



STARTING IN OUR SCHOOL SEPTEMBER 2015

**NEW, EXCITING & INNOVATIVE 8 WEEK PHYSICAL
LITERACY PROGRAMME**

TESTING AT WEEK 1 AND WEEK 8

**RESULTS PRESENTED TO TEACHERS FOR END OF
YEAR REPORTS**

**SIX FUN FILLED STATIONS FOCUSING ON - AGILITY,
BALANCE, COORDINATION, STRENGTH & FLEXIBILITY**

GOLDEN MILE CHALLENGE

COACHING BY PROFESSIONAL COACHING PROVIDERS

