



## Inmans PE Long Term Plan



	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1 Lesson 1</b>	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Multi Sports Term 1	Functional Fitness
<b>Autumn 1 Lesson 2</b>		Multi Skills	Multi Sports Term 1	Multi Sports Term 1	Multi Skills	Functional Fitness	Multi Sports Term 1
<b>Autumn 2 Lesson 1</b>	Dance- Animals	Dance- Island Life	Functional Fitness	Dance- Space	Gymnastics	Dance- Around the World	Gymnastics
<b>Autumn 2 Lesson 2</b>		Functional Fitness	Gymnastics	Multi Skills	Multi Sports Term 1	Rugby	Handball
<b>Spring 1 Lesson 1</b>	Gymnastics	Gymnastics	Dance- The Olympics	Gymnastics	Dance- Street Dance	Gymnastics	Dance- Weather
<b>Spring 1 Lesson 2</b>		Multi Sports Term 1	Multi Skills	Functional Fitness	Multi Sports Term 2	Basketball	Hockey
<b>Spring 2 Lesson 1</b>	Multi Skills	Multi Sports Term 2	Games	Invasion Games	Functional Fitness	Multi Sports Term 2	Basketball
<b>Spring 2 Lesson 2</b>		Functional Fitness	Functional Fitness	Fundamental Movement Skills	Multi Skills	Hockey	Multi Sports Term 2
<b>Summer 1 Lesson 1</b>	Ball Skills	Multi-Skills	Fundamental Movement Skills	Multi-Skills	Games	Cricket	World Sports
<b>Summer 1 Lesson 2</b>		Functional Fitness	Multi Skills	Multi Sports Term 2	Invasion Games	Handball	OAA
<b>Summer 2 Lesson 1</b>	Games	Games	Athletics	Athletics	OAA	Athletics	Cricket
<b>Summer 2 Lesson 2</b>		Athletics	Multi Sports Term 2	Games	Athletics	OAA	Athletics

