

# **HORNSEA BURTON PRIMARY SCHOOL**

## **Asthma Policy**

Hornsea Burton Primary School aims to provide a caring supportive environment where all learners can achieve their potential. We will achieve high standards in all areas, through a creative, exciting, challenging curriculum and opportunities, which meet the needs of all.

Through engagement with local, national and worldwide communities and issues, our pupils will embrace responsible 21st century citizenship. We will take pride in all that we do and celebrate both success and effort.

### **School Aims**

- We will provide a wide range of exciting and challenging experiences for all to enable our pupils to become effective learners and reach their potential.
- We will promote responsible citizenship, built on respect for ourselves and others, through active links with the local and wider community.
- We will promote high standards of physical, emotional and mental health and well-being among our school community.
  
- At Hornsea Burton Primary School we will aim to:
- Promote equality of opportunity between disabled person and other person.
- Eliminate discrimination that is unlawful under the Act.
- Eliminate harassment of disabled pupils that is related to their disabilities.
- Promote positive attitudes towards disabled people.
- Encourage participation by disabled persons in public life.
- Take steps to account of disabled persons' disabilities, even where that involves treating disabled persons more favourably than other persons.

Hornsea Burton Primary School recognises that asthma is a widespread, serious but controllable condition affecting many pupils at the school. The school positively welcomes all pupils with asthma. Hornsea Burton Primary School encourages pupils with asthma to achieve their potential in all aspects of school life by having a clear policy that is understood by school staff, their employers (the Local Education Authority) and pupils. Supply Teachers and new staff are also made aware of the policy. All staff will be First Aid trained and training renewed every 3 years. Any additional training, if needed, will be accessed from the School or Asthma Nurse.

### **Asthma medicines**

- Immediate access to reliever medicines is essential. Pupils with asthma keep their inhalers in the classroom where they are easily accessible. The inhalers would only be taken by staff into the learning environment (inside/outside) if the child was suffering and needed instant access at all times.
- Parents / carers are asked to ensure that the school is provided with a labelled reliever inhaler.

- School staff are not required to administer asthma medicines to pupils (except in an emergency), however many of the staff at Hornsea Burton Primary School are happy to do this. School staff who agree to administer medicines are insured by the local education authority when acting in agreement with this policy. All school staff will let pupils take their own medicines when they need to.

## **Record Keeping**

- At the beginning of each school year or when a child joins the school, parents / carers are asked if their child has any medical conditions including asthma on their enrolment form.
- All parents / carers of children with asthma are consequently sent an Asthma UK School Asthma Card to give to their child's doctor or asthma nurse to complete. Parents / carers are asked to return them to school. From this information the school keeps its asthma register, which is available to all school staff. School Asthma Cards are then sent to parents / carers of children with asthma on an annual basis to update. Parents / carers are also asked to update or exchange the card for a new one if their child's medicines, or how much they take, changes during the year.

## **Exercise and activity – PE and games**

- Taking part in sports, games and activities is an essential part of school life for all pupils. All teachers know which children in their class have asthma and all teachers at the school are aware of which pupils have asthma from the school's asthma register.
- Pupils with asthma are encouraged to participate fully in all PE lessons. Teachers will remind pupils whose asthma is triggered by exercise to take their reliever inhaler before the lesson, and to thoroughly warm up and down before and after the lesson. If a pupil needs to use their inhaler during a lesson they will be encouraged to do so.
- Classroom teachers follow the same principles as described above for games and activities involving physical activity.

## **Out-of-hours sport**

- There has been a large emphasis in recent years on increasing the number of children and young people involved in exercise and sport in and outside of school. The health benefits of exercise are well documented and this is also true for children and young people with asthma. It is therefore important that the school involve pupils with asthma as much as possible in after school clubs.
- Teachers, support staff and out-of-hours school sport coaches are aware of the potential triggers for pupils with asthma when exercising, tips to minimise these triggers and what to do in the event of an asthma attack.

## **School Environment**

The school does all that it can to ensure the school environment is favourable to pupils with asthma. The school has a definitive no-smoking policy. As far as possible

the school does not use chemicals in science and art lessons that are potential triggers for pupils with asthma. Pupils with asthma are encouraged to leave the room and go and sit in the school office if particular fumes trigger their asthma.

### **Making the school asthma-friendly**

The school ensures that all pupils understand asthma. Asthma can be included in the National Curriculum Key Stages 1 and 2 in science, design and technology, geography, history and PE.

### **When a pupil is falling behind in lessons**

If a pupil is missing a lot of time at school or is always tired because their asthma is disturbing their sleep at night, the class teacher will initially talk to the parents / carers to work out how to prevent their child from falling behind. If appropriate, the teacher will then talk to the school nurse and special education needs coordinator about the pupil's needs.

The school recognises that it is possible for pupils with asthma to have special education needs due to their asthma.

### **Asthma attacks**

All staff who comes into contact with pupils with asthma knows what to do in the event of an asthma attack.

In the event of an asthma attack the school follows the procedure outlined by Asthma UK, How to deal with an asthma attack.

Reviewed June 2016

Next review Summer 2017