

Manor Fields Primary School: Sex Relationships and Education scheme of work 2014.

SRE objectives lifted from learn for life scheme of work.

Year 1 (Spring 2) My friends and family: Sex and relationships education focus.		
Week	Learning objective (WALT)	Learning outcomes (WILF)
1	To feel proud on behalf of my friends when they have done something well.	<p>I know what to say when my friend has done something well.</p> <p>I can tell you how I feel when my friend has done something well.</p> <p>I have thought about what it is like to feel proud of myself and my friends.</p>
2	I know who is in my family.	<p>I know my family care about me.</p> <p>I can tell you who is in my family.</p> <p>I have thought about how I love or care for someone.</p>
3	I know who my friends are and that we care for each other.	<p>I know what I can do with my friends.</p> <p>I can name all of my friends.</p> <p>I have thought about how I can be a good friend.</p>
4	I can tell you how I feel when I lose someone or something I care about.	<p>I know how I can feel better when I am sad or missing someone or something.</p> <p>I can tell you how I feel when I love or care for someone or something.</p> <p>I have thought about what it feels like to lose someone or something.</p>
5	I know how I can make the people I care about happy (I can make choices that are right or wrong).	<p>I know I can choose to make someone happy.</p> <p>I can make people happy.</p> <p>I have thought about how it feels when someone makes me happy.</p>
6	I know that I can make the people I care about sad (I can make choices that are right and wrong).	<p>I know I can choose to make someone sad (by speech or action).</p> <p>I can talk about how I might make people sad.</p> <p>I have thought about how it feels when someone makes me sad.</p>

Year 2 (Spring 2) My friends and family: Sex and relationships education focus.

Week	Learning objective (WALT)	Learning outcomes (WILF)
1	To identify and name the main parts of their body.	I know where parts of my body are. I can name and label parts of the body. I have thought about how my body looks.
2	To know that I have rights over my body.	I know that my body belongs to me. I can say No! and Stop!. I have thought about what feels ok and not ok.
3	To explore growing and changing as natural processes amongst living things. Recognise that all human beings change and grow at different rates which are usually right for them.	I know I am growing and changing. I can tell you how I am growing and changing. I have thought about how to feel good about myself and others around me.
4	How germs can spread by contact with other pupils. To understand why and how we should wash our hands after certain activities.	I know why I must wash my hands after certain activities. I can wash my hands properly. I have thought about why I should wash my hands.
5	To know what we have to do to keep our teeth healthy.	I know how to keep my teeth healthy. I can tell you why I should keep my teeth healthy. I have thought about why it is important to keep my teeth healthy.
6	People can help us in different ways and at different times.	I know whose job it is to help us wherever we are. I can tell you how people can help us. I have thought about why I might need help at different times.

Year 3 (Spring 2) My friends and family: Sex and relationships education focus.		
Week	Learning objective (WALT)	Learning outcomes (WILF)
1	Understand what guilt means and how it makes us feel.	I know some things to do when I feel guilty. I can tell when something is my fault and something is not my fault. I have thought about taking responsibility for what I choose to do.
2	To understand that every family is different and unique.	I know that there are different forms of families. I can identify what makes a family. I have thought about different types of families being valuable and worthwhile.
3	Identify our own strengths and weaknesses.	I know something I can do to improve myself. I can tell you what I'm good at. I have thought about my skills and achievements.
4	Understand the importance of taking responsibility for our own personal hygiene.	I know the consequences of not keeping my body clean. I can list the parts of my body that need to be kept clean. I have thought about how keeping clean is important to my health.
5	Accept each other.	I know what makes us different. I can help people to make them feel that they belong. I have thought about how people feel when they are left out.
6	Know some strategies for being assertive in difficult situations	I know that I can say 'no' when I need to. I can tell you what makes a good friend. I have thought about situations when I shouldn't do something.

Year 4 (Spring 2) My friends and family: Sex and relationships education focus.

