



# SERC Newsletter

November  
2015

## Anger Awareness Week 1<sup>st</sup> - 6<sup>th</sup> December

WWW.REDBRIDGESERC.ORG

TEL: 0208 503 8773



### FREE Healthy Hands and Happy Hands Sessions for Redbridge Schools

After 15yrs, this Christmas we finally won't have a waiting list!

If you would like us to come into School and train staff with regards to Gross and Fine Motor activities or to deliver the 6 week Healthy Hands programme, please contact Gill Dodson [Gill.Dodson@redbridge.gov.uk](mailto:Gill.Dodson@redbridge.gov.uk) (Mon- Wed)

Priority will be given to new SENCO's, but all requests will be added to our list to visit.

### AUTISM FRIENDLY SHOPPING EVENT

**Sunday 15<sup>th</sup> December**

This is a nationwide event  
The stores will be playing no loud music, have reduced fluorescent lighting and staff on hand who have had Autism Awareness Training.



## Help with eating disorders

We are seeing an increasing number of Students with eating disorders, in particular boys.

<http://www.b-eat.co.uk/about-eating-disorders>



## Radio 4

### All in the mind

## Teenage Mental Health

<http://www.bbc.co.uk/programmes/bo6kchoz>



## GCSE English Language Revision

I have recently worked with several students who are struggling to move up to the next grade. To help, I have written simple crib guide that can be shared with all students who need help to add the extra elements in their writing. This is suitable for KS 3 and 4 students. It will be attached with the newsletter separately so you can share.



Is your child learning coding?

Do you know what this is?

<https://code.org/learn>

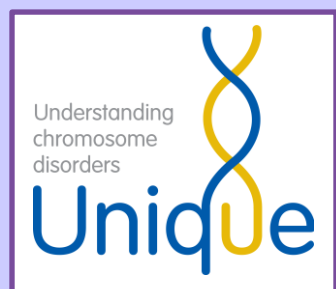
Here you can try a free coding activity, ideal for parents/staff to try to help understand what coding is and have great fun.

Great themes – Minecraft, Star Wars etc.

**UNIQUE Rare chromosomal support group**

<http://www.rarechromo.co.uk/html/home.asp>

If you are supporting a child with a rare chromosomal condition, Unique is a really helpful support group and a way of contacting parents with others in a similar condition.



**SWAN – a support group for parents who have children who have undiagnosed conditions**

<http://undiagnosed.org.uk/>

**Rare disease support group – recognises over 6000 conditions**

<http://www.raredisease.org.uk/>



**A parent designs cool kits to add decorations to hearing aids**

[http://www.mylugs.co.uk/epages/es780129.sf/en\\_GB/?ObjectPath=Categories](http://www.mylugs.co.uk/epages/es780129.sf/en_GB/?ObjectPath=Categories)

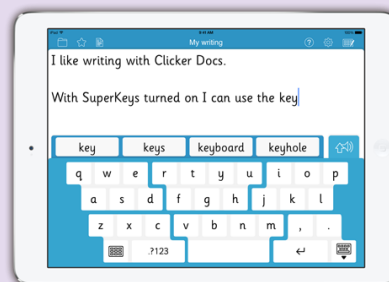


**Do you have students typing on the ipad?**

**Try SUPERKEYS**

Clicker have produced a simplified keyboard for the ipad/iphone/ipod. £9.99 but may be worth exploring for those with physical challenges, visual impairment or dyslexia as it is not too overwhelming and has sophisticated prediction text.

<http://www.cricksoft.com/uk/products/superkeys/video.aspx>



**HANDWRITING WARM UP EXERCISES**

Free handout attached to this Newsletter

Please share with staff and parents.

**Leaving School... what next?**

I am beginning to talk to Students about their plans after School. Many have questions relating to SEN - here is a good starting point;

<https://nationalcareersservice.direct.gov.uk/advice/planning/Pages/disabilities.aspx>



### BT PROVIDE FREE SUPPORT FOR DISABILITIES

This service offers free support to people who have a visual impairment, dyslexia, physical disability and a range of other disabilities which mean accessing traditional methods difficult. <http://btplc.com/Inclusion/#195>

Dial 195, ask for the registration department or dial 0800 587 0195 and a form will be sent to you.

When returned, a pin number card will be issued to you. Use service as normal 118 (192) directory enquires and there is no charge-ideal to set up for young people developing independence skills .If they need a number while out, the service can text the number to their phone. By registering they can receive this support for free, normally it is over £1 for each time.

### **Newbridge Outreach Parents giving something back...**

Below are the details of two amazing schemes lead by two different Parents we did/ do support. Please take time to read as they offer new and exciting possibilities.

#### **New Drama Group for Students who have SEN**

Richard Liddle is the parent of an amazing young man we have supported for many years.

Richard recently contacted me to inform me of a new opportunity in Redbridge for children who have SEN.

Given his son's love of Drama, Richard has set up the **Make Believe Foundation** - a new drama group for Students who have SEN.

Richard is asking you to share his website link to parents of children who have SEN. Please urge any parents who are interested to contact him.

<http://makebelievegroup.co.uk/foundation/>

Andrea Wershoff was one of the first Parents we worked with when supporting her daughter. Andrea now works for Scope and they have funding to provide direct and group emotional support to Parents of children with SEN (any SEN).

Andrea runs groups where you can have a coffee, join in some relaxing / fun activities and I understand there is a fair bit of cake eaten! Also she has a team of trained Parents who will work 1:1 with any family referred to provide practical and emotional support.

Andrea is also hoping to recruit new people to become befrienders.

There is a 10 week training programme and lots of support.

We have attached Andrea's and Vasu's flyers with this newsletter – please share with Parents.

Scope support all SEN now, not just Cerebral Palsy

**FIREWORKS 1, 2, 3**

GREAT early number/sensory app

FREE



<https://itunes.apple.com/gb/app/fireworks-123/id442807770?mt=8>

**CANDY COUNT**

FREE

Great simple app looking at counting 0-10, more / than in a modern format.

<https://itunes.apple.com/gb/app/candy-count-learn-colors-numbers/id454950461?mt=8>

**SNAPTYPE**

FREE

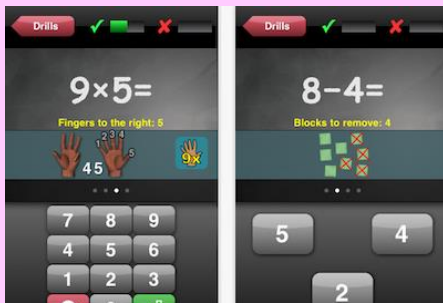
Kindly recommended by Anthony Evans at Churchfields Jr.

Anthony reports it makes worksheets type-able and you can add text to pictures.

<https://itunes.apple.com/us/app/snatype-for-occupational/id866842989?mt=8>

**MATHS DRILL LITE**

A great FREE app for repetition and practice. Visually simple and they provide a number line to support too. Game format.

**OOKIISQUIGGLES**

A lovely fine motor language app- ideal for those just starting out or working at P Levels.

<https://itunes.apple.com/br/app/ookii-squiggles-by-baby-first/id951145828?mt=8>

**WHAT SOUND?**

Very simple app - listen to the sound and match to the picture (different levels)

<https://itunes.apple.com/us/app/whats-that-sound/id970097639?mt=8>

**KEEP YOUR COOL YOUR YULE**

Free download -

<http://www.angermanage.co.uk/pdfs/keepyourcoolthisyule.pdf>

