



The mindful approach to PSHE

British Values in Jigsaw by lesson

Being Me in My World

F1/2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	✓
2			✓	✓	✓
3	✓			✓	✓
4	✓			✓	✓
5	✓	✓	✓	✓	✓
6	✓	✓	✓	✓	✓

Year 1

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2	✓	✓	✓	✓	✓
3	✓	✓	✓	✓	✓
4			✓	✓	✓
5	✓	✓	✓	✓	✓
6	✓	✓	✓	✓	✓



Year 2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2	✓	✓	✓	✓	✓
3	✓	✓	✓	✓	✓
4	✓			✓	✓
5	✓	✓	✓	✓	✓
6	✓	✓	✓	✓	✓

Year 3

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2			✓	✓	✓
3	✓	✓	✓	✓	✓
4	✓	✓		✓	
5	✓	✓	✓		
6	✓	✓		✓	✓

Year 4

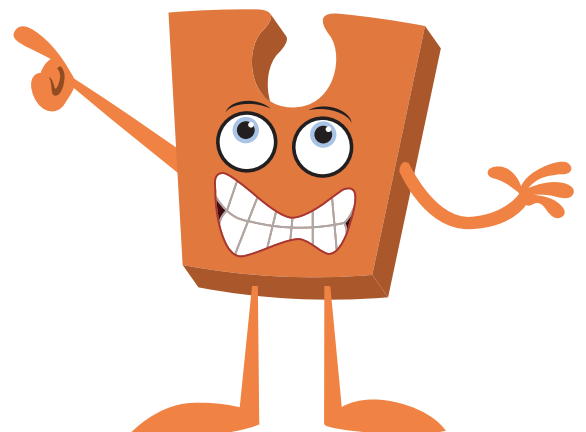
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	✓	✓	✓	✓
2	✓		✓	✓	
3	✓				
4	✓	✓	✓	✓	
5	✓				
6	✓				

Year 5

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2	✓	✓	✓		✓
3	✓	✓	✓	✓	✓
4		✓	✓	✓	✓
5	✓	✓	✓	✓	✓
6	✓	✓	✓	✓	✓

Year 6

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		✓
2	✓	✓	✓	✓	✓
3	✓	✓	✓	✓	✓
4		✓	✓	✓	✓
5	✓	✓	✓	✓	✓
6	✓	✓	✓	✓	✓



Celebrating Difference

F1/2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	✓
2			✓	✓	✓
3	✓			✓	✓
4				✓	✓
5				✓	✓
6	✓	✓	✓	✓	

Year 1

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2				✓	✓
3			✓	✓	✓
4				✓	✓
5				✓	✓
6				✓	✓

Year 2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	✓
2			✓	✓	✓
3				✓	✓
4	✓	✓	✓		
5				✓	
6				✓	✓

Year 3

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	✓
2					✓
3		✓	✓	✓	✓
4			✓	✓	✓
5		✓	✓	✓	✓
6			✓	✓	✓

Year 4

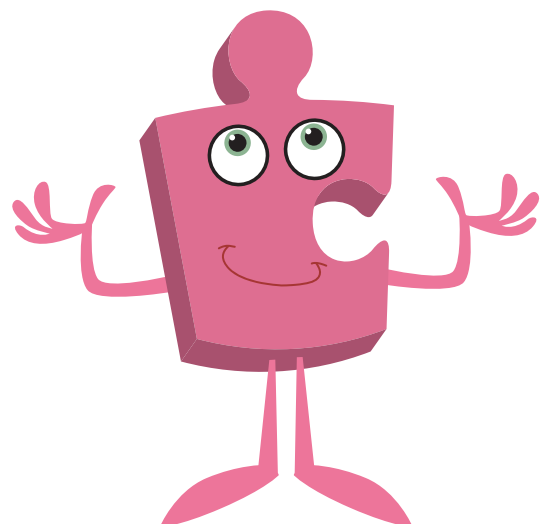
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1					✓
2			✓	✓	✓
3		✓		✓	
4		✓		✓	✓
5			✓	✓	
6				✓	✓

Year 5

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	✓		✓	✓
2	✓	✓	✓	✓	✓
3		✓	✓	✓	✓
4		✓			✓
5	✓		✓	✓	✓
6	✓			✓	✓

Year 6

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2				✓	✓
3	✓	✓	✓		✓
4		✓	✓		✓
5				✓	✓
6	✓	✓	✓	✓	✓



Dreams and Goals

F1/2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	
2				✓	✓
3			✓		
4				✓	
5	✓				
6				✓	

Year 1

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	
2				✓	✓
3	✓			✓	✓
4			✓		
5			✓	✓	
6			✓	✓	

Year 2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓	✓	
3	✓			✓	✓
4	✓	✓		✓	✓
5	✓	✓		✓	✓
6	✓			✓	✓

Year 3

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2			✓		
3			✓	✓	
4			✓	✓	
5			✓	✓	
6			✓	✓	✓

