



STOCKPORT
METROPOLITAN BOROUGH COUNCIL

**Health Protection and Control of
Infection Unit**

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Dear Parent

Re: Influenza 2013/14

We are rapidly approaching that time of the year when flu virus starts to circulate – this is usually occurs 2 - 3 weeks before Christmas.

Your GP still has flu vaccine available and if you or your child(ren) have any of the following conditions then you are eligible for a free flu vaccine at your GP Practice:

- Chronic (long-term) respiratory disease, such as asthma
- Chronic heart disease, such as heart failure
- Chronic kidney disease
- Chronic neurological conditions, such as Parkinson's disease of motor neurone disease
- Diabetes
- A weakened immune system due to a condition or as a result of medication such as steroids or chemotherapy

In addition, any children aged 2 or 3 years are eligible for the nasal flu vaccine which is again provided by your GP.

Flu vaccination will stop you or your child getting flu and missing school/work, it will also stop spread to other vulnerable people.

Further information about flu vaccination is available via: NHS Choices (www.nhs.uk) alternatively contact your GP to discuss this.

Best wishes

Dr David Baxter
Locum Consultant in Public Health