

# Jigsaw Jack's Journey

family

Relationships

How can I build positive, healthy relationships?

friendship

I will learn about...

- Different types of families
- What it means to be a good friend
- Appropriate ways to greet my friends
- Who I can ask for help from within my school community
- My qualities as a person and as a friend
- Who is special to me

self-belief

special

I will explore...

- How it feels to belong to a family
- How to make a new friend
- Different forms of physical contact and how they make me feel
- What to do if I need help and how to ask for it
- How to praise myself

feelings

proud

dislike

kind

caring

like

belong

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Can you give an example of behaviour in other people that you appreciate?

Can you give an example of behaviour that you don't like?

## My Thinking Pad

What have I learnt in this puzzle that helps me to build positive, healthy relationships?

I like .... because they...

I have a special relationships with ... and it makes me feel ...

Qualities can help to build relationships, such as...

How can you show appreciation towards others?

Relationships