Week	Learning objective (WALT)	Learning outcomes (WILF)
1	Learning how to take responsibility for my actions.	<p>I know that how I feel about something helps me to make a good choice.</p> <p>I can take responsibility for what I choose to do.</p> <p>I have thought about how to make a good choice.</p>
2	Naming the male and female parts of the body.	<p>I know the differences between male and female.</p> <p>I can tell you the proper names for male and female sex parts.</p> <p>I have thought about talking about my body.</p>
3	Growing and changing.	<p>I know how boys and girls change as they go through puberty.</p> <p>I can talk about what I want to do as I grow up.</p> <p>I have thought about what is going to happen to me as I grow older.</p>
4	How to keep myself clean.	<p>I know that as I grow up, keeping clean is important.</p> <p>I can tell you how I can keep my body clean.</p> <p>I have thought about looking after myself as I grow up.</p>
5	'It's OK to be different'.	<p>I know that we all grow and change at different rates.</p> <p>I can tell you how some of the changes are going to affect me.</p> <p>I have thought about the differences between myself and people.</p>
6	Creating an autobiography box.	<p>I know that I have changed and will keep changing as I grow older.</p> <p>I can tell you what I was like when I was younger.</p> <p>I have thought about the changes that are going to happen to me.</p>

Year 5 (Spring 2) My friends and family: Sex and relationships education focus.

Week	Learning objective (WALT)	Learning outcomes (WILF)
1	I know some things to do when I am feeling embarrassed.	I know what to do when I feel embarrassed that will not make things worse. I can do something/ act in a positive way to help me when I feel embarrassed. I have thought about how to behave when I am feeling embarrassed
2	I know about the physical changes that happen to my body as I reach puberty and the reasons why they happen.	I know what puberty is and why my body changes as I reach puberty. I can understand how my body will change during puberty. I have thought about what puberty might be like and how I might deal with it.
3	I know about the emotional changes that happen during puberty and know some ways to manage them.	I know how to deal with feelings towards myself and others. I can recognise how people's emotions change during puberty. I have thought about the emotional changes that happen during puberty and know some ways to manage them.
4	I know about personal hygiene.	I know how to keep myself clean and why personal hygiene is important -especially during puberty. I can keep myself clean. I have thought about how personal hygiene is important especially during puberty.
5	I know about conception and child birth.	I know some facts about conception, pregnancy and child birth. I can describe the decisions that have to be made before having a baby. I have thought about the concept of conception and child birth.
6	I know about some of the roles and responsibilities of being a parent.	I know some of the ways that parents and carers can meet the needs of their children. I can identify some of the skills and qualities needed

		to be a parent and carer. I have thought about the responsibilities that parents have.
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Year 6 (Spring 2) My friends and family: Sex and relationships education focus.		
Week	Learning objective (WALT)	Learning outcomes (WILF)
1	I know some of the losses that I might experience during my life and how to deal with them (this lesson is based on the Green SEAL resources).	<p>I know some of the feelings that people have when someone close dies or leaves.</p> <p>I can use some strategies to manage feelings associated with loss.</p> <p>I have thought about that there are different ways to grieve as different people show their feelings in different ways.</p>
2	I know about self-image.	<p>I know how self-image can be affected and how to deal with self-image issues.</p> <p>I can describe what my self- image is.</p> <p>I have thought about self-image.</p>
3	I know what stereotyping is and some ways to deal with it.	<p>I know some ways of dealing/coping with stereotyping.</p> <p>I can deal with stereotyping.</p> <p>I have thought about ways to deal with stereotyping.</p>
4	I know what peer pressure is and some ways to deal/cope with it.	<p>I know some ways of dealing/coping with peer pressure.</p> <p>I can deal/cope with peer pressure.</p> <p>I have thought about what peer pressure is and some ways to deal/cope with it.</p>
5	I know what the media is and how it can influence people (with a focus on advertising).	<p>I know the different aspects that make up the media (T.V., newspapers, magazines).</p> <p>I can describe how the media influences us.</p> <p>I have thought about the effects of the media and how it can influence people.</p>
6	To know about the consequences of behaviour and be able to make appropriate choices.	<p>I know how to make appropriate choices for myself.</p> <p>I can modify my behaviour and make appropriate choices.</p>

		I have thought about the consequences of behaviour and the need for appropriate choices.
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