

## What will we do?

- \* We know when and where bullying is most likely to happen and we keep a careful lookout at those times and places.
- \* We promise to always take bullying seriously and to listen to you if you are worried or scared about someone bullying you.
- \* We will contact parents or carers.
- \* We will make the bullying **STOP** so that you can feel safe and happy in school.
- \* We will help the person who is bullying to understand and stop their bullying behaviour.



## Why are we against bullying?

We are a **Rights Respecting School** and bullying of any kind is **unacceptable.**

The staff, parents, pupils **and governors want** Biddick Primary and Nursery School to be...

a calm, safe place, **where we all feel happy, secure, valued and respected.**



Biddick Primary  
and Nursery  
School



A Child Friendly  
Anti-Bullying Policy

## What is bullying?

Bullying is behaviour, which makes another person feel uncomfortable, distressed or threatened.

Bullying can be...

- **Emotional:** leaving you out during games, calling you names and bossing you about.
- **Verbal:** being teased or called names.
- **Physical:** punching, kicking, spitting, hitting, pushing or hurting you in any physical way.
- **Cyber:** being hurtful through the internet.



## What should you do?

**S** tart  
**T** elling  
**O** ther  
**P** eople

Do you want to know who to tell?  
Well here's a little helping hand...



If you feel like you can't speak to anyone, you can post your worry in your class worry box.

 Stay calm.

 Ignore them.

 Walk away.

 Tell an adult you trust straight away.

 Don't get angry and take matters into your own hands.

What should you do if you see someone being bullied?

Talk to someone straight away.

Don't stay silent or the bullying will keep happening.