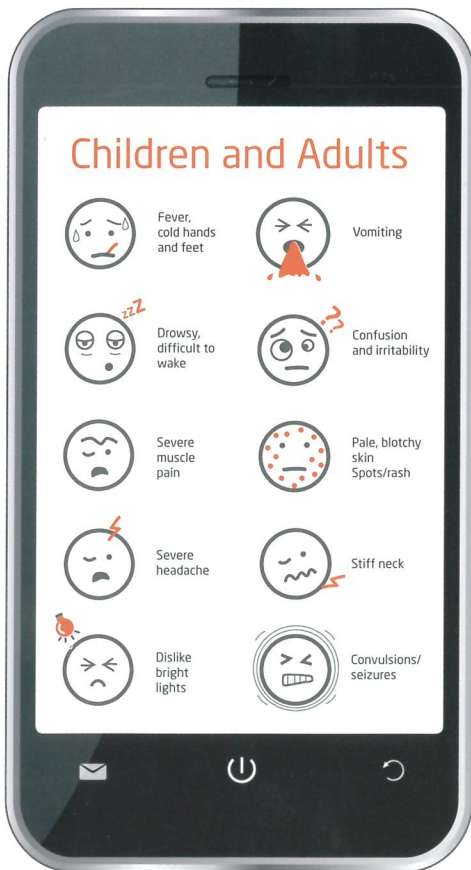


# Meningitis and septicaemia

Meningitis  
**now**

## Know the signs and symptoms

Trust your instincts -  
get medical help  
immediately



Meningitis and septicaemia can affect anyone,  
and can kill within hours.

Call our Meningitis Helpline on **0808 80 10 388**  
for your symptoms card or download our free  
mobile app at **[www.meningitisapp.co.uk](http://www.meningitisapp.co.uk)**

Keep this card safe  
It could save a life

Common signs and symptoms  
for meningitis and septicaemia

Meningitis  
**now**

Meningitis Helpline  
0808 80 10 388 (UK)  
[www.MeningitisNow.org](http://www.MeningitisNow.org)