

Skills Sheet – PSHE – Independent Living - Small Steps Assessment for Learning

Subject: PSHE Independent Living – SLD/MLD (P Scales 4 – 8) Term / Year or Pupil Name:		Date of Assessment							
LEARNING OUTCOMES – (From Equals SOW) (Add any additional outcomes that may be relevant to the pupil – You do not need to assess all the outcomes listed, only those which are currently relevant)									
P4	Takes off hat								
	Takes off gloves								
	Attempts to put on hat								
	Takes off unfastened coat								
	Takes off unfastened trousers								
	Attempts to put on socks								
	Responds when informed it is lunch time								
	Goes to coat area when going out								
	Puts coat on with support								
	Picks up toys dropped on the floor								
	Puts toys away in correct place								
	Attempts to wipe face with wipe/cloth								
	Attempts to wash hands								
	Feeds self with spoon / Drinks through straw								
	Shows some awareness of edible and non-edible								
	Goes to appropriate place to share a book								
	Urinating frequently when placed on the toilet								
	Defecates generally on toilet if placed there at the appropriate time								
	Able to indicate a need for the toilet at the appropriate time								
	Accepts the toilet being flushed								

Recording – Experienced / With Help / Independent Consolidated (Date responses with month and year and star if comment added)

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P5	Aware where own possessions are located								
	Knows where equipment goes								
	Puts on shoes								
	Pulls underwear up and down								
	Puts arm in sleeve without assistance								
	Gets ready for lunch								
	Gets ready to go home								
	Wash and dries hands and face with a towel								
	Sits at the table for a meal								
	Uses spoon well								
	Uses fork appropriately								
	Eats and swallows only edible substances								
	Shows awareness of daily routine								
	Asks for help with a personal problem								
	Shows an awareness of the purpose of equipment								
	Use equipment appropriately								
	Search out a specific piece of equipment								
	Uses the toilet with only a few accidents								
	Flushes the toilet								
	Attempts to wipe bottom								

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P6	Ask for help when they are hurt								
	Shows some awareness of danger ie hot								
	Accepts assistance crossing roads								
	Removes unfastened clothes								
	Puts on clothes with help								
	Puts on own socks – not always correctly								
	Places coat on hook or hanger								
	Knows which is own coat								
	With support washes hands after going to the toilet								
	Allows nose to be wiped								
	Gets apron for painting								
	Responds appropriately to familiar equipment								
	Tries to use knowledge of familiar equipment when trying new equipment								
	Responds appropriately to the announcement of an activity ie P.E.								
	Beginning to be independent and organises self when going to the toilet – needs adult presence								
	Wipes bottom and puts paper down toilet								
	Takes an appropriate amount of paper								
	Puts rubbish in bin								

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