



ASSIST are pleased to offer the following autism specific workshops to parents, carers, practitioners and those with an interest in autism.

For information about any of the following workshops, or to book a place, please contact:

Pam Breslin, LDD Service 01189 746882, [pamela.breslin@wokingham.gov.uk](mailto:pamela.breslin@wokingham.gov.uk)  
Wokingham Borough Council, Children's Services, Highwood Annexe, Woodley RG5 3RU

The workshops appear in date order up to December 2016 – they will be repeated January to June 2017 including a new pilot workshop

**Cost of all workshops:**

**If you live in the Wokingham Borough -**

Parent, carer	£10.00
Others	£35.00

**If you live outside the Wokingham Borough –**

Parent, carer	£15.00
Others	£50.00

Subsidised by Wokingham  
Borough Council Children's  
Learning Difficulties &  
Disabilities Service



Postcode will be asked for at time of booking

**Autism aware** – it is important that you have a basic understanding and knowledge of autism before you do a **level 2** workshop – either through your own experience or because you have attended an autism awareness course. *What is autism is not covered in level 2 workshops.*

## **Autism Awareness**

Wednesday 28<sup>th</sup> September, 2016 **OR**

Wednesday 16<sup>th</sup> November, 2016

9.30 registration for 9.45 start – 1.15pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX  
(free parking, liquid refreshments available)

An opportunity to understand the myths and facts around autism – the ‘hidden’ disability including language, social interaction, sensory issues, anxieties; the way many people with autism make sense of the world around them and strategies and tools that may help and support a person with autism.

## **Understanding & supporting the visual environment for children**

### **with autism – level 2**

Wednesday 5<sup>th</sup> October, 2016

9.30 registration for 9.45 start – 12.45pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX  
(free parking, liquid refreshments available)

An opportunity to gain an understanding of effective visual support and its impact in the environment. The need for awareness of different learning styles. How to use and develop visual tools to meet the individual needs of the child/young person, and ideas for improving communication in home, school and community environments.

## **Understanding and writing social/visual scripts**

### **to an advanced stage – level 2**

*(previously titled how to write a social story™)*

Wednesday 12<sup>th</sup> October, 2016

9.30 registration for 9.45 start – 1.15pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX  
(free parking, liquid refreshments available)

**Please bring any social stories that you have written**

Raising awareness of the role of the social/visual script as a strategy in supporting individuals to understand and function in the social world around them. Looking at a range of stories which have helped support development and improved understanding of social events and expectations in a given situation which may lead to more effective social responses. You will have the opportunity to write a story to describe a social situation, skill or concept in a specifically defined style and format for an individual of any age, and then go on to build and practice these skills.

## **Understanding the impact of sensory needs – level 2**

Wednesday 19<sup>th</sup> October, 2016

9.30 registration for 9.45 start – 1.15pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX  
(free parking, liquid refreshments available)

An opportunity to gain an understanding of how we process information via the senses, how this differs for some people, the difficulties it can present and the strategies and interventions that can be used to support.

## **How you can support children & young people with autism to manage emotions (including anger) – level 2**

Wednesday 2<sup>nd</sup> November, 2016

9.30 registration for 9.45 start – 1.15pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX  
(free parking, liquid refreshments available)

An opportunity to build on your understanding of autism. Plus how you can support people with autism to promote positive behaviours, promote their understanding of their own, and others emotions (including anger), and so supporting them to self-manage.

## **A positive, systematic approach to finding solutions – autism focused level 2**

Wednesday 9<sup>th</sup> November, 2016

9.30 registration for 9.45 start – 12.30pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX  
(free parking, liquid refreshments available)

An opportunity to develop new skills in finding solutions; responding in a more creative manner towards difficulties and gaining confidence in a team approach to addressing difficulties in your setting.

**There is an expectation that candidates have knowledge of autism, and they will be expected to work in small groups to discuss issues experienced by children which are preventing them from moving on. Therefore it is necessary to bring a difficulty or challenge of this nature from your setting.**

## **Supporting Siblings – level 2**

Wednesday 23<sup>rd</sup> November, 2016

9.30 registration for 9.45 start – 1.15pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX

(free parking, liquid refreshments available)

An opportunity to explore the impact on siblings of having a brother or sister with autism. We discuss the difficulties that this can bring as well as the benefits. Included within the workshop are lots of practical strategies and ideas that may be helpful in supporting siblings to understand autism, cope with their experiences and feel valued for who they are.

## **Autism specific workshop on sexual development and puberty – level 2**

Wednesday 30<sup>th</sup> November, 2016

9.30 registration for 9.45 start – 1.15pm

The large hall, Woodley Air Field Youth Centre, Hurricane Way, Woodley RG5 4UX

(free parking on site, liquid refreshments available)

An opportunity to discuss and develop an understanding of the physical and emotional changes at puberty. How to prepare and support young people with autism to manage these changes. Exploration of the concept 'public, private and personal safety'.

**Participants must understand that there will be discussion and visual materials that are of an explicit nature**

## **Drawing whilst talking – level 2**

Wednesday 7<sup>th</sup> December, 2016

9.30 registration for 9.45 start – 12.45pm

The large hall, Woodley Air Field youth centre, Hurricane Way, Woodley RG5 4UX

(free parking, liquid refreshments available)

How to use drawing as an intervention whilst having a conversation. Enabling the exploration and enhancement of conversational skills, social understanding and perspective of others – seeing it from their point of view.

## **Specifically for Early Years Practitioners**

Autism awareness with Karen Halley - Friday 18<sup>th</sup> November, 2016 - 9.30am to 1pm

**Booking for these workshops only is through the Early Years Learning Hub as usual**

