONZE	16.6
Wevers	Haico	Epic	1961	06:39:26	SILVER	12.9
Whale	Tom	Epic	1962	08:13:13	BRONZE	17.2
Whatley	Paul	Epic	1964	05:13:42	GOLD	6.2
Wheatcroft	Richard	Epic	1965	05:36:12	GOLD	8.2
Wheeler	Robert	Epic	1969	06:31:36	GOLD	12.4
Wheeler	Russell	Epic	2070	06:45:55	SILVER	13.3
Whetstone	Dave	Epic	1971	06:09:36	GOLD	10.9
Whetstone	Dan	Epic	1972	06:09:38	GOLD	10.9

White	Paul	Epic	1978	05:41:06	GOLD	8.7
White	Michael	Epic	1977	07:29:33	BRONZE	15.5
White	Jon	Epic	1976	07:37:00	BRONZE	15.9
Whittaker	Matthew	Epic	1987	06:14:29	GOLD	11.3
Whittle	Andrew	Epic	1988	06:34:56	GOLD	12.6
Wickham	Andy	Epic	1992	06:12:20	GOLD	11.1
Wilder	Robert	Epic	1994	07:40:47	BRONZE	16.0
Wilkinson	Greg	Epic	1996	05:10:01	GOLD	5.9
Williams	Scott	Epic	2004	05:06:38	GOLD	5.6
Williams	Greg	Epic	1999	06:26:22	GOLD	12.1
Williams	James	Epic	2000	06:35:24	SILVER	12.7
Williams	Morgan	Epic	2003	07:25:26	BRONZE	15.4
Williams	Mathew	Epic	2002	08:12:53	BRONZE	17.2
Willmington	Nathan	Epic	2007	06:46:01	SILVER	13.3
Wilson	Ben	Epic	2008	06:14:33	GOLD	11.3
Wilson	Jon	Epic	2009	06:24:39	GOLD	12.0
Wilson	Neal	Epic	2010	07:59:11	BRONZE	16.7
Winston	David	Epic	2016	06:36:16	SILVER	12.7
Withers	Jim	Epic	2021	08:55:32	BRONZE	18.3
Wityk	Jarek	Epic	2022	06:57:19	SILVER	14.0
Wood	David	Epic	2024	06:53:55	SILVER	13.8
Woods	Alex	Epic	2057	05:10:28	GOLD	6.0
Worldige	David	Epic	2032	06:37:06	SILVER	12.8
Wright	Ben	Epic	2037	04:53:03	GOLD	4.4
Wright	Malcolm	Epic	2035	04:53:05	GOLD	4.4
Wye	Daryll	Epic	2039	08:01:34	BRONZE	16.8
Wyse	John	Epic	2180	05:25:46	GOLD	7.3
Yates	Mike	Epic	2041	06:40:43	SILVER	13.0



RiTMO is a universal rating system for road cyclists. It's a complex formula that factors in route variables like height gain, distance and gradient, then awards a score based on your speed.

If you log three or more training rides at www.cyclingweekly.cc you will get a RiTMO Rating. You can constantly better your Rating by logging faster times over hard routes.