



# Knowledge Organiser

## KS1 Rugby



### Key Knowledge

#### Passing

In rugby, the ball must be passed backwards, or possession is awarded to the other team. You can pass left and right while still facing forwards, passing from the pocket with 10 points of contact on the ball.

#### Try Scoring

To score a try, the ball must be placed between the try line, and the dead ball line. If the ball is dropped, a try will not be awarded. After a try, the same team will kick the ball, receiving extra points if the ball goes through the posts.

#### Kicking

Kicking is used to gain territory, moving closer to the opposition teams try line. A team also kicks after scoring a try to receive extra points. A team can choose to kick for the posts from a penalty to receive points.

### Key Vocabulary

<b>Passing</b>	Moving the ball from person to person to find space & move closer to the oppositions try line.
<b>Try Scoring</b>	Placing the ball between the oppositions try line & dead ball line, keeping full control of the ball until it's touched the ground. The attacking team will kick at the posts to receive extra points after scoring a try.
<b>Grubber Kick</b>	A kick directly from the hands, keeping the ball low and allowing it to turn over from top to bottom as it rolls. Used for short controlled kicks generally.
<b>Punt Kick</b>	A kick directly from the hands, used to gain territory. A punt will be used to kick the ball further, moving closer to the oppositions try line, or when the ball needs to travel to a certain point in the air.
<b>Drop Kick</b>	A kick which bounces before being kicked. Drop kicks are used to kick at the posts during open play and for the kickoff in rugby union.
<b>Penalty</b>	A penalty is awarded when the opposition team break a law of the game. The team awarded the penalty can choose to kick the ball off the pitch, gaining territory & receiving the ball back. They can choose to tap the ball with their foot & run. They can kick for the posts from the ground to receive points. In rugby union, they can ask for a scrum.

### Focus Player's

#### Owen Farrell

Owen is the current Saracens & England Men's Rugby Union captain, turning professional in 2008, and making his England debut in 2012.



#### Sam Tomkins

Sam is a current Catalan Dragons player, and England Men's Rugby League captain, making his super league debut in 2008 for Wigan Warriors.



#### Emily Scarratt

Emily is the current England Women's Rugby Union highest ever points scorer. In 2019, she was awarded World Rugby Women's 15s Player of the Year and the Rugby Union World Player of the Year (Women's).



### What should I already know?

#### KS1

##### **Year 1**

- How to collect and control a ball with two hands.
- How to travel around an area.
- How to make simple decisions in response to a situation.

##### **Year 2**

- How to drop and catch a ball after one bounce on the move.
- Run, stop and change direction with some balance and control.
- Recognise space in relation to others.
- Simple tactics with guidance.