

# stay safe online

**S**afe - Keep safe by being careful not to give out personal information - such as your full name, email address, phone number, home address, photos or school name - to people you are chatting online with.

**M**eeet- Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

**A**ccepting - Accepting emails, messages or opening files or pictures or texts from people you don't know or trust can lead to problems - they may contain viruses or nasty messages!

**R**eliable - Information you find on the internet may not be true or someone online may be lying about who they are. Make sure you check information before you believe it.

**T**ell - Tell your parent or carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

Find out more at Childnet's website....

[www.kidsmart.org.uk](http://www.kidsmart.org.uk)

If one of your friends or an older person tells you about a site they want you to see think carefully. If someone sends you a link don't open it unless you are sure it's safe. If you are worried tell a teacher or an adult in your family.

Go to [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) to find out more.