

# Bolton Brow's Healthy Week

We started off the week with Zumba classes.





# Tuesday

Class 3 made a delicious fruit salad:

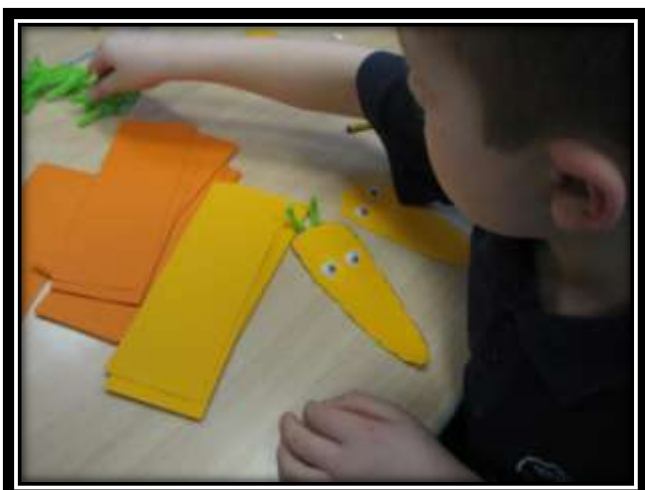


The children learnt about different fruits, which they got to taste.





Year 2 made Fruit Kebabs and also a carrot shaped bookmark.



Year 1 enjoyed a trip to Toby Carvery Chef School



The children looked at raw vegetables, and then got to taste them once cooked.



The children got to enjoy a carvery meal.



# Wednesday

Year 3 experienced Toby Carvery Chef school.



C I Adventures based in Halifax were in school to do a cycle challenge K stage 2 and some members of staff took part and are aiming to cycle approximately 900 miles which is the equivalent of going from John a Groats to Lands End (Good Luck to Helen, Keith and Steve who are taking up the challenge of cycling the 900 miles.)

