



What is the CEOP button?

Use the CEOP button to report any kind of worries that you might have. Anything at all that you think is wrong. When you click on the button it will take you to a page where you can 'make a CEOP report' and tell what you have seen or heard. **No one will know** that it is you that reported it

How to install the CEOP button.

Go to:

<http://www.ceop.police.uk/Browser-Safety>

The download will add the CEOP button to your explorer toolbar to provide instant access to internet safety information for children and parents. You can also look out for the button on other websites and don't forget to add it to your Facebook account.

Useful websites

- www.thinkuknow.co.uk: the main UK Government website with advice for parents on how to keep children safe online
- www.ceop.police.uk: Child Exploitation and Online Protection Centre (CEOP) is the Government body dedicated to eradicating abuse of children. Concerns about inappropriate contacts between a child and an adult, including online, can be reported directly to CEOP
- [Www.there4me.com](http://www.there4me.com) from the NSPCC. Using this website, children can talk confidentially to NSPCC advisors online about any issues or problems they may be experiencing, using an application similar to Instant Messenger.

In school

- There is no unsupervised Internet access allowed in our school.
- We have a filtering system to stop unsuitable websites but new websites are added to the Internet all the time so we also teach the children to report to us anything that they see which is inappropriate to get that filtered too.
- The filtering system does not allow access to social networking sites such as Facebook, Bebo, Ebay etc.
- We keep a log in school of all e-safety incidents. Minor incidents are dealt with in school but major incidents will be passed onto the appropriate authorities.
- We teach the children about e-safety in school and there are many websites where they can learn more. We have links to some e-safety sites on the *Our School* area of our school website.

www.grangeprimaryshrewsbury.co.uk



SHROPSHIRE LEA

Stay Safe Online



PARENTS AND CHILDREN
BE SAFE ON YOUR
COMPUTER

Social Networking

Facebook, Twitter, My Space, Google plus etc

Facebook and Bebo set a **minimum** age limit of 13 for users to register online and Myspace sets the limit at 14.

BUT if you are using any of these — please be aware

- If you put too much information about yourself online, people you don't know may be able to find you. **Never put your school name** on for the same reason.
- **It's a good idea to USE A NICKNAME rather than your real name** - your friends will know your nickname so will know it's you
- **It's a good idea to PUT YOUR REAL AGE on your site** - if you lie and say you are older, you may get adults trying to contact you
- **It's also NOT A GOOD IDEA TO PUT YOUR MOBILE NUMBER on your site** - your real friends will already have it!

YOU MUST USE YOUR PRIVACY SETTINGS! By going into your account settings you can make sure that only your friends (or friends of friends) can see your Wall, Status, Photos and all of your other information.

Facebook will not do that for you.

You must go into your settings and do it yourself. Remember once your pictures are online for everyone to see, you can NEVER get them back so hide them from everyone except your friends. If someone you don't know asks to be your friend, tell a trusted adult straight away.

Another thing you can do is add the CEOP report button into Facebook. Go to:

<http://www.thinkuknow.co.uk>

Scroll down and you will find a link that will take you into Facebook and help you do your settings.

Once this is on your Facebook account you can use it to report anything that you are uncomfortable with.

Also:

Look at the useful websites on the back page

Parents

- Help your children to understand that they should never give out personal details to online friends they do not know offline.
- Explain to your children what information about them is personal: i.e. email address, mobile number, school name, sports club, arrangements for meeting up with friends and any pictures or videos of themselves, their family or friends. Small pieces of information can easily be pieced together to form a comprehensive insight into their lives and daily activities.
- Make your children aware that they need to think carefully about the information and pictures they post on their profiles. Inform them that once published online, anyone can change or share these images of them.
- It can be easy to forget that the internet is not a private space, and as a result sometimes young people engage in risky behaviour online. Advise your children not to post any pictures, videos or information on their profiles, or in chat rooms, that they would not want a parent or carer to see.
- If your child receives spam or junk email and texts, remind them never to believe their contents, reply to them or use them.
- It's not a good idea for your child to open files that are from people they don't know. They won't know what they contain—it could be a virus, or worse - an inappropriate image or film.
- Help your child to understand that some people lie online and that therefore it's better to keep online mates online. They should never meet up with any strangers without an adult they trust.

Encourage your child to keep talking and tell them it's never too late to tell someone if something makes them feel uncomfortable

Children—HOW TO REPORT

Being online and using the internet is just like being in the real world - you can chat to people, play games and share pictures. But sometimes things happen which can make you upset. People may say nasty things to you which upset you, or you may see something that you don't like.

If this happens, you must remember that it's not your fault.

- **ALWAYS TELL A TRUSTED ADULT straight away if you are upset or worried about something that has happened online.**
- **Remember to SAVE ANY MESSAGES that have upset you so you can show them to whoever you tell** - they will be able to help, and they will be able to give you good advice about what else you can do. Never worry about getting in trouble - you aren't the one who has done anything wrong.
- If you don't want to talk to a trusted adult, you may want to chat to someone else about how you feel. **THERE4ME** IS A SITE WHERE YOU CAN HAVE A **PRIVATE ONE-TO-ONE CHAT** with someone from the children's charity NSPCC.
- **You can also CALL CHILDLINE FREE ON 0800 1111.** You can talk to someone in private and it won't show up on your phone bill.
- Install the CEOP button to use if you have any worries. *See overleaf.*



CYBERBULLYING, whether it is online or through texting or mobile calling is taken **VERY SERIOUSLY BY THE POLICE**. If it happens to you, remember you are in the right so **TELL SOMEONE**