

TECHNICAL

- ABC's: Agility, Balance, Co-ordination and Speed.
- RJT's: Running, Jumping and Throwing.
- KGB's: Kinesthetics, Gliding, Buoyancy and Striking.
- CPK's: Catching, Passing, Kicking and Striking.
- Explore a variation of control techniques with different objects.
- Demonstrate how to send a variety of objects to one or more friends.
- Choose and use simple skills appropriately.

SOCIAL

- How to follow instructions and practise safely.
- To perform simple task independently.
- To try several times if they don't succeed at first.
- Happy to show and tell others their ideas and demonstrate skills to a group.
- Ask for help to support their learning.
- Work sensibly with others, show patience and take turns.
- Help, praise and encourage others about their work.
- Work well, play fairly with a friend or small group, acknowledging winning and losing.

KS1 & 2 PE CURRICULUM MAP: Term 1 Evasion Games

PSYCHOLOGICAL

- Observe and copy others, explore different movements describe different movements
- Understand and follow simple rules.
- Recognise similarities and differences in performances.
- Explain why something or someone is good.
- Understand simple tactics and begin to select and apply appropriate skills.

PHYSICAL

- Fundamental movement phase – continued practice to develop fundamental movement skills as such as: Running, jumping, hopping, skipping, throwing etc. and begin to combine and sequence these skills together.
- Key importance to develop physical qualities as such as mobility, agility, speed, power and strength, which are to be encouraged throughout all stages of development.

MATHS

- Developing awareness of distance
- Estimating and time
- Reinforcing number work
- Counting and sequencing
- Introducing measuring skills

LITERACY

- Vocabulary – Reciting movement related words e.g. step, hop, run, bounce, catch, throw.
- Make simple comparisons e.g. shorter; slower

SCIENCE

- Describe how the body changes before and after exercise
- Explain why we need to warm up and cool down
- Explain which body parts are being used.