



Manor Fields Primary School

Sun Safety Policy

Agreed by <i>Governors & staff.</i>	
Date of policy adoption	March 2016
Review date	March 2017

Aims

The aim of this sun safety policy is to protect children and staff from skin damage caused by the effects of ultraviolet radiation from the sun. The main elements of this policy are:

- protection: providing an environment that enables pupils and staff to stay safe in the sun.
- education: learning about sun safety to increase knowledge and influence behaviour.
- partnership: working with parents/carers, governors, our school nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.

As part of the Sun Safety policy, our school will:

- educate children throughout the curriculum about the causes of skin cancer and how to protect their skin
- encourage children to wear clothes that provide good sun protection
- hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch-hours, sports and trips. Sunbathing is definitely discouraged
- work towards increasing the provision of adequate shade for everybody
- encourage staff and families to act as good role models by practising sun safety
- regularly remind children, staff and families about sun safety through newsletters, posters and activities for pupils
- invite relevant professionals (school nurses and health promotion officers) to advise the school on sun safety
- make sure the Sun Safety Policy is in place. We will regularly monitor our curriculum, assess shade provision and review the sun safety behaviour of our children and staff (use of hats, shade etc).

Suggestions to help cope with hot weather

- Pupils to wear hats when outside. Hats, ideally, will include neck protection
- Pupils should wear sun cream, ideally that is high protection (at least SF15) and long-lasting, ideally applied at home before school. If children bring sun cream to school, it should be named and they should be supported to apply it safely.
- Teachers should make a judgement as to the temperature of classrooms and make internal arrangements to teach in cooler areas where possible
- Teachers should encourage pupils to drink water and ensure there are regular breaks for them to do so

Families will always be encouraged to ensure that their children have water and sun cream available to them during the day, whether in school or on an excursion

- Where possible, all doors and windows should be opened to provide a through breeze & class room blinds should be drawn
- Physical education lessons should be carefully planned to avoid sun exposure, unnecessary exertion and dehydration. In extreme weather, outdoor PE lessons should not last for more than 20 minutes, after which time, children will be brought indoors, given time to rest and drink water
- Annual Sports' Day will be determined by the climate. Whether participating or spectating, all members of the community should be protected from spending too long in the sun. Wearing sun cream and sun hats will be encouraged and water and shade will be provided. If necessary, time spent in the sun will be limited to no more than 20 minutes at a time
- Parents/carers and children will be encouraged to follow these procedures at home
- Staff must also ensure they drink water regularly and take precautions against the high temperatures

Success Criteria

We know that this policy is effective and embedded in our practice when:

- All children, families and all associated adults know and understand this guidance and adhere to it
- No children or adults are exposed to too much sun at school. We understand that in rare cases, extreme heat can cause heatstroke. If we have any concerns that a member of the community may have been exposed to too much sun, we will contact their family and seek medical advice.