

WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Minced Beef Bolognese	Mild Chicken Curry	Roast Turkey, served with stuffing & gravy	Moroccan Lamb	Cod Fish Fingers
Vegetarian Bolognese	Cheese and Tomato Pasta	Cheese & Onion Quiche	Vegetable Chow Mein	Vegetable Nuggets
Spaghetti	Steamed Rice	Roast Potatoes	Couscous or Rice	Healthy Fries
Sweetcorn	Roasted Courgettes, Onions & Peppers	Carrot & Swede	Garden Peas	Garden Peas
Broccoli Florets	Carrots	Cabbage	Cauliflower Florets	Baked Beans
Marble Sponge, served with custard	Apple Crumble Cake, served with custard	Choc-Ice or Mini Muffin	Syrup Sponge, served with custard	Jelly & Ice Cream
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Selection from the Salad Bar	Selection from the Salad Bar	Selection from the Salad Bar	Selection from the Salad Bar	Selection from the Salad Bar
Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread
Daily choice of fresh fruit , yogurt or cheese & crackers	Daily choice of fresh fruit, yogurt or cheese & crackers	Daily choice of fresh fruit, yogurt or cheese & crackers	Daily choice of fresh fruit, yogurt or cheese & crackers	Daily choice of fresh fruit, yogurt or cheese & crackers