Year 4

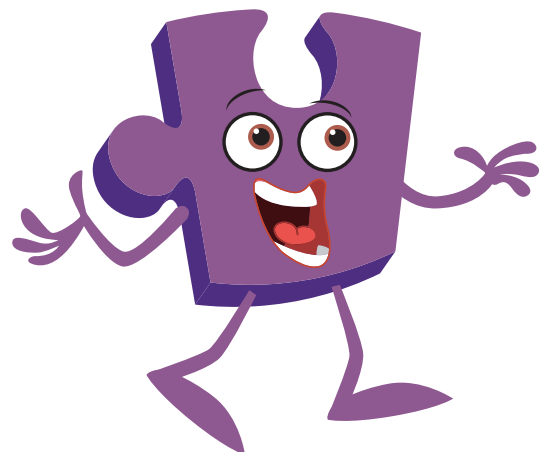
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2				✓	
3			✓		
4			✓	✓	
5	✓		✓	✓	✓
6	✓			✓	✓

Year 5

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	✓	✓		
2	✓				✓
3			✓	✓	
4				✓	✓
5	✓			✓	✓
6	✓		✓	✓	✓

Year 6

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓		
3				✓	✓
4	✓			✓	✓
5	✓			✓	✓
6	✓			✓	✓



Healthy Me

F1/2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	
2			✓	✓	
3			✓		
4			✓	✓	✓
5				✓	
6		✓	✓	✓	✓

Year 1

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2			✓		
3			✓		
4		✓			
5		✓			
6			✓	✓	

Year 2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2			✓		
3		✓	✓		
4			✓		
5			✓		
6			✓	✓	

Year 3

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2			✓	✓	
3		✓	✓	✓	✓
4		✓	✓		✓
5		✓	✓		
6			✓	✓	

Year 4

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	✓
2	✓		✓	✓	✓
3	✓		✓		✓
4	✓		✓		✓
5			✓	✓	✓
6	✓	✓	✓		

Year 5

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	✓
2		✓	✓	✓	✓
3				✓	✓
4	✓		✓	✓	✓
5			✓		✓
6			✓		✓

Year 6

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2		✓	✓		
3		✓	✓	✓	
4			✓		
5				✓	✓
6					✓



Relationships

F1/2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓	✓	✓	✓	
2			✓	✓	
3				✓	✓
4		✓	✓	✓	✓
5			✓	✓	✓
6				✓	✓

Year 1

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2		✓	✓	✓	✓
3			✓	✓	✓
4	✓	✓			
5				✓	✓
6				✓	

Year 2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓		✓	✓	✓
2		✓	✓	✓	✓
3	✓			✓	✓
4		✓	✓	✓	
5			✓	✓	
6				✓	✓

Year 3

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1	✓		✓	✓	✓
2	✓	✓	✓	✓	✓
3			✓	✓	
4	✓	✓			✓
5	✓		✓	✓	✓
6				✓	✓

Year 4

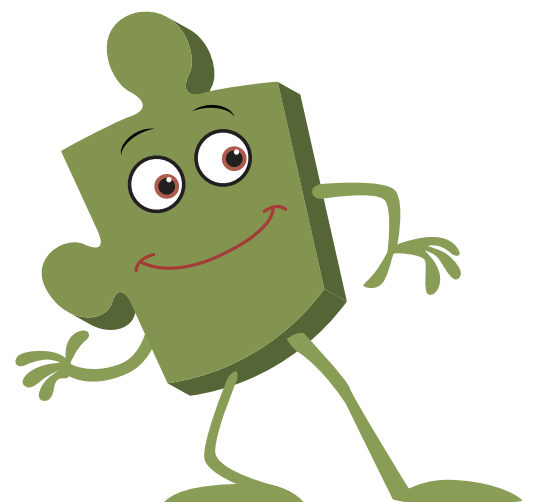
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2				✓	✓
3				✓	✓
4		✓	✓	✓	✓
5					✓
6			✓	✓	✓

Year 5

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		✓
2			✓	✓	✓
3			✓	✓	✓
4			✓	✓	✓
5	✓	✓	✓	✓	
6	✓	✓	✓	✓	

Year 6

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	
2					✓
3					✓
4	✓		✓	✓	✓
5	✓	✓	✓	✓	✓
6		✓	✓	✓	✓



Changing Me

F1/2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	
2			✓	✓	✓
3				✓	
4			✓	✓	✓
5				✓	✓
6				✓	

Year 1

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2			✓	✓	
3			✓	✓	
4		✓	✓	✓	
5			✓	✓	
6				✓	

Year 2

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2				✓	✓
3			✓	✓	
4		✓	✓	✓	
5		✓	✓	✓	
6			✓	✓	

Year 3

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1				✓	✓
2			✓		✓
3			✓		
4			✓	✓	
5				✓	✓
6			✓	✓	

Year 4

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓		
2				✓	
3			✓	✓	✓
4			✓	✓	✓
5	✓		✓		
6			✓		

Year 5

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2				✓	
3				✓	
4				✓	✓
5			✓	✓	
6			✓	✓	✓

Year 6

Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance of those of different faiths and beliefs
1			✓	✓	
2				✓	✓
3			✓	✓	
4				✓	✓
5			✓	✓	✓
6				✓	✓

